

# Weekly Newsletter

Friday 20<sup>th</sup> September 2024 | Issue 2

Dear families

Our focus at the start of the week has been Mark's Gospel where Jesus asks 'Who do you say that I am?' This question asks us to think about God and His influence on our lives. We are called to hear and see God in ourselves, in our actions, in the actions of others and in the world around us. It also links to a central question we have in our school – not what do you want to be, but who do you want to be? Our words and actions show our love for others and our connection with the community. Sometimes... our actions need to meet our words!

I really want to introduce you to some new staff that you will get to know. Mr Galley is our new Pastoral Manager for KS3 and is a key person for the care of students and their families. He is in a non-teaching role and so his



whole job is dedicated to doing all we can for Y7, 8 and 9 to ensure they are happy and successful. Mrs Brett is our new librarian. We are delighted to have her as an experienced librarian and someone who is bursting with ideas about our wonderful library. Reading is incredibly important for children – reading makes you better at all subjects, even maths. You are bound to hear a lot about activities in the library in the coming weeks, months and years.

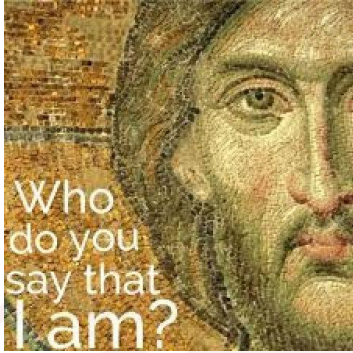
If you are a new parent, welcome! Please see the message below about our Christmas Fair and ways you might want to support our school.

Don't forget our **Meet the Form Tutor event on 26th September**. At Greyfriars, you are part of our school family and we want to know you well. This annual event allows you to just keep in touch with how we do things at Greyfriars. We look forward to seeing you there.

With warm wishes for a restful weekend  
Lyndsey Caldwell

## WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

### Gospel: Mark 8:27 - 35



<sup>27</sup> Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, 'Who do people say that I am?' <sup>28</sup> And they answered him, 'John the Baptist; and others, Elijah; and still others, one of the prophets.' <sup>29</sup> He asked them, 'But who do you say that I am?' Peter answered him, 'You are the Messiah.' <sup>30</sup> And he sternly ordered them not to tell anyone about him. <sup>31</sup> Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. <sup>32</sup> He said all this quite openly. And Peter took him aside and began to rebuke him. <sup>33</sup> But

turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.' <sup>34</sup> He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. <sup>35</sup> For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it.

#### Reflection

Today, Jesus addresses this very direct and confidential question to each of us: "Who am I for you?". Each person is called to respond, in his or her heart. We, like Peter, might protest and rebel because this contrasts with our expectations. In those moments, we too deserve Jesus' healthy rebuke: "Get behind me, Satan! For you are not on the side of God, but of men". Our profession of faith in Jesus Christ cannot stop at words, but must be authenticated by practical choices and gestures, by a life characterised by God's love; it calls for a life with an abundance of love for one's neighbour and the denying of one's self.

*Heavenly Father, uncover my eyes and reveal any obstacles keeping me from thinking as you do. Give me the courage to overcome these obstacles, and grant me the strength to take up my cross and follow you, even in the face of difficulty. I ask this through your Son, Christ our Lord.*



To view the St Edmund and St Fireside (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

## GENERAL NOTICES

### Careers | Miss Manns

### And we are back!

The Careers Department at Greyfriars Catholic School is back in business for the 2024-25 academic year and on the lookout for volunteers to support our scheduled careers events.

Our key dates for Careers Activities currently include:

'Careers in Focus' Enrichment Sessions - Every Wednesday, 2-3pm

Mentoring - Flexible

In-house Career Fair - 12 November 2024

Year 11 Mock Interviews - 30 January 2025

Year 10 Mock Interviews - 03 April 2025

Human Library - 08 May 2025

Year 10 Work Experience - 24-27 June 2025



# VOLUNTEERS ARE NEEDED!

HELP STUDENTS RAISE THEIR ASPIRATIONS!

