

Weekly Newsletter

Friday 13th September 2024 | Issue 1

Dear families

We have had a fantastic start to our first week of the new school year! We welcome our new Y7s. They have settled so well and are excellent ambassadors for the Greyfriars Way already. We are also delighted to have so many of our Y11s join as part of our 6th form. We welcome your families as part of our school community! We also have some new staff joining us – do see below.

Our assemblies for the start of term have focused on making sure our intentions match our actions. This has been influenced by readings from Mark's gospel. We have thought specifically about *The Greyfriars Way* and our traditions in the school. The Greyfriars Way helps us know how all of our actions have importance and meaning – even if it seems small to us, it will play a big part in our community. It shows how as individuals we contribute to our community: the Common Good, which is our theme for this term.

You will see that we have already started at full pace. In my visits to lessons, I am so impressed at how much students have progressed through their courses already! I was delighted to see Y11 off on their important geography trip too. Well done team Greyfriars.

I am looking forward to welcoming families to the school, starting with our **Meet the Form Tutor event on 26th September**. I look forward to seeing you there.

I hope you are able to spend time with family and friends this weekend.

Best wishes
Lyndsey Caldwell

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel: Mark 7:31-37



³¹ Then Jesus left the vicinity of Tyre and went through Sidon, down to the Sea of Galilee and into the region of the Decapolis. ³² There some people brought to him a man who was deaf and could hardly talk, and they begged Jesus to place his hand on him. ³³ After he took him aside, away from the crowd, Jesus put his fingers into the man's ears. Then he spit and touched the man's tongue. ³⁴ He looked up to heaven and with a deep sigh said to him, "Ephphatha!" (which means "Be opened!").

³⁵ At this, the man's ears were opened, his tongue was loosened and he began to speak plainly. ³⁶ Jesus commanded them not to tell anyone. But the more he did so, the more they kept talking about it. ³⁷ People were overwhelmed with amazement. "He has done everything well," they said. "He even makes the deaf hear and the mute speak."

Reflection

With just the touch of his hand, Jesus cures a man of his deafness and speech impediment and gives him a whole new life. The story reminds us of how much of an impact Christ can have on our lives. We may not even realize the tiny blessings that he sends us each day or the little miracles that he works in our lives.

Lord Jesus, fill me with your Holy Spirit and inflame my heart with love and compassion. Make me attentive to the needs of others that I may show them kindness and care. Make me an instrument of your mercy and peace that I may help others find healing and wholeness in you. Amen



To view the St Edmund and St Fireside (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Year 11 Combe Mill Geography Trip | Miss Watkin

On Tuesday myself and Mr Roman had the pleasure of taking the year 11 GCSE Geography class to Combe Mill which is located on the River Evenlode. The students conducted lots of exciting river surveying to help answer their inquiry question - how does river velocity influence the shape of a meander?

All the students showed great enthusiasm for getting involved and demonstrated an excellent understanding of river processes. I was extremely proud when the staff commented on how polite and confident our students were.



**Free
School
Meals**



Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

Are you entitled?

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Library News | Mrs Brett

Shhh! Let me tell you a secret.. Just because it's called "homework", it doesn't mean you have to do it at home. Come to the library and get it done, it will be lovely to see you here!

HOMEWORK CLUB

THE LIBRARY
MONDAY-THURSDAY
15.10-16.00



Careers | Miss Manns

Careers Information and Events

For lots of useful information regarding careers, please click:

[OxLep Picks of the Week](#)



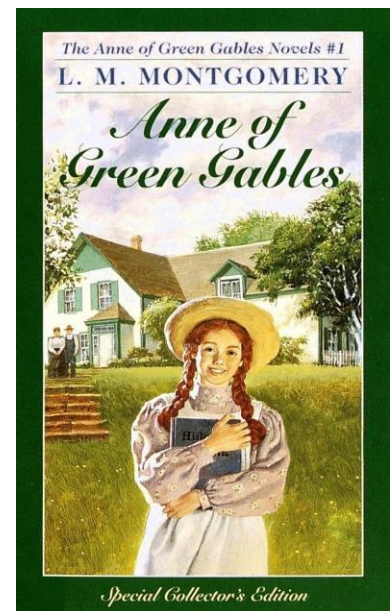
Book of the Week | Library

"Anne of Green Gables" by Lucy Maud Montgomery

What a book to introduce myself with! Some of you might already know it...

