

Weekly Newsletter

Friday 11th October 2024 | Issue 5

Dear families

We started our week with a look back at our Feast Days last week. Of course, we had our mass for St Francis, but we also had the Feast Day for St Therese of Lisieux. St Therese is an important Saint for us. Her 'little way' inspired us to create the Greyfriars Way. She said, '*remember that nothing is small in the eyes of God. Do all that you do with love.*' At Greyfriars, we know that it is the small things that we do every single day that build into a bigger picture of love. This is the Greyfriars Way – understanding our power to transform the world around us through the little things we do. I was so delighted to be able to show the culture and ethos of the school through our Open Mornings this week, where families were deeply impressed by the love we have in our school community.



Of course, sometimes doing grand gestures matters too! We have had powerful assemblies delivered by our 6th Form this week (see below). Being able to speak publicly to a large number of people can be terrifying; indeed, it is a very common fear for many adults. I have such respect for students who are able to express themselves with such poise and confidence. They are fantastic role models for our community and we are so proud of them.

Finally, I hope you are able to join us for our **Christmas Fair on Saturday 7th December**. (It may seem early, but it was frosty this morning!) If you would like to help, donate or can share the date with others, we would be glad to hear from you.

I hope you have a wonderful weekend.

Lyndsey Caldwell
Headteacher

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel: Mark 10:2-6



The Pharisees approached Jesus and asked, 'Is it lawful for a husband to divorce his wife?' They were testing him. He said to them in reply, 'What did Moses command you?' They replied, 'Moses permitted a husband to write a bill of divorce and dismiss her.' But Jesus told them, 'Because of the hardness of your hearts he wrote you this commandment. But from the beginning of creation, God made them male and female. For this reason a man shall leave his father and mother and be joined to his wife, and

the two shall become one flesh. So they are no longer two but one flesh. Therefore what God has joined together, no human being must separate.' In the house the disciples again questioned Jesus about this. He said to them, 'Whoever divorces his wife and marries another commits adultery against her; and if she divorces her husband and marries another, she commits adultery.' And people were bringing children to him that he might touch them, but the disciples rebuked them. When Jesus saw this he became indignant and said to them, 'Let the children come to me; do not prevent them, for the kingdom of God belongs to such as these. Amen, I say to you, whoever does not accept the kingdom of God like a child will not enter it.' Then he embraced them and blessed them, placing his hands on them.

Reflection

This teaching of Jesus is very clear and defends the dignity of marriage as a union of love which implies fidelity. What allows the spouses to remain united in marriage is a love of mutual giving supported by Christ's grace. However, if in the spouses, individual interests, one's own satisfaction prevails, then their union cannot endure. God's way of acting with his unfaithful people — that is, with us — teaches us that wounded love can be healed by God through mercy and forgiveness. What great news!

"May God support us all the day long, till the shades lengthen and the evening comes, and the busy world is hushed and the fever of life is over and our work is done. Then in His mercy may He give us a safe lodging and a holy rest and peace at the last."

St. John Henry Newman



To view the St Edmund and St Fireside (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Sixth Form News | Mr Shaw

SIXTH FORM PRESENT BLACK HISTORY ASSEMBLIES



Some of our sixth formers have spent this week presenting their own assemblies for Black History Month. It has been really inspirational to see and hear our sixth formers leading the assemblies in such an eloquent and professional manner. They really have done us proud.

To hear about inspirational figures such as LeBron James, Jorja Smith and Stormzy and how they have made a difference to people's lives. Also amazing to have an assembly bookended with music, initially with a bit of Stormzy and MNEK and finished with Santan Dave.



UCAS & DESTINATIONS

A reminder that a parent presentation explaining how to support your Year 13 student as they go through the application process for University (UCAS) or apprenticeships is now on the school website. If you have any questions about this process or would like more information, please contact Ms McCabe.

D&D CLUB

Please see the poster below for a Dungeons and Dragons club run by Sixth Form students. If you are interested please meet in the Library at 3:10 on Tuesday 8th October.

Knitting Group | Mrs Swanton

Congratulations to Lilly who has finished making a small scarf in the knitting group.



Well done!

