

Weekly Newsletter

Friday 12th September 2025 | Issue 1

Dear Families

This week, in our Gospel reflections, we looked at Luke's account of the cost of being a disciple. Jesus is clear that discipleship is not always easy, it involves courage, sacrifice, and commitment. At Greyfriars, we have linked this to our Catholic Social Teaching focus for the term: *the Common Good*. Working for the Common Good often means setting aside self-interest in order to build something better together. This is the challenge, but also the joy, of our shared life as a school community.

Our new Year 7 students have been exceptional in their first weeks as part of our Greyfriars community. They have settled in beautifully, found their way around, and are already exemplifying the Greyfriars Way. We love them, and we are so proud of how well they have begun their journey with us. Equally, those approaching the end of their school journey, Year 11 and Year 13, have started the year with real focus and energy. We are delighted with their determination and focus – they are all starting as they mean to go on!

There are a few important updates that I would like to draw your attention to:

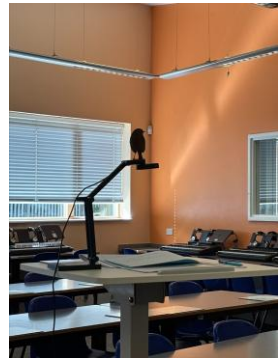
- ❖ **Meet the Form Tutor:** On Thursday **25th September at 6.30pm**, we warmly invite families to meet form tutors, see the school, and connect with other families. This is a special event, distinct from parents' evening, designed to keep communication strong and to celebrate our school family at Greyfriars.
- ❖ **Arbor:** Our new information management system is now available for families to use. This will be a key way to stay connected with school life.
- ❖ **Library:** Ms Brett is one of our great champions in school. Thanks to her, our library is a vibrant and welcoming space. If you are ever wondering how best to support your child's attainment, the answer is simple: encourage them to read.

Schools are also full of surprises! (That's why they are the best places to work.) This week we had an unexpected additional 'new student'. A robin found his way into a music lesson with Mr Dingley, clearly keen to join in the singing. He was, of course, safely released, but for a short while he was a very welcome guest.

Finally, please do take note of the wonderful opportunities available. Our sports clubs are up and running, the library is open after school, and we are delighted to be offering taster rowing sessions with Falcon Rowing Club. My eyes are firmly set on the possibility of a Greyfriars team competing in a summer regatta — so watch this space!

I wish you all a wonderful weekend, and I look forward with great hope to the term and year ahead.

Lyndsey Caldwell
Headteacher



WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel - Luke 14:25-33



²⁵ Great crowds accompanied him on his way and he turned and spoke to them. ²⁶ 'Anyone who comes to me without hating father, mother, wife, children, brothers, sisters, yes and his own life too, cannot be my disciple. ²⁷ No one who does not carry his cross and come after me can be my disciple. ²⁸ 'And indeed, which of you here, intending to build a tower, would not first sit down and work out the cost to see if he had enough to complete it? ²⁹ Otherwise, if he laid the foundation and then found himself unable to finish the work, anyone who saw it would start making fun of him and saying, ³⁰ "Here is someone who started to build and was unable to finish." ³¹ Or again, what king marching to war against another king would not first sit down and consider whether with ten thousand men he could stand up to the other who was advancing against him with twenty thousand? ³² If not, then while the other king was still a long way off, he would send envoys to sue for peace. ³³ So in the same way, none of you can be my disciple without giving up all that he owns.

Reflection

This week's Gospel reminds us that following Jesus is not something casual or half-hearted: it is a wholehearted commitment that asks us to put Him first in our lives. Jesus' strong words about "hating" family or possessions don't mean abandoning love for others, but rather making sure that nothing, not even the people or things we hold dearest, comes before God. To be His disciple is to carry our cross, to accept sacrifices, and to trust that the life He offers is greater than anything we could cling to on our own. Jesus is asking us to count the cost and choose Him, not because it is easy, but because it is the way to true freedom and lasting joy!

Our School Prayer, the Prayer of St. Francis

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.