"Anne of Green Gables" is a heart-warming story that has delighted generations of readers. It is a tale of an 11-year-old orphan who was adopted by Matthew and Marilla Cuthbert, elderly siblings living on Prince Edward Island. Except, upon her arrival, Anne discovered that the Cuthberts were expecting a boy instead of her. Being a very unique character, Anne wins them over in no time and is allowed to stay at Green Gables, where many interesting and often amusing things happen to her.

This beloved classic explores all the dreams, vulnerabilities, and expectations of a child growing up and sends a beautiful message that everybody deserves to be loved. But, more than that, it is a gateway to the world of Anne throughout her life, which is portrayed in later novels.



I could not recommend it enough, the entire series is one of my all-time favourites!

Until next time, fellow readers! Until next time.

GENERAL NOTICES

Message for Year 7 | Mr Weedon

What a great start to the year for our Year 7s here at Greyfriars; it has been a privilege to get to know all of our students and be able to introduce them to our school and the Greyfriars' Way so they can flourish.

For our first assembly this year, we spoke about our 'team', noting that all Year 7 are a team and will be working together throughout the forthcoming year. We have an emphasis on being curious and not judgemental as we meet new people and learn all about them in our groups.

Our tutors have been amazing in welcoming our new students and ensuring they settle in - this is really evident with some great relationships starting to form. Tutors will be giving the students lots of opportunities to nurture these relationship in the coming weeks!

Thank you to all staff and students for the first full week of school, it has been a fantastic start!

Christmas Fair Saturday 7th December 2024

We are excited to announce the date of annual Christmas Fair on Saturday 7th December from 11am to 2pm.

If you would like to support in any way, whether that is with the planning, setting up on the day, running stalls or simply making a donation, please contact Sophie Upellini via:

s.upellini@gfcs.uk

More information will be sent out in due course but we hope that you will save the date for a day filled with Christmas fun!

5 Ways to Well-being | Click on the logo to find out more.



TALK & LISTEN,
BE THERE,
FEEL CONNECTED



DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR MOOD



REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY



EMBRACE NEW
EXPERIENCES,
SEE OPPORTUNITIES,
SURPRISE YOURSELF



Your time,
your words,
your presence

Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

GENERAL NOTICES

Message for Year 10 and Year 11 | Mr Strachan

Welcome back Year 10 and Year 11 to what promises to be a fantastic school year! It's wonderful to see you all looking so smart and ready for success in your full uniforms. Your wonderful behaviour and positive attitude have made a brilliant first impression, and I can already tell this will be a year filled with great achievement.

We have an exciting program lined up for you, including a variety of engaging learning opportunities, fun extracurricular activities, school events, and exciting trips. Whether you're focused on your studies or taking part in one of our clubs or sports teams, there's something for everyone to look forward to.

In particular this is a big year for our Year 11s with GCSE final exams in the summer but with such a great start, I'm confident that this year will be full of hard work, growth, and success for all of you.

In our assembly yesterday we discussed 'Hope' and how important a characteristic it is to fulfil our hopes and desires and I am *hoping* and expecting a bright and productive school year ahead! My very best wishes to you all!

Sports Clubs Term 1

**GREYFRIARS CATHOLIC SCHOOL
AFTER SCHOOL CLUBS**

Monday 15:15 - 16:15

FOOTBALL YEAR 7-8 ASTRO
VOLEYBALL ALL YEARS SPORTS HALL

Tuesday 15:15 - 16:15

FOOTBALL YEAR 9-10 ASTRO
BASKETBALL BOYS ALL YEARS SPORTS HALL

Thursday 15:15 - 16:15

FOOTBALL YEAR 11 ASTRO SIXTH FORM
BASKETBALL GIRLS ALL YEARS SPORTS HALL
GYM ALL YEARS

New Staff

As well as some new students and families, we also welcome some new staff

Mrs Alsayed joins us as a maths teacher

Miss Boskovic joins us as an English teacher

Mrs Brett joins us as our new librarian.

Mr Galley joins us as our new KS3 pastoral manager.

Ms Morris has joined us as a Cover Supervisor

Mr Mulvany has joined us as our Curriculum Leader for Business and IT

Dr Rogers has joined us as our Assistant Headteacher for Raising Standards. His work will focus on inclusion and attendance.

Mrs Mills joins us as our Exams Officer

We are delighted to welcome them to our school community in their roles.

GENERAL NOTICES

Sixth Form News | Ms McCabe

We have had a brilliant week welcoming our new Y12 and returning Y13 students.