## 2024-25 ACADEMIC YEAR

**GREYFRIARS**  
CATHOLIC SCHOOL

CRICKET ROAD, OXFORD  
OX4 3DR

### WHAT YOU CAN HELP US WITH:

**ENRICHMENT SESSIONS**  
EVERY WEDNESDAY, 2-3PM

**MOCK INTERVIEWS**  
30 JAN & 3 APR 2025

**HUMAN LIBRARY**  
8 MAY 2025

**MENTORING**  
FLEXIBLE

**WE'D LOVE TO WORK WITH YOU!**

**CAREERS LEAD: JESS MANNS**  
E: CAREERS@GFCS.UK  
T: 01865 749933

SCAN THE QR CODE TO JOIN OUR AMAZING EMPLOYER DATABASE!

If you are interested in getting involved, I kindly invite you to fill out our \*new\* Employer Database form [Employer Network Form](#) This will allow us to keep you updated with the careers news and activities that are of interest to you.

If you have any questions or require more information about any of our events, please feel free to get in touch via [careers@gfcs.uk](mailto:careers@gfcs.uk)

For lots of useful information regarding careers, please click:

[OxLep Picks of the Week](#)

## GENERAL NOTICES

### Library News | Mrs Brett

Shhh! Let me tell you a secret.. Just because it's called "homework", it doesn't mean you have to do it at home. Come to the library and get it done, it will be lovely to see you here!

## HOMEWORK CLUB

**THE LIBRARY**  
**MONDAY-THURSDAY**  
**15.10-16.00**



### Bracelet Making Enrichment | Miss Watkin

We all had a wonderful time making bracelets this week! I was blown away by the students' creativity and they made some beautiful pieces for friends and family. A special thank you to Morgann in Year 9 who made me this lovely star to decorate one of my plants!

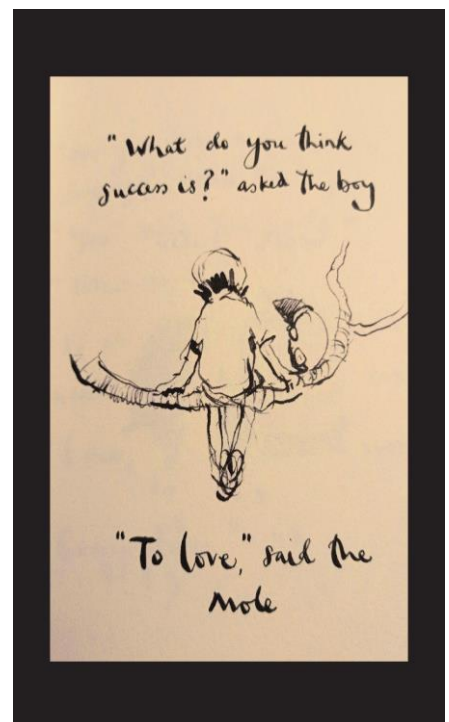


### Book of the Week | Library

"The boy, the Mole, the Fox and the Horse" by Charlie Mackesy

Now, this is a must-read for all! Whether you're an energetic teen, or a tired grown-up (or the other way round, for that matter), this book is for you. Filled with wonderful life lessons, often reduced to one, but always very powerful sentence, it is a fantastic dip in and out guide to a happier life, because it encourages to love YOU and others more. It's all about love and kindness, much like what we value so much here. With this book we can stop, think, reflect, all the while admiring the gorgeous illustrations. It doesn't appear to be on our shelves, but I am going to rectify that with my first book purchase order shortly 😊.

Finally, to quote the author, "I hope this book encourages you, perhaps, to live courageously with more kindness for yourself and for others. And to ask for help when you need it – which is always a brave thing to do."



## GENERAL NOTICES

### Message for Year 10 and Year 11 | Mr Strachan

The students in Key Stage 4 have continued their excellent start to the academic year, consistently demonstrating high standards in behaviour, uniform, and achievements. Their eagerness to get involved in wider school programs, such as the Meet the Tutor and Open Evening events, as well as volunteering to be chaperones for our visiting Spanish students, has been truly inspiring. A big thank you to all those students contributing positively to our school community.

Additionally, a huge congratulations to the following students who are leading the way in achievement points:

- 10SC – Safian
- 10JM – Izzy
- 10JML – Johnathan & Macey
- 11MJ – Dylan
- 11WK – Elham
- 11JS – Amy

Have a wonderful and restful weekend.