GENERAL NOTICES

Book of the Week | Miss Brett

“Wonderfully wired brains” by Louise Gooding

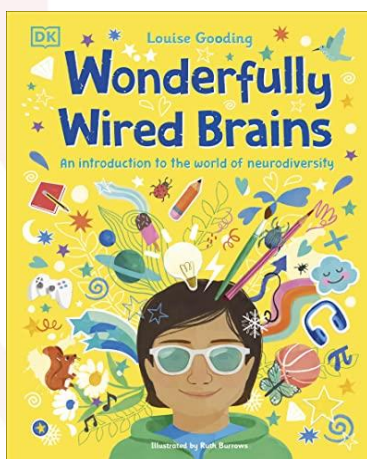
Hello fellow readers! Today, the star of the show is a book called “Wonderfully Wired Brains” by Louise Gooding.

“An informative and inclusive children's guide to neurodiversity for those not in the know and to inspire children who are neurodivergent.”

Oh, this book is such a treat! Yes, it teaches children about neurodiversity. YES, it challenges stereotypes and misconceptions. Yes, it introduces neurodiverse individuals.

YES, it encourages neurodiverse children to advocate for themselves.

YES, it helps us all to approach everybody with more positivity and kindness. And isn't that what life is all about?



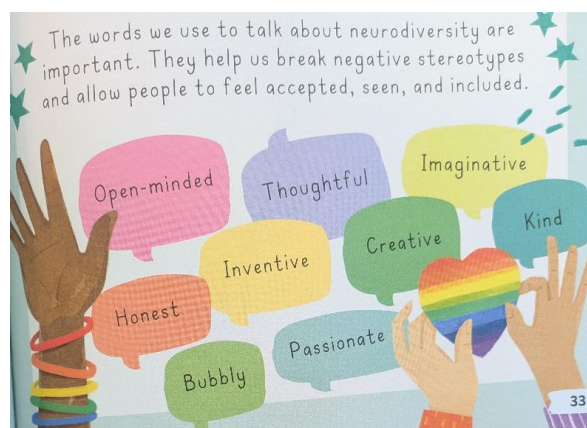
Part of my wellbeing collection, this book will be available very shortly, so I encourage you all to come and have a look through it.

Ps. It's also a great way to introduce some technical vocabulary and start teaching about how our brains actually work.

I hope you enjoy it! Until next time..

HOMEWORK CLUB

THE LIBRARY
MONDAY-THURSDAY
15.10-16.00



GENERAL NOTICES

Library News | Miss Brett

We had a very successful first week of new clubs in the library! Thank you to all the Student Librarians who volunteered to run them!

Remember, it's never too late to join, so if you're interested in art, creative writing, D&D, clay, origami, or crochet – simply turn up and have fun! But if you just want to sit down and relax, you can curl up on the sofa with a book, or join the Anime or Film club.

WELCOME
to
THE
LIBRARY



Do check out our monthly competitions and remember to pick up your library loyalty card! Reading is fun and good for your mental health, but in our library it can also lead to delicious chocolate. You only have to read 8 books to get one!

**That's it for this week.
Happy reading!**

Finally, a big shout out to the Student Librarians who are contributing to our library! Whether it's running clubs or competitions, organising books, helping with displays, or creating artwork, I appreciate your work so much.



5 Ways to Well-being

Click on the logo to find out more.



TALK & LISTEN,
BE THERE,
FEEL CONNECTED



DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR MOOD



REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY



EMBRACE NEW
EXPERIENCES,
SEE OPPORTUNITIES,
SURPRISE YOURSELF



Your time,
your words,
your presence

Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

GENERAL NOTICES

Message for KS4 | Mr Strachan

The KS4 students have shown great dedication and focus in their studies this term, and I'm excited to highlight those who have truly excelled. I look forward to celebrating the half-term winners during our end-of-term assembly. In the meantime, a huge congratulations to the outstanding students listed below for their continued hard work and commitment.

Wishing everyone a restful and enjoyable weekend!

10SC – Mr Cunningham

1st Place: Safian **157**
2nd Place: Kryspin **153**
3rd Place: Warner **145**

10JEM – Mr Manns

1st Place: Izzy **138**
2nd Place: Isabela **119**
3rd Place: Aoife **105**

10JML – Mr Mulvany

1st Place: Anna **101**
2nd Place: David **93**
3rd Place: Shehar **87**

11MJ – Miss Jelfs

1st Place: Dylan **83**
2nd Place: Euan **78**
3rd Place: Max **67**

11WK – Dr Kay

1st Place: Nifemi **95**
2nd Place: Stephanie
3rd Place: Mel **84**

11JS – Mr Secker

1st Place: Stuthi **96**
2nd Place: Erin **89**
3rd Place: Amy **82**



SAVE THE DATE!

