

# Weekly Newsletter

Friday 22<sup>nd</sup> November 2024 | Issue 10

Dear families

In our Gospel passage this week, Mark 13:24-32, Jesus speaks of great upheaval but also offers reassurance. Even in times of uncertainty, His words remind us to trust in God's eternal promises and to remain watchful and hopeful. Just as the seasons change, signalling new beginnings, we need to trust and hope in God's plan and each other. In our school community, this message inspires us to embrace challenges with faith and hope and to support one another as we move through our journey and adventure in Greyfriars.

There have been several adventures this week! Our Y11 Hospitality GCSE group did their practical practice for the summer exam. It was wonderful to see them be so creative and learn something really practical for their exam and also for life. Their thought, skill and presentation were excellent and they also learnt a lot for their GCSE later in the year.



Another reason to be watchful and hopeful is the new astroturf that is being renovated on site! Having a building site brings some challenges, but the outcome will be such a valuable resource for the school and our community (hopefully, complete by the end of February). You can see here our old astro rolled up, ready to be removed after many years of faithful service.

It is also nearly time for our Christmas Fayre! We are so grateful for all the contributions so far. It is our biggest fundraiser of the year and so we do really appreciate and value the work that goes into it – especially from our Christmas team! Here is Mrs Upellini sorting some of our prizes. Please join us on 7th December for some festive fun!



With warm wishes for the weekend.

Lyndsey Caldwell  
Headteacher

## Greyfriars Remembrance Service



Every year, on the 11th Hour or the 11th Month, we hold our Remembrance Service where we listen to prayers and have a 2 minute silence as a school community. This is a time where we come together to collectively remember those who have died. We also pray for those affected by war and pray for peace. It is rare as a school to be able to come together as a collective



and really appreciate the power of sustained community silence and prayer. I am so proud of students that they were able to do this to show such respect. I am also grateful to Linda, Isabelle, Brian, Gabriel and Mr Turner, who all led the school through this service.

## WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

### Gospel: Mark 13:24-32

“Jesus said to his disciples: ‘In those days after that tribulation the sun will be darkened, and the moon will not give its light, and the stars will be falling from the sky, and the powers in the heavens will be shaken. ‘And then they will see 'the Son of Man coming in the clouds' with great power and glory, and then he will send out the angels and gather his elect from the four winds, from the end of the earth to the end of the sky. ‘Learn a lesson from the fig tree. When its branch becomes tender and sprouts leaves, you know that summer is near. In the same way, when you see these things happening, know that he is near, at the gates. Amen, I say to you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away. ‘But of that day or hour, no one knows, neither the angels in heaven, nor the Son, but only the Father.’”



#### Reflection

What are we investing our lives in? On things that pass, such as money, success, appearance, physical well-being? We will take away none of these things. The Word of God warns us today: this world will pass away. And only love will remain. Here then is some advice for making important choices. Before deciding, let us imagine that we are standing in front of Jesus. We must decide in this way: always looking to eternity, looking at Jesus. It may not be the easiest, but it will be the right one that is certain.

*God, help us to remember the things that truly matter in this life. Family, friends, love, You, they are what sustain us and give us nourishment. Help us see what is not important in our lives, so that we may focus on You instead. Open our hearts to you, to love, so that the world may remember the light that you bring. Keep us ever attentive. Amen.*



#### Advent giving

Students are being asked to bring food items as an offering for advent where possible. Students have been given specific days when their tutor group can take items to the chapel. (Please ensure a 'sell by date' of 3 months. Thank you for your support.

#### The food most urgently required is:

##### \* Starred items most critical

- |  |                      |
|--|----------------------|
| * Fruit juice                                | Tinned Fruit         |
| * Toilet roll                                | Long-life milk       |
| * Sugar                                      | Cereal               |
| * Tinned vegetables (not tomatoes or pulses) | Biscuits             |
| * Tinned/ Packet Puddings                    | Bottled Sauces       |
| Jams/other spreads                           | Coffee/Hot Chocolate |
| Tinned Meat                                  | Practical Toiletries |

To view the St Edmund and St Fireside (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

## GENERAL NOTICES



Raffle, Santa's Grotto, Xmas  
Stalls, Festive Food & Drinks,  
Christmas Carols, Soft Play Bus & much more!!!