To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:
<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Catholic Life | Mr Greer



This week, the Catholic Church welcomed two new saints: Saint Carlo Acutis and Saint Pier Giorgio Frassati. These two saints died tragically at a young age; yet they did not waste their precious time here on Earth. They helped to spread a love of God and true sense of joy around the world. It is certainly impactful and moving to



see that you can live a saintly life even at the young age of 15. Let's ask for the prayers of these new saints as we move into the new school year ahead!

Message for Year 7 | Mr Cunningham

What a fantastic start to the year for our Year 7s! It's been a privilege to see them settle in so well, get to know the Greyfriars' Way, and start their journey to success here at school. We're especially proud of how quickly they've adapted to the routines and expectations, which has been reflected in their excellent achievement points this week.

A special thanks to our incredible tutors, who have been welcoming and supportive every step of the way. It's heartening to see such positive relationships begin to form already, and we're excited for the continued opportunities to help our Year 7s grow in the weeks ahead.

Message for Year 10 and Year 11 | Mr Weedon

It has been a great start to life in Years 10 and 11. I am now the new Head of Year and I have been using the first week to get to know all the students. I must say we have an outstanding KS4.

I look forward to what the year brings; we have started goal-setting in both years to ensure that we are aiming high.

Weekly Achievement Points

(This is the number secured by each form as a collective)

Form	Points
10CT	474
10JOD	546
10MJ	584
10SA	640

Form	Points
11JEM	394
11JM	305
11SC	258

Well done everyone!

GENERAL NOTICES

Sixth Form News | Ms McCabe

Welcome to Greyfriars Y12!

We have had an extremely busy week welcoming our new Y12 students to Greyfriars Sixth Form. We have had students from a number of local city schools join us as well as a group of Brazilian students on a 3 month exchange programme. Our first week has been spent teaching students about the Greyfriars Way and the Greyfriars Mindset, stepping up from GCSE to A Level and independent study.

To get our students, old and new, working together we organised them into 8 groups to take part in a Spaghetti Landmark team building challenge. Students were given a country and had to construct a landmark out of just 3 items - spaghetti, marshmallows and tape. All students rose to the challenge and found it significantly harder than they thought! Our runners up represented Australia and Brazil and the winning team represented the USA with their Golden Gate Bridge.



Year 13 UCAS & Apprenticeships

Our Y13 have their UCAS applications underway. Most students are busy finishing their personal statements and finalising their course choices. We will be releasing a presentation next week to share information with parents about the university and apprenticeships application process.

Attendance in Sixth Form

A reminder that Y12 and Y13 students are required to be in school from 8:45am every day. This routine is a vital ingredient in A Level success. We are delighted that attendance has been excellent and students have made such a strong start to the year.

GENERAL NOTICES

Message for Years 8 and 9 | Mrs Reddy

Welcome back to all our Year 8 and 9 students! We've had such a positive start to the year and it's been fantastic to see everyone settling back into school life with energy and enthusiasm. We are especially proud of how our students are showing **The Greyfriars Way** in their learning and daily interactions. Being prepared with the right equipment, wearing uniform with pride, and attending every day really do make a big difference.

A huge thank you to our caregivers for your ongoing support in helping students be ready and confident for a successful year ahead.

Congratulations to all students with 100% attendance:

Thank you to the tutors for their ongoing support.

Keep on striving to be a better version of yourself Y8 and Y9!

Weekly Book Review

Three men in a boat-Jerome K. Jerome | Review by Lian Gebana

Some may find this just a little familiar to the pleasant nursery rhyme of the butcher, the baker and the candlestick maker who all went off to sea. In fact it really is quite similar to a point, obviously much more than three lines but it's fun to note what is reminiscent of such a nursery rhyme. The novel is somewhat wordy but the characters are polite and all the interactions and adventure mixed into this novel is wonderfully whimsy in all the right sort of 'waves'. It's also a lovely insight into older sort of ways of life, notably a whole different era.

A genuinely fun novel to read when wanting intricacy and long drawn out sentences to fully ponder over while reading to one's self!

THREE MEN IN A BOAT



JEROME K. JEROME

GENERAL NOTICES

Library News | Miss Brett

WELCOME
to
THE
LIBRARY

Hello, hello fellow readers!

I am so happy to be back to instil the love of reading in even more young minds 😊 I hope you all had a lovely summer, filled with lazy afternoons and a book in your hand.

We are slowly getting back into our library rhythm, and we have so much for you this year.