### Christmas Fair

## Saturday 7<sup>th</sup> December 2024

We are excited to announce the date of annual Christmas Fair on Saturday 7<sup>th</sup> December from 11am to 2pm.

If you would like to support in any way, whether that is with the planning, setting up on the day, running stalls or simply making a donation, please contact Sophie Upellini via:

[s.upellini@gfcs.uk](mailto:s.upellini@gfcs.uk)

Donations of raffle prizes are much appreciated, including unwanted gifts, books, games etc. Donations can be handed into main reception.

### 5 Ways to Well-being | Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

## GENERAL NOTICES

### Sports Clubs Term 1

**GREYFRIARS CATHOLIC SCHOOL  
AFTER SCHOOL CLUBS**

**Monday 15:15 - 16:15**

**FOOTBALL YEAR 7-8** ASTRO  
**VOLEYBALL ALL YEARS** SPORTS HALL

**Tuesday 15:15 - 16:15**

**FOOTBALL YEAR 9-10** ASTRO  
**BASKETBALL BOYS ALL YEARS** SPORTS HALL

**Thursday 15:15 - 16:15**

**FOOTBALL YEAR 11 SIXTH FORM** ASTRO  
**BASKETBALL GIRLS ALL YEARS** SPORTS HALL  
**GYM ALL YEARS**

### Friends of Greyfriars

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: [s.upellini@gfcs.uk](mailto:s.upellini@gfcs.uk)

# Free School Meals



## Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: [f.easton@gfcs.uk](mailto:f.easton@gfcs.uk)

## GENERAL NOTICES

**GREYFRIARS**  
**CHRISTMAS**  
*Fayre*

7th DECEMBER 2024  
11AM - 2PM

**FREE ENTRY**

GREYFRIARS CATHOLIC SCHOOL  
CRICKET ROAD OXFORD OX4 3DR  
TEL: 01865 749933 OFFICE@GFCS.UK

## GENERAL NOTICES

### Dates for your Diary

24 September | KS3 Cobham Ultra STEM Crew Trip

26 September | Meet the Form Tutor Evening

1 October | Black History Month begins

2 October | Feast of St Francis Whole School Mass

3 October | Open Evening

3 October | National Poetry Day

4 October | Staff INSET Day – No students in school

7 – 9 October | Open Mornings (appointment only)



### Breakfast Club

**Breakfast Club is open  
Mon – Fri 8.00am - 8.30am  
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.  
Breakfast is free. Start your day with friends and food!

### SIMS Parent App – Download Now!

If you haven't already done so, please download our Parent App. This app enables you to view information regarding your child at school including their timetable, achievements, reports and messages from school. You should have received an invitation email that you must accept and this will then take you to a sign-in screen. You can then use your normal Facebook, Twitter, Google or Microsoft username and password to register.

### Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: [s.upellini@gfcs.uk](mailto:s.upellini@gfcs.uk) or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



## LOCAL EVENTS AND OPPORTUNITIES

# Volunteers needed

We are scientists looking for volunteers with and without period pain for our study. We are looking for **young people aged 11-20**, who have **periods** and do not take hormone medication (such as the pill or mini pill) for any reason. We will use **questions, brain scans and tests of different body systems** (nerves, bladder and heart) to try to understand period pain.

email  
[roadpain@wrh.ox.ac.uk](mailto:roadpain@wrh.ox.ac.uk)  
for more information



**RoADPain**



UNIVERSITY OF  
**OXFORD**



Advert 4 v1.0 24.01.2024 IRAS: 315427

Young Driver are at The Kassam Stadium this weekend, on Saturday 21st.  
<https://www.youngdriver.eu/venues/central/oxford>  
The discount code is **OXF35** and when used at checkout will get 35% off.



# LOCAL EVENTS AND OPPORTUNITIES

**Join our Windale Gardening Group**

Oxford Hub

Open to all ages and abilities

Coffee tea and biscuits provided

Every Wednesday 10am-midday

Oxford Hub:  
Windale Avenue  
OX4 6JD

More info:  
donna@oxfordhub.org  
01865 745260

THE UNIVERSITY OF EDINBURGH

## Participants Wanted!

Are you 12-14?

Do you enjoy **listening to** or **playing music**?