**GREYFRIARS  
CHRISTMAS  
Fayre**

7th DECEMBER 2024  
11AM - 2PM

**JOIN US**

GREYFRIARS CATHOLIC SCHOOL  
CRICKET ROAD OXFORD OX4 3DR  
TEL: 01865 749933 OFFICE@GFCS.UK

Chase  
PLAY BUS



GREYFRIARS CHRISTMAS  
FAYRE

SATURDAY  
7 DECEMBER 24

PLEASE HELP SUPPORT  
OUR SCHOOL BY DONATING A  
RAFFLE PRIZE

ANY NEW OR UNWANTED TOYS,  
CHOCOLATES, GIFTS,  
TOILETRIES, WINES, GAMES  
PRESENTS ETC

THANK YOU



GREYFRIARS  
CATHOLIC SCHOOL



## GENERAL NOTICES

### Sports Results | Mr Dunne

On Monday our Year 7s faced Cheney School in a friendly match. It was only their second match of the year as their County Cup campaign does not begin until after Christmas. It was a thrilling game, with both goalkeepers being tested early on. Greyfriars went into the lead from a corner kick that found its way into the back of the net via an own goal, before two quick-fire goals from Cheney ensured they went into the half-time break with a 2-1 lead.

Greyfriars kept their heads up and regrouped, showing great character and determination. Max M equalised shortly after the interval with a beautifully curved shot before Amarae restored Greyfriars lead. Cheney pulled another one back to make it 3-3 but then Greyfriars lead was restored again by Francis, before a free-kick from close to the half way line by Amarae put Greyfriars within touching distance of victory. Cheney scored a consolation goal at the end with the final score being 4-5 in favour of Greyfriars.



Players' player of the match: Amarae

Managers' player of the match: Ky Ky

### Message for KS4 | Mr Strachan

Congratulations to the following students who continue to demonstrate great behaviour and academic achievement through their accumulation of positive behaviour points so far this year:

#### YEAR 10

Safian | 258pts  
Izzy | 216pts  
Mfoniso | 201pts

#### YEAR 11

Dylan | 142pts  
Mel | 180pts  
Stuthi | 162pts

*Well done!*

## GENERAL NOTICES

# WELCOME to THE LIBRARY



### Library News | Miss Brett

Hello, Everyone! Just a couple of announcements today! 😊

The non-fiction November scavenger hunt will end on Wednesday 27<sup>th</sup> November. Thank you to all the students who took part. I hope you had as much fun as I did! If you haven't done it yet, go and have some fun finding out some weird and wonderful facts! Then pop into the library to get your well-deserved chocolate.

We will be running our first Readathon for a week in December! Make sure you have your reading eyes at the ready, so we can raise money for children in hospital (and, hopefully, some resources for our own library!).

#### Readathon gets pupils reading to raise money for children in hospital!



**Word of the week (not the easiest to pronounce, in my opinion) | bequeath**

verb – formal | To arrange for money or property to be given to somebody after your death.

#### EXAMPLES:

*Her father bequeathed her the family fortune in his will.*

*Picasso bequeathed most of his paintings and sculptures to Spain and France.*

[Cambridge Online Dictionary]

Remember, you can also suggest words that you want to introduce to your fellow students and staff at the school.

**That's it for this week. Happy reading, everyone!**

## HOMework CLUB

**THE LIBRARY  
MONDAY-THURSDAY  
15.10-16.00**



## GENERAL NOTICES

### Message for Year 8 and Year 9 | Mrs Reddy

Our assembly this week focussed on short and long-term gains and the impact on school and life in general. So, the message for our Year 8 and Year 9 students is that the decisions you make now about behaviour, attitude to learning, and attendance have lasting effects on your future. Prioritising short-term gains, like skipping homework or missing school for fun, may seem harmless, but it can lead to gaps in knowledge and missed opportunities.