Year 7 Parent Consultation Evening

14th November 2024

4pm until 7pm



It is important for parents and carers to attend as it is an opportunity to discuss your child's progress.

Appointments will be made through our online booking system (more details to follow).

GENERAL NOTICES

Careers | Miss Manns

On **Tuesday, 12th November**. Students from Year 9 to Year 13 will have the opportunity to attend the 3rd annual Future Fest event at different points in the day, accompanied by their teachers. The purpose of the event is to provide students with the opportunity to meet local employers and representatives from universities, colleges and training providers.



3RD ANNUAL
FUTURE FEST
CAREER FAIR

**SAVE
THE
DATE**

If you are interested in getting involved, I kindly invite you to fill out our *new* Employer Database form [Employer Network Form](#) This will allow us to keep you updated with the careers news and activities that are of interest to you.

If you have any questions or require more information about any of our events, please feel free to get in touch via careers@gfcs.uk

For lots of useful information regarding careers, please click:

[OxLep Picks of the Week](#)

Message for Year 7 | Mr Weedon

It has been another fantastic week, Y7 students have really settled into the school. Confidence is growing and lots of achievement points have been earned. I have been lucky enough to visit lessons including Art and RE and staff members have been really positive about the students all week.

On Monday we have football training for Y7 - there is no cost for this and everyone is welcome from 3.30pm -4.30pm on the Astro. We have our first fixture away to Oxford Spirens on Tuesday. An exciting week ahead. Have a great weekend

Top achievement points this week

7BM - Robert and Keliah

7RM - Ann and Nicole

7LS - Penelope and Dorean

7TT - Dyland and Ephraim



GENERAL NOTICES



Christmas Fair

Saturday 7th December 2024

11am – 2pm

If you would like to support in any way, whether that is with the planning, setting up on the day, running stalls or simply making a donation, please contact Sophie Upellini via:

s.upellini@gfcs.uk

Donations of raffle prizes are much appreciated, including:

- unwanted gifts
 - books
 - games etc

Donations can be handed into main reception.

GENERAL NOTICES



Friends of Greyfriars

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

Free School Meals



Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

14 October | Year 12 Geography trip to Jericho

18 October | Bletchley Park trip

22 October | Y10 RHS Garden Wisley trip

24 October | Y10 Mini Plant visit

24 October | PFMAC Concert – Oxford Town Hall

28 October – 1st November | Half Term Break

4th November | First day of Term 2



Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

SIMS Parent App – Download Now!

If you haven't already done so, please download our Parent App. This app enables you to view information regarding your child at school including their timetable, achievements, reports and messages from school. You should have received an invitation email that you must accept and this will then take you to a sign-in screen. You can then use your normal Facebook, Twitter, Google or Microsoft username and password to register.

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



LOCAL EVENTS AND OPPORTUNITIES

Volunteers needed

We are scientists looking for volunteers with and without period pain for our study. We are looking for **young people aged 11-20**, who have **periods** and do not take hormone medication (such as the pill or mini pill) for any reason. We will use **questions, brain scans and tests of different body systems** (nerves, bladder and heart) to try to understand period pain.

email
roadpain@wrh.ox.ac.uk
for more information



RoADPain



UNIVERSITY OF
OXFORD

Advert 4 v1.0 24.01.2024 IRAS: 315427



Autism research opportunity  Can you help evaluate a new online autism assessment tool?



Do you live in the UK, speak fluent English and are aged between 13-18 with access to a laptop or desktop and have time to complete a questionnaire and take part in an online assessment?

Are you neurotypical?

(this means you do not have a diagnosis, or have characteristics, of Autism, ADHD, Tourettes, Tic Disorder, Learning Disability or Speech, Language and Communication Needs (SLCN) or another neurodevelopmental condition.

You are not experiencing a psychological, emotional or mental health problem at the moment?

If you meet the above criteria and are willing to help, please contact the OVAAT study team today:
ovaat_study@oxfordhealth.nhs.uk

The OVAAT study is open for recruitment November 2023-May 2024.