Join an international study on **musical experience & emotional wellbeing** by filling in **3 anonymous surveys online!**

A chance for you to win vouchers of up to **£150!!**

Share the opportunity with your friends!

SCAN ME!

For more information <https://blogs.ed.ac.uk/scobhk-music/>  
Contact Ms Menchie Leung at [scobhk-music@gmail.com](mailto:scobhk-music@gmail.com)

## JOIN US ...

RAF Air Cadets recruiting now!

If you love aircraft, action and adventure, then the Air Cadets is for you. The Air Cadets is a UK-wide cadet force sponsored by the Royal Air Force. As a cadet, you'll get the chance to do things that others only dream about such as adventurous training, camps, drill and real flight experience. So if you're aged 12+ - 17 and you're looking for a challenge call 0345 600 6601 or log on to [www.raf.mod.uk/aircadets](http://www.raf.mod.uk/aircadets)

\*You must be in Year 8 (England & Wales), S2 (Scotland) or Year 9 (Northern Ireland).

2210 (Cowley) Sqn  
Sandy Lane West, OX4 6LD  
[www.aircadets.tv/2210](http://www.aircadets.tv/2210) Come join us on 16th of September at 8 pm! RSVP: <https://forms.office.com/e/4GWkdbHA61>

ROYAL AIR CADETS  
the next generation

**GUEST SPEAKER**

We are very excited to invite you to a session for parents and carers by our guest speaker

Tina Hatton  
Clinical Nurse Specialist from National Deaf CAMHS

**Typical Adolescent Brain Development**

Friday 27th Sandford-on-Thames  
September 2024 Village Hall Henley Road  
from 12- 1:30pm Oxford OX4 4YN  
Refreshments will be provided

\*Limited to 100 spaces. Book your ticket today by emailing [sarah.woods@oxfordhealth.nhs.uk](mailto:sarah.woods@oxfordhealth.nhs.uk)

youth ambition

## Youth Clubs

EXCITING and EMPOWERING SESSIONS to connect and meet others aged 11 to 19 years. Come chill, have fun and enjoy activities, trips, games, cooking, gaming, arts & craft, music and so much more during school term times!

**KEEN Teens Session**  
(inclusive social activities for those with disabilities and special needs, run in partnership with KEEN)  
Monday 9pm - 7.30pm (11-18yrs)  
St Clements Family Centre

**Girls Youth Club**  
(run in partnership with EMBS Community College)  
Wednesday 5pm - 7pm  
EMBS Community College, Templars Square

**Northway Youth Club**  
Tuesday 5pm - 7pm  
Northway Tower Playbase

**Littlemore Youth Club**  
Thursday 6pm - 8pm  
Littlemore Community Centre

**Rose Hill Boys Youth Club**  
(run by Rose Hill JCC)  
Wednesday 5.30pm - 7pm  
Rose Hill Community Centre

**Rose Hill Girls Youth Club**  
(run by Rose Hill JCC)  
Thursday 5.30pm - 7pm  
Rose Hill Community Centre

**Wood Farm Youth Club**  
Wednesday 5.30pm - 7pm  
Wood Farm Youth Centre

**Barton Youth Club**  
(run by Barton Community Association)  
Thursday 6pm - 8pm (12-18yrs)  
Barton Neighbourhood Centre

[www.oxford.gov.uk/youthambition](http://www.oxford.gov.uk/youthambition)  
[@oxfordyouthambition](https://twitter.com/oxfordyouthambition)  
[youthambitionoxford.gov.uk](https://www.facebook.com/youthambitionoxford.gov.uk) 01865 262728

youth ambition

## MultiSports

FREE Join our FUN PACKED multi-sport sessions for 11 to 19 year olds. Enjoy games, develop skills and gain confidence while making great friends!