On the other hand, consistent effort, positive behaviour, and regular attendance builds habits that lead to long-term success. Employers and colleges value dedication and resilience, qualities you develop through your actions today. It is not about giving up all short-term gains but balancing them. For example, enjoy a movie or a video game after completing your chores, homework or study session. Focus on making choices that support your goals, and you'll set yourself up for a brighter future.

#### Students leading the way.....

##### Y8

Nedia  
Damir  
Eleesha  
Khadija  
Chris  
Holy-Karen  
Ivonia  
Tommi  
Mazvita

##### Y9

Faith B  
Yurume  
Aryan  
Daniel O  
Khadijat  
Ahmad  
Nancy D  
Dylan K  
Alyssa B-M



**Thank you to the  
tutors for their  
ongoing support.**

**Keep on striving to be  
a better version of  
yourself Y8 and Y9**

### Leadership Enrichment | Mrs Reddy

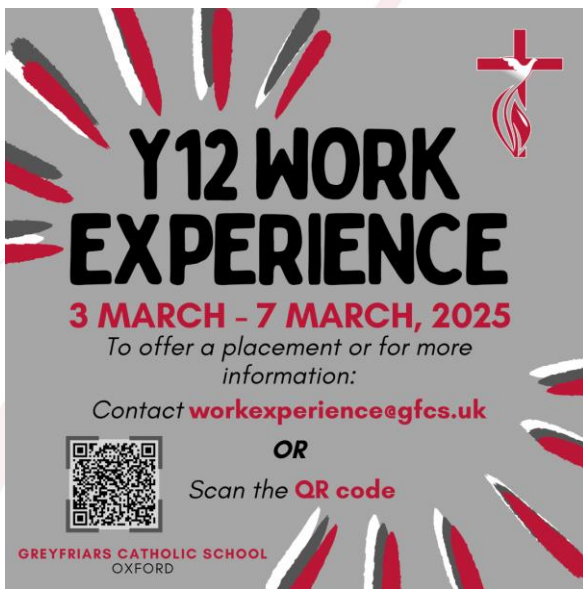
Our Leadership Enrichment is now collecting 'Christmas Donations'. Any donations should be dropped into main reception and can include: toys, games, books, jewellery, clothes, shoes, toiletries, stationery and wrapping paper. Let's come together to make this season memorable for everyone. Your generosity truly makes a difference!



Thank you for your support.

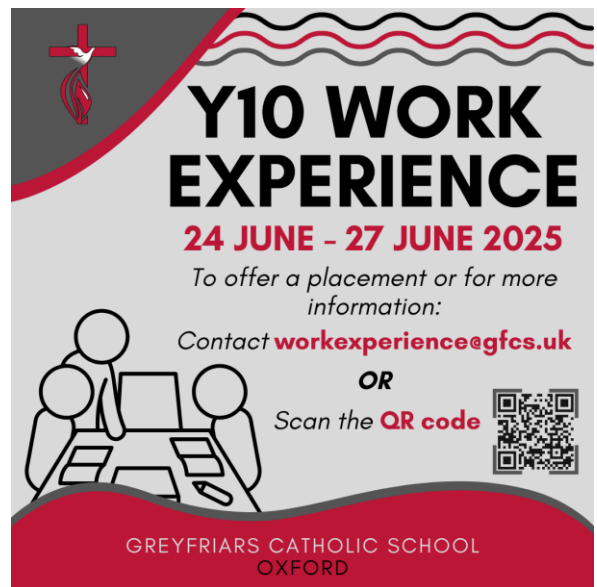
## GENERAL NOTICES

### Careers | Miss Manns



**Y12 WORK EXPERIENCE**  
**3 MARCH - 7 MARCH, 2025**  
To offer a placement or for more information:  
Contact [workexperience@gfcs.uk](mailto:workexperience@gfcs.uk)  
OR  
Scan the QR code