This year, we have grown into a thriving and vibrant hub within the school. Students have been settling into their new routines and have been learning about the expectations and responsibilities of being a Greyfriars Sixth Form student. We have walked students through how to study independently and develop positive learning habits, as well as the importance of wearing badges everyday and attending school. Our silent supervised study room has been full everyday and we can see students already starting to complete the additional independent work needed for Sixth Form study.

Next week, we officially launch our Sixth Form Volunteering, but we have already had many students sign up and commit to working on projects throughout school. These include supporting Y7 PE, running the Sixth Form tuck shop and volunteering for Open Evenings.

We could not be happier with how the term has started and look forward to seeing how our students grow throughout the year.

Message for Year 8 and Year 9 | Mrs Reddy

Welcome back to all our Year 8 and Year 9 students for the new academic year! It's been a fantastic start, with students showing excellent uniform standards, attendance, and being fully equipped for lessons. A reminder that the planner is an essential part of the required equipment. Parents, please ensure you sign it weekly, as it serves as a vital communication tool between you and your child's tutor. If your child is absent, please remember to notify the attendance team via telephone each day of absence, before 08:40. Let's continue this strong start to the year!

Save the date!

Meet the Form Tutor Evening

Thursday 26th September

18:30 - 19:30

Parents, please support your child by attending this event. Some of you attended last year and we looking forward to seeing you again. Parents whose children joined our school community after the last event we look forward to meeting you. Let us join together to form strong bonds throughout your child's journey here at Greyfriars!

Congratulations to all students with 100% attendance:

Thank you to the tutors for their ongoing support.

Keep on striving to be a better version of yourself Y8 and Y9!

GENERAL NOTICES

Dates for your Diary

24 September | KS3 Cobham Ultra STEM Crew Trip

26 September | Meet the Form Tutor Evening

1 October | Black History Month begins

2 October | Feast of St Francis Whole School Mass

3 October | Open Evening

3 October | National Poetry Day

4 October | Staff INSET Day – No students in school

7 – 9 October | Open Mornings (appointment only)



Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

SIMS Parent App – Download Now!

If you haven't already done so, please download our Parent App. This app enables you to view information regarding your child at school including their timetable, achievements, reports and messages from school. You should have received an invitation email that you must accept and this will then take you to a sign-in screen. You can then use your normal Facebook, Twitter, Google or Microsoft username and password to register.

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



LOCAL EVENTS AND OPPORTUNITIES

Join our Windale Gardening Group

Oxford Hub

Open to all ages and abilities

Coffee tea and biscuits provided

Every Wednesday 10am-midday

Oxford Hub:
Windale Avenue
OX4 6JD

More info:
donna@oxfordhub.org
01865 745260

THE UNIVERSITY OF EDINBURGH

Participants Wanted!

Are you 12-14?

Do you enjoy **listening to** or **playing music**?

Join an international study on **musical experience & emotional wellbeing** by filling in **3 anonymous surveys online!**

A chance for you to win vouchers of up to **£150!!**

Share the opportunity with your friends!

SCAN ME!

For more information <https://blogs.ed.ac.uk/scobk-music/>
Contact Ms Menchie Leung at scobk.music@gmail.com

JOIN US ...

RAF Air Cadets recruiting now!

If you love aircraft, action and adventure, then the Air Cadets is for you. The Air Cadets is a UK-wide cadet force sponsored by the Royal Air Force. As a cadet, you'll get the chance to do things that others only dream about such as adventurous training, camps, drill and real flight experience. So if you're aged 12+ - 17 and you're looking for a challenge call 0345 600 6601 or log on to www.raf.mod.uk/aircadets

*You must be in Year 8 (England & Wales), S2 (Scotland) or Year 9 (Northern Ireland).

2210 (Cowley) Sqn
Sandy Lane West, OX4 6LD
www.aircadets.tv/2210 Come join us on 16th of September at 8 pm! RSVP: <https://forms.office.com/e/4GWkdbHA61>

ROYAL AIR CADETS
the next generation

GUEST SPEAKER

We are very excited to invite you to a session for parents and carers by our guest speaker

Tina Hatton
Clinical Nurse Specialist from National Deaf CAMHS

Typical Adolescent Brain Development

Friday 27th Sandford-on-Thames
September 2024 Village Hall Henley Road
from 12- 1:30pm Oxford OX4 4YN
Refreshments will be provided

*Limited to 100 spaces. Book your ticket today by emailing sarah.woods@oxfordhealth.nhs.uk

youth ambition

Youth Clubs

FREE EXCITING and EMPOWERING SESSIONS to connect and meet others aged 11 to 19 years. Come chill, have fun and enjoy activities, trips, games, cooking, gaming, arts & craft, music and so much more during school term times!