STUDY SMART
Free Online Courses 

ncfe | cache 

Fully Funded School Support Course

www.studysmartuk.online

Available in Levels 1, 2 & 3

CACHE Certificate in Understanding Safeguarding & Prevent
CACHE Certificate in Understanding Challenging Behaviours
CACHE Certificate in the Principles of SEN

Six Week Course
Mon - Fri
1st session 9:30 - 11:30am
2nd session 12:30 - 2:30pm
3rd session 4 - 4:30pm
(optional session for reflection and support if needed)

LOCAL EVENTS AND OPPORTUNITIES

Join our Windale Gardening Group

Oxford Hub

Open to all ages and abilities

Coffee tea and biscuits provided

Every Wednesday 10am-midday

Oxford Hub:
Windale Avenue
OX4 6JD

More info:
donna@oxfordhub.org
01865 745260

THE UNIVERSITY OF EDINBURGH

Participants Wanted!

Are you 12-14?

Do you enjoy **listening to** or **playing music**?

Join an international study on **musical experience & emotional wellbeing** by filling in **3 anonymous surveys** online!

A chance for you to win vouchers of up to **£150**!!

Share the opportunity with your friends!

SCAN ME!

For more information <https://blogs.ed.ac.uk/scobhk-music/>
Contact Ms Menchie Leung at scobhk-music@gmail.com

JOIN US ...

RAF Air Cadets recruiting now!

If you love aircraft, action and adventure, then the Air Cadets is for you. The Air Cadets is a UK-wide cadet force sponsored by the Royal Air Force. As a cadet, you'll get the chance to do things that others only dream about such as adventurous training, camps, drill and real flight experience. So if you're aged 12* - 17 and you're looking for a challenge call 0345 600 6601 or log on to www.raf.mod.uk/aircadets

*You must be in Year 8 (England & Wales), S2 (Scotland) or Year 9 (Northern Ireland).

2210 (Cowley) Sqn
Sandy Lane West, OX4 6LD
www.aircadets.tv/2210 Come join us on 16th of September at 8 pm! RSVP: <https://forms.office.com/e/4GWkdbHA61>

ROYAL AIR FORCE AIR CADETS
the next generation

TAKE THEM ON A JOURNEY!

SCHOOLS VOLUNTEERS NEEDED

Looking for a new challenge? Could you visit schools in your local area to deliver assemblies and workshops about CAFOD's work and encourage young people to take action, fundraise and pray with CAFOD? No experience necessary. Full support, resources and regular training provided.

FOR FURTHER DETAILS CONTACT:
CAFOD Volunteer Centre
Damien House, 23 High Street,
Great Missenden HP16 5AA
01786 114 390 | northampton@cafod.org.uk

CAFOD Catholic Agency for Overseas Development

Charity no. 162584 and a company limited by guarantee no. 05887038. Illustration: Sam Osborne. Printed on paper from well-managed forests. © CAFOD

youth ambition

OXFORD CITY COUNCIL

Youth Clubs

FREE EXCITING and EMPOWERING SESSIONS to connect and meet others aged 11 to 19 years. Come chill, have fun and enjoy activities, trips, games, cooking, gaming, arts & craft, music and so much more during school term times!

- KEEN Teens Session** (inclusive social activities for those with disabilities and special needs, run in partnership with KEEN)
Monday 5pm - 7.30pm (11-18yrs)
St Clements Family Centre
- Girls Youth Club** (run in partnership with EMBS Community College)
Wednesday 5pm - 7pm
EMBS Community College, Templars Square
- Northway Youth Club**
Tuesday 5pm - 7pm
Northway Tower Playbase
- Littlemore Youth Club**
Thursday 6pm - 8pm
Littlemore Community Centre
- Rose Hill Boys Youth Club** (run by Rose Hill JCC)
Wednesday 5.30pm - 7pm
Rose Hill Community Centre
- Rose Hill Girls Youth Club** (run by Rose Hill JCC)
Thursday 5.30pm - 7pm
Rose Hill Community Centre
- Wood Farm Youth Club**
Wednesday 5.30pm - 7pm
Wood Farm Youth Centre
- Barton Youth Club** (run by Barton Community Association)
Thursday 6pm - 8pm (12-18yrs)
Barton Neighbourhood Centre

www.oxford.gov.uk/youthambition | [@oxfordyouthambition](https://twitter.com/oxfordyouthambition) | [youthambitionoxford.gov.uk](https://www.facebook.com/youthambitionoxford.gov.uk) | 01865 262728

youth ambition

OXFORD CITY COUNCIL

MultiSports

FREE Join our FUN PACKED multi-sport sessions for 11 to 19 year olds. Enjoy games, develop skills and gain confidence while making great friends!