GREYFRIARS CATHOLIC SCHOOL  
OXFORD



**Y10 WORK EXPERIENCE**  
**24 JUNE - 27 JUNE 2025**  
To offer a placement or for more information:  
Contact [workexperience@gfcs.uk](mailto:workexperience@gfcs.uk)  
OR  
Scan the QR code

GREYFRIARS CATHOLIC SCHOOL  
OXFORD



For lots of useful information regarding careers,  
please click:

[OxLep Picks of the Week](#)



### free period products



**Free period products**  
Available in 18 public libraries  
Everyone deserves the essentials they need  
**Take what you need**  
**When you need it**  
**For whoever needs it**

In partnership with **hey girls...**  
OXFORDSHIRE COUNTY COUNCIL



Girls Netball

Every Monday  
starting from next  
week (3.30-4.30)  
Bring PE kit

**GREYFRIARS**  
CATHOLIC SCHOOL

With Miss Moss in  
the sports hall

## GENERAL NOTICES

### Book of the Week

#### Crossing The Line by Tia Fisher

Wow! This book is really powerful. It's an award-winning story that explores how any teenager can be swept up into county lines. Erik, the main character, is a regular teenage boy, but then the pandemic hits and his dad dies. That's when his life starts to fall apart.



“Do you feel safe?” is the most powerful line I have read in a while... I fully recommend this beautifully-written story. Also, if you're not a fan of pages that are overcrowded with words, this is the book for you as it's written in verse that flows very nicely. This makes it not only a powerful, but also a quick read.

### Basketball Club Term 2 | Mr Roman

Our Basketball Club kicks off in Term two and welcomes all students—just drop by the Sports Hall, no registration needed.



### Sixth Form News | Mr Shaw

Sixth formers and staff alike have shown great enthusiasm to put down their phones and switch off all their social media feeds for a week. I am sure it will prove to be very insightful and having it just before PPEs is a great revising bonus.

We would love it if you could share the donation link below with any friends and family as we are trying to raise £500 for the 'Young Minds' charity who are helping young people to look after their own mental health by offering support and advice.

So help us join the fight for better mental health support for young people and click...donate!

**DONATE**

## GENERAL NOTICES

### Friends of Greyfriars

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: [s.upellini@gfcs.uk](mailto:s.upellini@gfcs.uk)

### 5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

## Free School Meals



### Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: [f.easton@gfcs.uk](mailto:f.easton@gfcs.uk)

## GENERAL NOTICES

### Dates for your Diary

4 December | Flu Vaccinations Years 7-11

4 December | Year 11 PPEs Begin

5 – 6 December | French Markets Trips

5 December | 6<sup>th</sup> Form Open Evening for Year 11 Students

11 December | The Story Museum trip

11 December | Trinity College STEM Trip

11 December | All's Well That Ends Well Theatre Trip

12 December | Christmas Lunch



**Breakfast Club**  
**Breakfast Club is open**  
**Mon – Fri 8.00am - 8.30am**  
**in our restaurant.**



Everyone is welcome to come and join us for breakfast club.  
Breakfast is free. Start your day with friends and food!

### SIMS Parent App – Download Now!

If you haven't already done so, please download our Parent App. This app enables you to view information regarding your child at school including their timetable, achievements, reports and messages from school. You should have received an invitation email that you must accept and this will then take you to a sign-in screen. You can then use your normal Facebook, Twitter, Google or Microsoft username and password to register.

### Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: [s.upellini@gfcs.uk](mailto:s.upellini@gfcs.uk) or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



## LOCAL EVENTS AND OPPORTUNITIES



### WINTER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each  
If you can't make the date or time all paid for talks are recorded and available for 48 hours afterwards  
Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

<b>FREE SESSIONS</b> <b>Decreasing Depression</b>	<b>25 NOV</b>
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC
Understanding Anger	16 DEC
Facing Defiance	17 DEC
Supporting Healthy Screen Use	19 DEC
Supporting a Child with ADHD	2 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)    [info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)

Would you like to improve communication with your teen?

face2face



Private skills training sessions for you and your teen  
Get professional support to  
improve mutual understanding and respect.