KEEN Teens Session
(inclusive social activities for those with disabilities and special needs, run in partnership with KEEN)
Monday 9pm - 7.30pm (11-18yrs)
St Clements Family Centre

Girls Youth Club
(run in partnership with EMBS Community College)
Wednesday 5pm - 7pm
EMBS Community College, Templars Square

Northway Youth Club
Tuesday 5pm - 7pm
Northway Tower Playbase

Littlemore Youth Club
Thursday 6pm - 8pm
Littlemore Community Centre

Rose Hill Boys Youth Club
(run by Rose Hill JCC)
Wednesday 5.30pm - 7pm
Rose Hill Community Centre

Rose Hill Girls Youth Club
(run by Rose Hill JCC)
Thursday 5.30pm - 7pm
Rose Hill Community Centre

Wood Farm Youth Club
Wednesday 5.30pm - 7pm
Wood Farm Youth Centre

Barton Youth Club
(run by Barton Community Association)
Thursday 6pm - 8pm (12-18yrs)
Barton Neighbourhood Centre

www.oxford.gov.uk/youthambition
[@oxfordyouthambition](https://twitter.com/oxfordyouthambition)
[youthambitionoxford.gov.uk](https://www.facebook.com/youthambitionoxford.gov.uk) 01865 262728

youth ambition

MultiSports

FREE Join our FUN PACKED multi-sport sessions for 11 to 19 year olds. Enjoy games, develop skills and gain confidence while making great friends!

Football Session
Tuesday 10am - 12pm
Oxford City Community Areas
Marston

Bowling Session
Friday 10am - 12pm
OMAA, Templars Square

BBL Friday Multi-Sport Session
Friday 6pm - 7.30pm (11-18yrs)
7.30pm - 9pm (15-19yrs)
Leys Pools and Leisure Centre

Aspiration
CAREER & EMPLOYMENT advice and support for 16 to 24 year olds at Rose Hill Community Centre

CV Skills & Support
Tuesday 10am - 12pm

Job Club
Tuesday 1pm - 3pm

Employment Drop-in
Wednesday 10am - 4pm

Post Employability Training (PEP 1/PEP 2)
Thursday 10am - 12.30pm

Well Being Courses (Healthy Body, Healthy Mind)
Thursday 1pm - 3pm

www.oxford.gov.uk/youthambition
[@oxfordyouthambition](https://twitter.com/oxfordyouthambition)
[youthambitionoxford.gov.uk](https://www.facebook.com/youthambitionoxford.gov.uk) 01865 252728

LOCAL EVENTS AND OPPORTUNITIES

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB

Sports, Art, Cooking & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft

Music, Dance
Design & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport

Art, Games
Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefits related free school meals and their families.

YOU MOVE



LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY MONDAY
3.30pm - 6.30pm

**Cooking, Sport
Games, Chill Out
Movies & More!**

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



**OXFORD
PRESERVATION
TRUST**

Discover the history of Florence Park

Watch the Film 'Little Eden'

Take a self-guided tour around the Estate

Tour one of the houses with lots of original features

Meet and chat to long time local residents

Sing Happy Birthday to Florence Park

Enjoy refreshments in our beautiful garden

**Florence Park
Community Centre**

14th September
10.00 - 3pm
Free Entry

Exhibition, Film, Self-Guided
Tour of the Estate,
Refreshments

Scan the QR code or view our programme online at:
www.florenceparkcommunitycentre.org.uk/open-doors-2024.html



If you would like to visit the open estate house, book via the QR code or you can book in person on the day!

www.florenceparkcommunitycentre.org.uk

LOCAL EVENTS AND OPPORTUNITIES



Next steps to work or training

We can support with

- Providing you with a laptop and data
- Paying for travel to work or training
- Looking for work or training
- Applications and interviews

Get trained on how to use a laptop or mobile phone to help you

- Find and apply for courses
- Write your CV
- Apply for jobs



Ria 07498 351055
ria@sofea.uk.com
or
Taraji 07507 121281
taraji@sofea.uk.com



LIVING WELL with NEURODIVERSITY



A new support service from Oxfordshire CAMHS in collaboration with Autism Oxford UK Limited

Is your family open to / involved with CAMHS services?
Is your young person either suspected or diagnosed as neurodiverse (autism/ADHD)?