**Football Session**  
Tuesday 10am - 12pm  
Oxford City Community Areas  
Marston

**Bowling Session**  
Friday 10am - 12pm  
OMAA, Templars Square

**BBL Friday Multi-Sport Session**  
Friday 6pm - 7.30pm (11-18yrs)  
7.30pm - 9pm (15-19yrs)  
Leys Pools and Leisure Centre

**Aspiration**  
CAREER & EMPLOYMENT advice and support for 16 to 24 year olds at Rose Hill Community Centre

**CV Skills & Support**  
Tuesday 10am - 12pm

**Job Club**  
Tuesday 1pm - 3pm

**Employment Drop-in**  
Wednesday 10am - 4pm

**Post Employability Training (PEP 1/PEP 2)**  
Thursday 10am - 12.30pm

**Well Being Courses (Healthy Body, Healthy Mind)**  
Thursday 1pm - 3pm

[www.oxford.gov.uk/youthambition](http://www.oxford.gov.uk/youthambition)  
[@oxfordyouthambition](https://twitter.com/oxfordyouthambition)  
[youthambitionoxford.gov.uk](https://www.facebook.com/youthambitionoxford.gov.uk) 01865 252728

## LOCAL EVENTS AND OPPORTUNITIES

### LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,  
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY  
3.30pm - 6.30pm

GIRLS YOUTH CLUB

Sports, Art, Cooking & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



### LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,  
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY  
3.30pm - 6.30pm

Baking, Art & Craft

Music, Dance

Design & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



### LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,  
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY  
5.45pm - 7.45pm

Cooking, Sport

Art, Games

Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



### Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefits related free school meals and their families.

**YOU MOVE**

### LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,  
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY MONDAY  
3.30pm - 6.30pm

Cooking, Sport

Games, Chill Out

Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



## SHOW US YER PLANTS!

A COMMUNITY HORTICULTURAL SHOW FOR ALL AGES

What have you been growing this year that you'd like to show off a bit? Those sweet and juicy tomatoes? Those vibrant dahlias? Those massive, err... marrows?

Then why not show them off on **Saturday 21st September 12-3pm** at Florence Park Community Centre and maybe win a prize!

Free entry to the show  
£1 entry per category for the following categories:

- Fabulous Flowers
- Phenomenal fruits
- Tastiest tomatoes
- Funniest veg
- Best Jam and Chutney
- Bakes and cakes (kids and adults)
- Crafts and drawings (kids)

# LOCAL EVENTS AND OPPORTUNITIES



## Next steps to work or training

### We can support with

- Providing you with a laptop and data
- Paying for travel to work or training
- Looking for work or training
- Applications and interviews

### Get trained on how to use a laptop or mobile phone to help you

- Find and apply for courses
- Write your CV
- Apply for jobs



Ria 07498 351055  
ria@sofea.uk.com  
or  
Taraji 07507 121281  
taraji@sofea.uk.com



## MANAGING FEELINGS AND BEHAVIOUR

Managing your own emotions in a busy family life can be tough. This 6 session course aims to help you feel empowered at managing situations knowing you are doing the best for your child and yourself.

### Topics covered include:

- Emotional Regulation
- Positive discipline and setting boundaries
- Managing meltdowns effectively
- Using an emotion coaching approach

**Where?** John Henry Newman Primary School, Grange Road, OX4 4LS

**When?** Mondays 9am - 11am (6 sessions 16th September - 21st October)

**Cost?** It's free to families living in Oxfordshire (Ts & Cs apply)

TO BOOK A PLACE OR ASK A QUESTION, PLEASE CONTACT FAMILY LEARNING TUTOR PENELOPE LEA

E: PENELOPE.LEA@ABINGDON-WITNEY.AC.UK  
M: 07342 880 923



## MANAGING CHILDREN'S FEELINGS AND BEHAVIOUR

Struggling to manage challenging behaviour? You are not alone!

This course aims to help you feel empowered at managing those tricky situations knowing you are doing the best for your child and yourself.

### Topics covered include:

- Emotional Regulation
- Positive discipline and setting boundaries
- Considering Neurodiversity
- Meltdowns: Brain and Body
- Listening and Empathy

**Where?** Parent Power at Oxford Hub, Windale Avenue, OX4 6JD

**When?** Tuesdays 9:30am - 11:30am. You are welcome from 9am for teas and coffees. 6 sessions 17th, 24th September, 1st, 8th, 15th, 22nd October

**Cost?** None! It's free to families living in Oxfordshire.

TO BOOK A PLACE OR ASK A QUESTION, PLEASE CONTACT FAMILY LEARNING TUTOR PENELOPE LEA

E: PENELOPE.LEA@ABINGDON-WITNEY.AC.UK  
M: 07342 880 923



## LIVING WELL with NEURODIVERSITY

A new support service from Oxfordshire CAMHS in collaboration with Autism Oxford UK Limited

Is your family open to / involved with CAMHS services?  
Is your young person either suspected or diagnosed as neurodiverse (autism/ADHD)?