Young people do not have to appear or speak on camera

**Advanced Communication Skills certificate for teens  
on completion of the course**

**Would you like some support with any of the above issues?**

FACE aims to support regular parents with commonly faced issues.

In this age of long waiting lists and over-loaded services, FACE is offering you practical and accessible advice and information.

Each talk includes easy to apply interventions  
and the opportunity to ask questions.

The sessions are delivered online via zoom by Jane Keyworth,  
Lead Facilitator at FACE  
7pm - 9pm £24 each

## LOCAL EVENTS AND OPPORTUNITIES

### Cowley Christmas Festival 2024

Come and celebrate Christmas with us at St James Church, Beauchamp Lane, OX4 3LF

Thursday 12 December	13.00-19.00	Tea, cake and decorate – drop in any time – bring a tree or bring decorations for our one large tree or just help us decorate the church
Friday 13 December	18.00-19.30	The Gospel Jazz Project – mulled wine – nibbles
Saturday 14 December	10.00-11.30	Messy Church Christmas + Christingles
	11.30-14.00	Church open – Christmas tree crafts
	14.00-15.00	Join in and sing carol singing – mince pies
	15:00-16:00	Rising Voices Community choir
	16.00-17.00	Join in and sing carol singing – mince pies



Grief support for children and young people in Oxfordshire



Respite nursing for Oxfordshire's Sick Youngsters

[www.cowleyteamministry.co.uk](http://www.cowleyteamministry.co.uk)

STEVENSONS

Black Friday  
Sale

Up to 20% Off

Offer available online from  
29th of November - Midnight 13th of December  
on uniform and sportswear.

Use discount code at checkout:

**GREYFRIARS20BF**

Items purchased during the sale period will be refunded at the sale price originally paid, if returned.  
Sale items are subject to availability, whilst stocks last.  
Black Friday offer exclusively available online.  
For FAQs please visit our website [www.stevensons.co.uk](http://www.stevensons.co.uk)  
£50 minimum spend required

### Do you have upsetting thoughts or habits that won't go away?

We want to make things easier for children like you, and we need your help to do it!

If you're **between 5 and 14 years old**, and started having thoughts that get stuck or habits you need to do over and over when you were aged 5 to 12, **we'd love to talk to you!**



We want to find a way for **parents to help their children** who have similar thoughts and habits to you. **We'd love for you to help us!**

#### What's in it for me?

- ✓ **Fun online sessions:** Where where you'll share your ideas on a programme designed to help with upsetting thoughts & habits.
- ✓ **Awesome rewards:** Earn £25 for each session!

Scan here for more information!



For more information or to sign up, you and your parents can **scan the code** or send us an email - [OCD-empower@psych.ox.ac.uk](mailto:OCD-empower@psych.ox.ac.uk)

We're excited to hear from you!



### CALLING ALL PARENTS OF CHILDREN WITH OBSESSIVE COMPULSIVE SYMPTOMS/DISORDER (OCD)

Can you help us to develop a brief treatment to help parents support their child to overcome OCD?

We are looking for **parents of children (aged 5 to 12 years old)** with lived experience of OCD/OCD symptoms to attend a series of **6 online workshops**. These workshops aim to help us develop an online intervention focused on supporting parents to learn evidence-based tools to help their child to overcome OCD

We want to make sure the treatment works for as many families as possible, so are looking for parents that identify as being from one or more of the following groups:

- Parents in single-parent families
- Parents from minority ethnic groups
- Parents within low-income families
- Parents who have low levels of confidence/experience using technology



- ✓ Your child does **not** need a diagnosis of OCD
- ✓ You will be **paid for your time**
- ✓ We can help if you face difficulties in attending sessions, such as supporting you with costs and visiting you in your local community!