FREE COURSES AND SUPPORT FOR YOU!

A range of sessions available covering different topics.
Informal spaces for Parents / Carers to safely share experiences / tips.
Facilitated by professionals and lived experience practitioners.

Scan the QR code to access the events and resources!

<https://onhs.autismoxford.com/>

If you have any questions, please email us on youngpeoplesupport@autismoxford.org.uk



Working together to deliver the best for our communities, our people & the environment



Outstanding care by an outstanding team

| Caring | Safe | Excellent |

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power



MANAGING FEELINGS AND BEHAVIOUR

Managing your own emotions in a busy family life can be tough. This 6 session course aims to help you feel empowered at managing situations knowing you are doing the best for your child and yourself.

Topics covered include:

- Emotional Regulation
- Positive discipline and setting boundaries
- Managing meltdowns effectively
- Using an emotion coaching approach

Where? John Henry Newman Primary School, Grange Road, OX4 4LS

When? Mondays 9am - 11am (6 sessions 16th September - 21st October)

Cost? It's free to families living in Oxfordshire (Ts & Cs apply)

TO BOOK A PLACE OR ASK A QUESTION, PLEASE CONTACT FAMILY LEARNING TUTOR PENELOPE LEA

E: PENELOPE.LEA@ABINGDON-WITNEY.AC.UK
M: 07342 880 923



MANAGING CHILDREN'S FEELINGS AND BEHAVIOUR

Struggling to manage challenging behaviour? You are not alone!

This course aims to help you feel empowered at managing those tricky situations knowing you are doing the best for your child and yourself.

Topics covered include:

- Emotional Regulation
- Positive discipline and setting boundaries
- Considering Neurodiversity
- Meltdowns: Brain and Body
- Listening and Empathy

Where? Parent Power at Oxford Hub, Windale Avenue, OX4 6JD

When? Tuesdays 9:30am - 11:30am. You are welcome from 9am for teas and coffees. 6 sessions 17th, 24th September, 1st, 8th, 15th, 22nd October

Cost? None! It's free to families living in Oxfordshire.

TO BOOK A PLACE OR ASK A QUESTION, PLEASE CONTACT FAMILY LEARNING TUTOR PENELOPE LEA

E: PENELOPE.LEA@ABINGDON-WITNEY.AC.UK
M: 07342 880 923



Effective Communication for SEN (4 week course)

Do you feel like you're talking, but nothing is going in?

Children with SEN can struggle to communicate.

They may find it difficult to express themselves, find the words they need, listen and comprehend language.

This can make a busy family life even more tricky.

Come and learn some approaches to communicating with your child and share with other parents.

Course Info

Where? John Henry Newman Primary School, Grange Road, OX4 4LS

When? Mondays 1pm - 3pm (4 sessions 16th September - 7th October)

Cost? Free to families living in Oxfordshire (Ts & Cs apply).

To book a place, or ask a question, contact:

penelope.lea@abingdon-witney.ac.uk
07342 880 923

Topics covered include:

- how we communicate and what the barriers can be
- thinking about a total communication approach
- using hand signs to support speech
- using visual aids (e.g. pictures, visual timetables, now and next boards and objects)



LOCAL EVENTS AND OPPORTUNITIES



ÉIRE ÓG OXFORD

YOUTH GAELIC FOOTBALL

NURSERY

SATURDAYS 10.30 -11.00 AT OUR LADIES SCHOOL
COWLEY OX4 3LX

U7S, U9S

THURSDAYS 6.30-7.30 BOXHILL RECREATIONAL
GROUND, ABINGDON OX14 2EL

Éire ÓG Oxford

CRAZY BINGO FUNDRAISER

Saturday 28th September | 7.30pm

Horspath Village Hall

Tickets: <https://fienta.com/crazy-bingo>

www.eireogoxford.co.uk

PARENT WEBINAR NHS Oxford Health NHS Foundation Trust

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS

Supporting a Child with ADHD



Challenge the stereotypes and get practical help

Tuesday 24th Sept (7pm to 9pm) £24

Available to book now
facefamilyadvice.co.uk



SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS Supporting Kids with School Anxiety Introduction to Facing Defiance	26 SEP 24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

facefamilyadvice.co.uk info@facefamilyadvice.co.uk