First of all, I want to, once again, invite all our new students to come and explore the library!

This year, we have began Library Lessons filled with fun, games, learning, and of course, reading. This is a great opportunity to get to know your library, but don't forget – the library is open in the morning, after school, break, and lunch as well, so come along and find your next favourite book, play games, or have a chat.

I am also asking all KS3 students to fill in a “Me as a Reader” Identity Card, so apart from the books I choose, we can tailor our stock to the needs and wants of our young people to inspire them to read more and more. KS4 and KS5 are also invited to recommend books that they want to see in our library.

I am very excited to say that I had quite a few Student Librarian applications and some of the students are already coming to help out, while getting to know the library and making new friends. Here is one of my favourite applications so far:

I would really appreciate to be a student librarian because I am really dedicated to reading and I love it!!! Every time I read it feels like I get transported into a different universe full of fairy-tales and wonderlands and reading just means so much to me like a lung or something you can't live without. Honestly if I got selected as student librarian I would be over the world and my smile would be beaming.

I feel inspired!

It would seem we have had quite a few artists start this year. Have a read of the fantastic original poem, written by a Y7 student (on the next page)....

GENERAL NOTICES

Library News Continued

The Earth's Guardian

*The earth's guardian goes around,
Swaying and swashing,
But with no sound,
Wherever he goes,
Nobody knows,
Only the death of the night,
And where it snows,
But as morning breaks,
Sun draws near,
And when the guardian feels his fear,
He knows what time it is,
Yet as he leaves,
Fades behind,
A trace of magic,
Kind and pale,
There he stands,
The mighty male.*

[Nicolas, Y7]

We now have our own design Librarian badges! I think they look rather smart, don't you?



Have a **READventurous**
😊 weekend!

WOW! Don't you think? Just, WOW!

Art comes in many forms and in our library, the students make some amazing creations out of Lego. This year, the King of Lego, Sahas, was being challenged by two Y7s, but then it quickly turned into a wonderful collaboration and here are the results:

Just so you know, the item behind the figures is a book! It even opens and closes 😊.



As is now our tradition, Sahas always makes something I can put on my desk – a great conversation starter. This year, he made a rose and this adorable cat. Our pet library cat! Come to the library and give us your suggestions of what we should name it. The librarians and I will vote at the end of the month and if your name wins, you will get a small prize as well.

There is much more to share, so be sure to read the Newsletter every week!

Finally, if you took part in any of our Summer Reading Challenges, do come to me next week and show off!

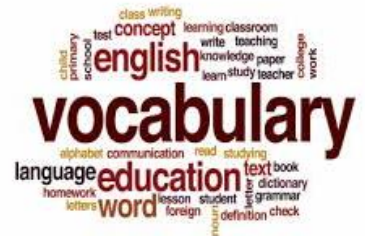
And now, new beginnings! It's anybody's game at this point, as long as you read and encourage others in your tutor group to do the same! Can you beat the current Champions, 8RM?

TERM 1 WEEK 2				
	Reading Champ		Tutor Group Reading Championship	
1	SU (9AS)	28	9AS	48
2	PL (10MJ)	16	8RM	36
3	BV(9RCR)	7	7GKE	33
4	AJ (9RCR)	5	9RH	28
5	NP (7GKE)	5	7ALW	24

GENERAL NOTICES

Why Vocabulary Matters: Everyday, Academic and Subject-Specific Words | Mr Dingley

At Greyfriars, we know that a strong vocabulary is one of the most powerful tools for learning. The more words students understand and can use, the more confident they become in reading, writing and speaking. To help us think about the types of words students need, we often group vocabulary into three broad categories.



Everyday Words (Tier 1)

These are simple, common words that most children learn naturally through speaking and listening. Examples include *book, table, run, happy*. Students rarely need to be taught these directly.

Academic Words (Tier 2)

These words are less common in everyday conversation but appear often in reading, lessons and exams. They are useful across many different subjects. Examples include *analyse, describe, contrast, evidence*. These words help students to think and write in more precise and sophisticated ways.

Subject-Specific Words (Tier 3)

These words belong to particular subjects and are often technical terms. For example: *photosynthesis* in science, *sonnet* in English, or *hypotenuse* in maths. Students need to learn these carefully in order to understand key ideas in each subject.