SCAN FOR MORE INFORMATION



To register your interest please scan the QR code or email [OCD-empower@psych.ox.ac.uk](mailto:OCD-empower@psych.ox.ac.uk).  
If you're not able to attend 6 workshops but are keen to help us, please still register your interest and we can find alternative ways that you can be involved!

### Can you help evaluate a new online autism assessment tool?

Do you live in the UK, speak fluent English and are aged between 13-18 with access to a laptop or desktop and have time to complete a questionnaire and take part in an online assessment?

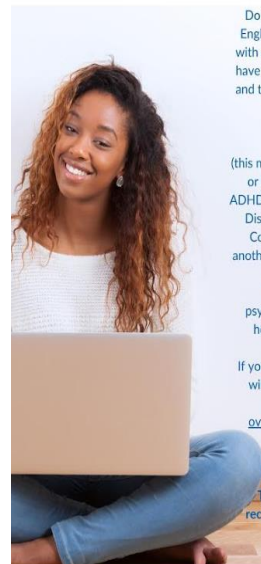
Are you neurotypical?

(this means you do not have a diagnosis, or have characteristics, of Autism, ADHD, Tourettes, Tic Disorder, Learning Disability or Speech, Language and Communication Needs (SLCN) or another neurodevelopmental condition.

You are not experiencing a psychological, emotional or mental health problem at the moment?

If you meet the above criteria and are willing to help, please contact the OVAAT study team today: [ovaat.study@oxfordhealth.nhs.uk](mailto:ovaat.study@oxfordhealth.nhs.uk)

The OVAAT study is open for recruitment November 2023-May 2024.



# LOCAL EVENTS AND OPPORTUNITIES

No Literacy Programme funded by

**OxLEP** SKILLS **aspire** **SOFEA**  
In partnership with our delivery partners

## Next steps to work or training

**We can support with**

- Providing you with a laptop and data
- Paying for travel to work or training
- Looking for work or training
- Applications and interviews

**Get trained on how to use a laptop or mobile phone to help you**

- Find and apply for courses
- Write your CV
- Apply for jobs

Ria 07498 351055  
ria@sofea.uk.com  
or  
Taraji 07507 121281  
taraji@sofea.uk.com

**LIVING WELL with NEURODIVERSITY** NHS Oxford Health NHS Foundation Trust

**A new support service** from Oxfordshire CAMHS in collaboration with Autism Oxford UK Limited

Is your family open to / involved with CAMHS services?  
Is your young person either suspected or diagnosed as neurodiverse (autism/ADHD)?

**FREE COURSES AND SUPPORT FOR YOU!**

A range of sessions available covering different topics.  
Informal spaces for Parents / Carers to safely share experiences / tips.  
Facilitated by professionals and lived experience practitioners.

Scan the QR code to access the events and resources!  
<https://onhs.autismoxford.com/>  
If you have any questions, please email us on [youngpeoplesupport@autismoxford.org.uk](mailto:youngpeoplesupport@autismoxford.org.uk)

Working together to deliver the best for our communities, our people & the environment

MISSION VALUES VISION  
Outstanding care by an outstanding team

| Caring | Safe | Excellent |

## Parent Power

**We support local parents living in the OX4 area**

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:  
Email: [donna@oxfordhub.org](mailto:donna@oxfordhub.org)

**Oxford Hub**  
[oxfordhub.org/parent-power](http://oxfordhub.org/parent-power)

  
ÉIRE ÓG OXFORD

## YOUTH GAELIC FOOTBALL

**NURSERY**  
SATURDAYS 10.30 -11.00 AT OUR LADIES SCHOOL  
COWLEY OX4 3LX

**U7S, U9S**  
THURSDAYS 6.30-7.30 BOXHILL RECREATIONAL  
GROUND, ABINGDON OX14 2EL

**WALKING WITH YOU FORUM** NHS Oxford Health NHS Foundation Trust

**JOIN OUR SUPPORTIVE COMMUNITY!**

"Walking with You" is a welcoming, parent-led group for anyone caring for children and young people (up to age 25) facing mental health challenges.