- Football Session**
Tuesday 10am - 5pm
Oxford City Community Areas
Marston
- Bowling Session**
Friday 10am - 5pm
OMAA, Templars Square
- BBL Friday Multi-Sport Session**
Friday 6pm - 7.30pm (11-18yrs)
7.30pm - 9pm (13-19yrs)
Leys Pools and Leisure Centre

Aspiration

CAREER & EMPLOYMENT advice and support for 16 to 24 year olds at Rose Hill Community Centre

FREE

- CV Skills & Support**
Tuesday 10am - 12pm
- Job Club**
Tuesday 1pm - 3pm
- Employment Drop-in**
Wednesday 10am - 4pm
- Post Employability Training (PEP 1/PEP 2)**
Thursday 10am - 12.30pm
- Well Being Courses (Healthy Body, Healthy Mind)**
Thursday 1pm - 3pm

www.oxford.gov.uk/youthambition | [@oxfordyouthambition](https://twitter.com/oxfordyouthambition) | [youthambitionoxford.gov.uk](https://www.facebook.com/youthambitionoxford.gov.uk) | 01865 252728

LOCAL EVENTS AND OPPORTUNITIES

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB

Sports, Art, Cooking & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft

Music, Dance

Design & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport

Art, Games

Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefits related free school meals and their families.

YOU MOVE

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY MONDAY
3.30pm - 6.30pm

Cooking, Sport
Games, Chill Out
Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



STRAWBERRY FAYRE Majorettes

Now Recruiting!

Ages 6+

Learn a new skill and have some fun in established Oxfordshire baton twirling/dance group that has been formed for over 30 years

Join our friendly display team and take part in performances, carnivals, parades, summer fetes and Christmas extravaganza's!

Training every Wednesday
6.30pm - 8.45pm
First session FREE

The Barn, Nightingale Avenue, Oxford, OX4 7BU

enquiries@strawberryfayre.uk

@strawberryfayremajorettes

@strawberryfayremajorettes



LOCAL EVENTS AND OPPORTUNITIES

No Literacy Programme funded by

OxLEP Skills | aspire | SOFEA
In partnership with our delivery partners

Next steps to work or training

We can support with

- Providing you with a laptop and data
- Paying for travel to work or training
- Looking for work or training
- Applications and interviews

Get trained on how to use a laptop or mobile phone to help you

- Find and apply for courses
- Write your CV
- Apply for jobs

Ria 07498 351055
ria@sofea.uk.com
or
Taraji 07507 121281
taraji@sofea.uk.com

LIVING WELL with NEURODIVERSITY

A new support service from Oxfordshire CAMHS in collaboration with Autism Oxford UK Limited

Is your family open to / involved with CAMHS services?
Is your young person either suspected or diagnosed as neurodiverse (autism/ADHD)?

FREE COURSES AND SUPPORT FOR YOU!

A range of sessions available covering different topics.
Informal spaces for Parents / Carers to safely share experiences / tips.
Facilitated by professionals and lived experience practitioners.

Scan the QR code to access the events and resources!
<https://onhs.autismoxford.com/>
If you have any questions, please email us on youngpeoplesupport@autismoxford.org.uk

Working together to deliver the best for our communities, our people & the environment

MISSION VALUES VISION
| Caring | Safe | Excellent | Outstanding care by an outstanding team

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub
oxfordhub.org/parent-power

Oxfordshire Adult Learning

MANAGING FEELINGS AND BEHAVIOUR

Managing your own emotions in a busy family life can be tough. This 6 session course aims to help you feel empowered at managing situations knowing you are doing the best for your child and yourself.

Topics covered include:

- Emotional Regulation
- Positive discipline and setting boundaries
- Managing meltdowns effectively
- Using an emotion coaching approach

Where? John Henry Newman Primary School, Grange Road, OX4 4LS
When? Mondays 9am - 11am (6 sessions 16th September - 21st October)
Cost? It's free to families living in Oxfordshire (Ts & Cs apply)

TO BOOK A PLACE OR ASK A QUESTION, PLEASE CONTACT FAMILY LEARNING TUTOR PENELOPE LEA

E: PENELOPE.LEA@ABINGDON-WITNEY.AC.UK
M: 07342 880 923

Oxfordshire Adult Learning

MANAGING CHILDREN'S FEELINGS AND BEHAVIOUR

Struggling to manage challenging behaviour? You are not alone!