Why This Matters

The more academic and subject-specific vocabulary students know, the more they can access challenging ideas, succeed in exams and take part in thoughtful discussion. Vocabulary is not only about knowing what a word means but also having the confidence to use it.

How Parents Can Help

- Encourage your child to read widely, both fiction and non-fiction.
- Talk about new words when they appear in books, films or the news.
- Ask your child to explain subject-specific terms they are learning in school.

At Greyfriars, we are ambitious about language because words open the door to knowledge. A strong vocabulary is the foundation for success in every subject.

GENERAL NOTICES

Arbor Parent App | Launch Information

The Arbor Parent App is an essential tool for parents. It not only allows you to view your child's timetable, achievement and behaviour information, but you will also be able to book appointments for parents' evenings, select options for GCSEs and receive communications from school.

Please see the adjacent information about how to register and note that not all functions will be available / active straight away.

Thank you for your continued patience as we move to our new MIS system.



We're using Arbor's free Parent Portal and Parent App

We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Parent App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go!

The Parent Portal works on Google Chrome (computer or laptop) and you can download the Parent App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

How to get started

1. Wait for your welcome email from us telling you Arbor is ready - you won't be able to log in before
2. Click the link in your welcome email to set up your password
3. Go to the App or Google Play Store on your phone and search 'Arbor'
4. Click 'Install' on Android or 'Get' on iPhone then open the App
5. Enter your email, select the school, then enter your password
6. Accept the Terms & Conditions and enter your child's birthday

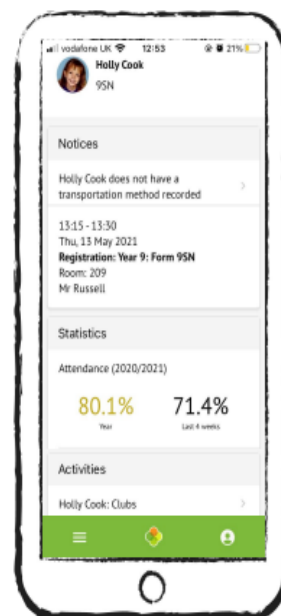
Need help using Arbor?

Contact the school office if you have questions about Arbor, the App or Parent Portal. Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

Some tips to try:

1. Ensure your username is the email address you use for Arbor. Ask us to **check the email address** linked to your account.
2. **Reset your password** from the login page, or ask us to do this.
3. If the login email was sent to you more than 96 hours ago, the **password link will have expired**. Ask us to send it again.
4. Ask the school office to check that your email address has not been used twice - e.g. on another guardian or child's profile.
5. **Enter the birthday** of one of your children to log in.
6. Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.



GENERAL NOTICES

Friends of Greyfriars

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

Free School Meals

Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

25 September | Meet the Form Tutor Evening 6.30pm – 7.30pm

1 October | Feast of St Francis Mass

2 October | Open Evening 6pm – 8pm

3 October | INSET Day – No student in school

6 – 8 October | Open Mornings (Appointment only)

16 October | PFMAC Concert

24 October | Last day of Term

27 – 31 October | Half Term

3 November | Term Begins

Donations

If you wish to make a donation to the school please click on the link.

DONATE



Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



You Tube

GENERAL NOTICES

Save the date!

GREYFRIARS
CHRISTMAS
Fayre

6th DECEMBER 2025
11:30AM - 2PM

JOIN US

GREYFRIARS CATHOLIC SCHOOL
ERICKET ROAD OXFORD OX4 3BR
TEL: 01865 749933 OFFICE@GFCSS.UK

LOCAL EVENTS AND OPPORTUNITIES

Maths Circles at Keble College



we solve
problems

Free Maths Circles in October 2025
for Y7-10 students - Register Now.

A registered charity "We Solve Problems" is inviting pupils to join the in-person weekly Maths Circle at Keble College (University of Oxford).

Maths Circles are free training sessions for maths lovers that promote the art of problem-solving and structured thinking. Students in years 7-11 who love puzzle-solving will enjoy the sessions regardless of their proficiency in the school curriculum. Maths students and professional mathematicians from Oxford University run Maths Circles.