Find a safe space to connect, ask questions, and share experiences at your comfort level. Learn from insightful discussions on topics that matter to you.

Sessions are led by Parent Peer Support Workers and held online via Microsoft Teams, with occasional coffee mornings. Drop in and out as needed.

Look forward to special guest events with professionals from CAMHS leading some of our sessions.

**UPCOMING EVENTS**

<b>JAN 10</b>	<b>CYBER CHOICES</b> 12PM - 1PM ONLINE
<b>FEB 07</b>	<b>PARENTING EMOTIONS</b> 12PM - 1PM ONLINE
<b>MAR 07</b>	<b>COFFEE MORNING</b> 10PM - 9PM BANQUET - LOCATION SHARED WHEN BOOKED
<b>APR 04</b>	<b>SUPPORTING THROUGH EXAM STRESS</b> 12PM - 1PM ONLINE

**TO REGISTER FOLLOW THE LINK OR QR:**

[www.oxfordhealth.nhs.uk/camhs/youngpeoplesupport/oxon/hmhl/](http://www.oxfordhealth.nhs.uk/camhs/youngpeoplesupport/oxon/hmhl/)

**PARENT WEBINAR** NHS Oxford Health NHS Foundation Trust

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

**CAMHS**  
Child and Adolescent Mental Health Service

**MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS**

**SUBJECTS INCLUDE**

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

[www.oxfordhealth.nhs.uk/camhs/oxon/sir/webinars](http://www.oxfordhealth.nhs.uk/camhs/oxon/sir/webinars)

## LOCAL EVENTS AND OPPORTUNITIES

**Join our Windale Gardening Group**

Oxford Hub

Open to all ages and abilities

Coffee tea and biscuits provided

Every Wednesday 10am-midday

Oxford Hub:  
Windale Avenue  
OX4 6JD

More info:  
donna@oxfordhub.org  
01865 745260

THE UNIVERSITY OF EDINBURGH

# Participants Wanted!

Are you 12-14?

Do you enjoy **listening to** or **playing music**?

Join an international study on **musical experience & emotional wellbeing** by filling in **3 anonymous surveys** online!

A chance for you to win vouchers of up to **£150**!!

Share the opportunity with your friends!

SCAN ME!

For more information <https://blogs.ed.ac.uk/scobhk-music/>  
Contact Ms Menchie Leung at [scobhk-music@gmail.com](mailto:scobhk-music@gmail.com)

# JOIN US ...

RAF Air Cadets recruiting now!

If you love aircraft, action and adventure, then the Air Cadets is for you. The Air Cadets is a UK-wide cadet force sponsored by the Royal Air Force. As a cadet, you'll get the chance to do things that others only dream about such as adventurous training, camps, drill and real flight experience. So if you're aged 12\* - 17 and you're looking for a challenge call 0345 600 6601 or log on to [www.raf.mod.uk/aircadets](http://www.raf.mod.uk/aircadets)

\*You must be in Year 8 (England & Wales), S2 (Scotland) or Year 9 (Northern Ireland).

2210 (Cowley) Sqn  
Sandy Lane West, OX4 6LD  
[www.aircadets.tv/2210](http://www.aircadets.tv/2210) Come join us on 16th of September at 8 pm! RSVP: <https://forms.office.com/e/4GWkdbHA61>

ROYAL AIR FORCE  
AIR CADETS  
the next generation

# TAKE THEM ON A JOURNEY!

**SCHOOLS VOLUNTEERS NEEDED**

Looking for a new challenge? Could you visit schools in your local area to deliver assemblies and workshops about CAFOD's work and encourage young people to take action, fundraise and pray with CAFOD? No experience necessary. Full support, resources and regular training provided.