## FREE COURSES AND SUPPORT FOR YOU!

A range of sessions available covering different topics.  
Informal spaces for Parents / Carers to safely share experiences / tips.  
Facilitated by professionals and lived experience practitioners.

Scan the QR code to access the events and resources!

<https://onhs.autismoxford.com/>

If you have any questions, please email us on [youngpeoplesupport@autismoxford.org.uk](mailto:youngpeoplesupport@autismoxford.org.uk)



Working together to deliver the best for our communities, our people & the environment



Outstanding care by an outstanding team

| Caring | Safe | Excellent |

## Parent Power

### We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:  
Email: [donna@oxfordhub.org](mailto:donna@oxfordhub.org)



[oxfordhub.org/parent-power](http://oxfordhub.org/parent-power)



## MANAGING FEELINGS AND BEHAVIOUR

Managing your own emotions in a busy family life can be tough. This 6 session course aims to help you feel empowered at managing situations knowing you are doing the best for your child and yourself.

### Topics covered include:

- Emotional Regulation
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- Managing meltdowns effectively
- Using an emotion coaching approach

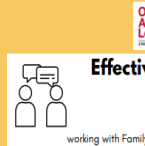
**Where?** John Henry Newman Primary School, Grange Road, OX4 4LS

**When?** Mondays 9am - 11am (6 sessions 16th September - 21st October)

**Cost?** It's free to families living in Oxfordshire (Ts & Cs apply)

TO BOOK A PLACE OR ASK A QUESTION, PLEASE CONTACT FAMILY LEARNING TUTOR PENELOPE LEA

E: PENELOPE.LEA@ABINGDON-WITNEY.AC.UK  
M: 07342 880 923



## Effective Communication for SEN (4 week course)

working with Family Learning (Abingdon and Witney College)

### Do you feel like you're talking, but nothing is going in?

Children with SEN can struggle to communicate.

They may find it difficult to express themselves, find the words they need, listen and comprehend language.

This can make a busy family life even more tricky.

Come and learn some approaches to communicating with your child and share with other parents.

### Course Info

**Where?** John Henry Newman Primary School, Grange Road, OX4 4LS

**When?** Mondays 1pm - 3pm (4 sessions 16th September - 7th October)

**Cost?** Free to families living in Oxfordshire (Ts & Cs apply).

**To book a place, or ask a question, contact:**

[penelope.lea@abingdon-witney.ac.uk](mailto:penelope.lea@abingdon-witney.ac.uk)  
07342 880 923

### Topics covered include:

- how we communicate and what the barriers can be
- thinking about a total communication approach
- using hand signs to support speech
- using visual aids (e.g. pictures, visual timetables, now and next boards and objects)



## LOCAL EVENTS AND OPPORTUNITIES



ÉIRE ÓG OXFORD

### YOUTH GAELIC FOOTBALL

**NURSERY**

SATURDAYS 10.30 -11.00 AT OUR LADIES SCHOOL  
COWLEY OX4 3LX

**U7S, U9S**

THURSDAYS 6.30-7.30 BOXHILL RECREATIONAL  
GROUND, ABINGDON OX14 2EL

Éire ÓG Oxford

**CRAZY BINGO FUNDRAISER**

Saturday 28th September | 7.30pm

Horspath Village Hall

Tickets: <https://fienta.com/crazy-bingo>

[www.eireogoxford.co.uk](http://www.eireogoxford.co.uk)

**PARENT WEBINAR** NHS Oxford Health NHS Foundation Trust

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

**CAMHS**  
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

**SUBJECTS INCLUDE**

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/VWEBINARS

## Supporting a Child with ADHD



Challenge the stereotypes and get practical help

**Tuesday 24th Sept** (7pm to 9pm) £24

Available to book now  
[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



**FACE**  
Family Advice • Information • Support

**SEP/OCT TIMETABLE**

Talks are delivered online via zoom 7pm to 9pm £24 each  
Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

<b>FREE SESSIONS</b>	
Supporting Kids with School Anxiety	26 SEP
Introduction to Facing Defiance	24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

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