This course aims to help you feel empowered at managing those tricky situations knowing you are doing the best for your child and yourself.

Topics covered include:

- Emotional Regulation
- Positive discipline and setting boundaries
- Considering Neurodiversity
- Meltdowns: Brain and Body
- Listening and Empathy

Where? Parent Power at Oxford Hub, Windale Avenue, OX4 6JD
When? Tuesdays 9:30am - 11:30am. You are welcome from 9am for teas and coffees. 6 sessions 17th, 24th September, 1st, 8th, 15th, 22nd October
Cost? None! It's free to families living in Oxfordshire.

TO BOOK A PLACE OR ASK A QUESTION, PLEASE CONTACT FAMILY LEARNING TUTOR PENELOPE LEA

E: PENELOPE.LEA@ABINGDON-WITNEY.AC.UK
M: 07342 880 923

AGED 14-18? LIVE IN OXFORDSHIRE?

SHAPE YOUR STREETS!

WHEN: October 29th-30th (Half Term)

WHERE: The Oxford Academy

WHO: 15 places available

Oxfordshire County Council and Bite Back are looking for 10-15 young people to become Community Food Champions!

Over two days work as a team to help make your local area healthier and happier.

Develop teamwork and communication skills for your CV, and make a positive impact on the food you and your friends, family and community can eat every day.

DEVELOP YOUR SKILLS

Teamwork
Problem-solving
Communication
Advocacy
Great for your CV!



FREE

Transport cost covered
Lunch provided
£25 voucher for taking part



APPLY

Find out more or Apply here



LOCAL EVENTS AND OPPORTUNITIES



ÉIRE ÓG OXFORD

YOUTH GAELIC FOOTBALL

NURSERY

SATURDAYS 10.30 -11.00 AT OUR LADIES SCHOOL
COWLEY OX4 3LX

U7S, U9S

THURSDAYS 6.30-7.30 BOXHILL RECREATIONAL
GROUND, ABINGDON OX14 2EL

The Curious Incident of the Dog In the Night-Time

ADAPTED BY SIMON STEPHENS
BASED ON THE NOVEL BY
MARK HADDON

31ST OCTOBER TO 2ND NOVEMBER
KING ALFRED'S ACADEMY THEATRE
WANTAGE
7.30PM

RELAXED PERFORMANCE SATURDAY 2ND NOVEMBER 2.30PM

TICKETS AND INFORMATION
WWW.AMEGOSTHEATRE.COM

THIS AMATEUR PRODUCTION OF 'THE CURIOUS INCIDENT OF THE DOG IN THE NIGHT-TIME' IS PRESENTED BY ARRANGEMENT WITH CONCORD THEATRICALS LTD. ON BEHALF OF SAMUEL FRENCH LTD.

PARENT WEBINAR Oxford Health NHS Foundation Trust

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS

WRITERS AGES 8-18:

Join Oxford Writers' House for a FREE WRITING WORKSHOP!

Peregrine's Curious Collection Mini Book Launch and Young Writers' Workshop:
6 November, 2024:
Curio Bookshop, Jericho
5-7pm
Tickets are FREE, but spaces are limited.

Young authors and guardians are welcome!
Register by visiting oxfordwritershouse.com/events

- Master fun techniques!
- Learn about the Peregrine Prize for Young Writers!
- Learn what editors and illustrators look for in a great story!

SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

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| FREE SESSIONS Supporting Kids with School Anxiety Introduction to Facing Defiance | 26 SEP 24 OCT |
| Understanding Anger | 23 SEP |
| Supporting a Child with ADHD | 24 SEP |
| Understanding the Teenage Brain | 7 OCT |
| Raising Self-Esteem | 8 OCT |
| Decreasing Depression | 15 OCT |
| Anxiety Explained | 17 OCT |
| Understanding Anger | 21 OCT |
| Drug Awareness for Parents | 22 OCT |
| Autism: Improving Communication | 28 OCT |
| Introduction to OCD | 29 OCT |
| Understanding Addictive Behaviour | 31 OCT |
| Improving Family Communication | 4 NOV |
| Raising Self-Esteem | 5 NOV |

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