FOR FURTHER DETAILS CONTACT:  
CAFOD Volunteer Centre  
Damien House, 23 High Street,  
Great Missenden HP16 5AA  
01786 114 390 | [northampton@cafod.org.uk](mailto:northampton@cafod.org.uk)

**CAFOD** Catholic Agency for Overseas Development

Charity no. 162584 and a company limited by guarantee no. 05887038. Illustration: Sam Osborne. Printed on paper from well-managed forests. © 2016

youth ambition

OXFORD CITY COUNCIL

# Youth Clubs

**FREE** EXCITING and EMPOWERING SESSIONS to connect and meet others aged 11 to 19 years. Come chill, have fun and enjoy activities, trips, games, cooking, gaming, arts & craft, music and so much more during school term times!

<b>KEEN Teens Session</b> (Inclusive social activities for those with disabilities and special needs, run in partnership with KEEN) Monday 5pm - 7.30pm (11-18yrs) St Clements Family Centre	<b>Girls Youth Club</b> (run in partnership with EMBS Community College) Wednesday 5pm - 7pm EMBS Community College, Templars Square
<b>Northway Youth Club</b> Tuesday 5pm - 7pm Northway Tower Playbase	<b>Littlemore Youth Club</b> Thursday 6pm - 8pm Littlemore Community Centre
<b>Rose Hill Boys Youth Club</b> (run by Rose Hill JCC) Wednesday 5.30pm - 7pm Rose Hill Community Centre	<b>Rose Hill Girls Youth Club</b> (run by Rose Hill JCC) Thursday 5.30pm - 7pm Rose Hill Community Centre
<b>Wood Farm Youth Club</b> Wednesday 5.30pm - 7pm Wood Farm Youth Centre	<b>Barton Youth Club</b> (run by Barton Community Association) Thursday 6pm - 8pm (12-18yrs) Barton Neighbourhood Centre

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[youthambition@oxford.gov.uk](mailto:youthambition@oxford.gov.uk) | 01865 262728

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# MultiSports

**FREE** Join our FUN PACKED multi-sport sessions for 11 to 19 year olds. Enjoy games, develop skills and gain confidence while making great friends!

- Football Session**  
Tuesday 10am - 5pm  
Oxford City Community Areas  
Marston
- Boxing Session**  
Friday 4pm - 5pm  
OMAA, Templars Square
- BBL Friday Multi-Sport Session**  
Friday 6pm - 7.30pm (11-18yrs)  
7.30pm - 9pm (13-19yrs)  
Leys Pools and Leisure Centre

# Aspiration

CAREER & EMPLOYMENT advice and support for 16 to 24 year olds at Rose Hill Community Centre

- CV Skills & Support**  
Tuesday 10am - 12pm
- Job Club**  
Tuesday 1pm - 3pm
- Employment Drop-in**  
Wednesday 10am - 4pm
- Post Employability Training (PEP 1/PEP 2)**  
Thursday 10am - 12.30pm
- Well Being Courses (Healthy Body, Healthy Mind)**  
Thursday 1pm - 3pm

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## LOCAL EVENTS AND OPPORTUNITIES

### LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,  
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY  
3.30pm - 6.30pm

GIRLS YOUTH CLUB

Sports, Art, Cooking & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



### LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,  
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY  
3.30pm - 6.30pm

Baking, Art & Craft

Music, Dance

Design & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



### LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,  
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY  
5.45pm - 7.45pm

Cooking, Sport

Art, Games

Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



### Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefits related free school meals and their families.

**YOU MOVE**

### LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,  
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY MONDAY  
3.30pm - 6.30pm

Cooking, Sport  
Games, Chill Out  
Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact  
07483010739 or 01865 335884



## STRAWBERRY FAYRE Majorettes

**Now Recruiting!** Ages 6+

Learn a new skill and have some fun in established Oxfordshire baton twirling/dance group that has been formed for over 30 years

Join our friendly display team and take part in performances, carnivals, parades, summer fetes and Christmas extravaganza's!

Training every Wednesday  
6.30pm - 8.45pm  
**First session FREE**

• The Barn, Nightingale Avenue, Oxford, OX4 7BU

✉ enquiries@strawberryfayre.uk  
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 📱 @strawberryfayremajorettes