To secure an invitation to the Circles, all students are welcome to participate in the London Verbal Maths Challenge, a fun oral-style Olympiad free of charge. Students in years 7-10 are invited to join, provided they enjoy problem-solving and math-based reasoning.

To register for participation in Maths Circles, please fill in the following form: [Register](#)

To find out more information about Maths Circles, please visit: [Maths Circles](#)

ART CLASSES



A PLACE TO BELONG, GROW & CREATE

BOOK A
TRIAL NOW!

- + Art Classes for Children 6+
- + Teen Art Classes
- + GCSE & A-Level Support
- + Holiday Art Workshops
- + Seasonal Family Workshops
- + Birthday Parties & Events

COMMITTED TO SAFEGUARDING | OFSTED REGISTERED | CHILDCARE VOUCHERS ACCEPTED



07384 670391
oxford@art-k.co.uk
art-k.co.uk/class-oxford
37 South Parade, Summertown, Oxford OX2 7JN



NHS
Oxford University Hospitals
NHS Foundation Trust

DISCOVER ROUTES INTO MEDICINE

After school talk Thursday 2 October 2025

Interested in careers in medicine?

- Meet real doctors and medical students
 - Discover the journey to becoming a medic
 - Top tips for getting ready for medical applications
 - Experience a real-life medical scenario
 - Get information about work experience and alternative pathways
 - Put your questions to our expert panel
- Whether you are decided or still exploring, this event is your gateway to understanding routes to medicine!

Discover Routes Into Medicine - Free event

WHO Students in Years 10 and above
WHEN Thursday 2 October 2025 from 5pm to 7pm
WHERE Lecture Theatre 1, Level 2 Academic Centre
John Radcliffe Hospital
Oxford OX3 9DU

How to find us ouh.nhs.uk/hospitals

Booking isn't essential, to help us plan, please scan the QR code and reserve a space



For more information:
Email contact: Admin.PD&E@oxnet.nhs.uk

For more information visit:

Visit: www.ouh.nhs.uk/working-for-us



Blackbird Leys



COMMUNITY LARDER

What is a community larder?

A membership programme that provides:

- Access to utility discounts and social tariffs
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

Oxford Hub Community Larder
Every Wednesday 12:30-14:00
Email: Hello@oxfordhub.org
Telephone: 01865 745265
If you have any further inquiries.

Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

£10
P/YEAR
ANNUAL JOINING FEE

INDIVIDUAL MEMBERSHIP FROM
£3.50
P/WEEK

FAMILY MEMBERSHIP FROM
£7
P/WEEK

An individual membership provides up to 10 items of non-perishables (pasta, tins etc.) per week plus free fruit and vegetables. A family membership is twice as much.

We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1141163



CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!

EVERY MONDAY
8:30PM TO 10:00PM
BICESTER

EVERY TUESDAY
6:30PM - 8:00PM
OXFORD

LOCAL EVENTS AND OPPORTUNITIES

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power



Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

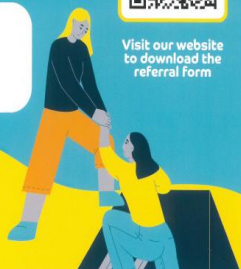
Get in touch

- enquiries@connectionsupport.org.uk
- 01865 711267
- connectionsupport.org.uk



Visit our website to download the referral form

Drop-in details:



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE



September Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Understanding Addictive Behaviour	15 Sep 10am
Supporting A Child With ADHD	15 Sep 7pm
Improving Family Communication	16 Sep 10am
Autism Improving Communication	16 Sep 7pm
Facing Defiance	22 Sep 10am
Anxiety Based School Avoidance	22 Sep 7pm
Understanding Anger	23 Sep 10am
Supporting Healthy Screen Use	23 Sep 7pm
FREE Facing Defiance	25 Sep 7-8pm
Introduction To OCD	29 Sep 10am
What Is ACT?	29 Sep 7pm
Cannabis and Ketamine Awareness	30 Sep 10am
Anxiety Explained	30 Sep 7pm
Understanding The Teenage Brain	6 Oct 10am
Supporting Healthy Sleep	6 Oct 7pm



Many schools are now onboard with the FACE school membership is Yours?



Anxiety-Based School Avoidance
Supporting a Child with ADHD
Facing Defiance
Understanding Anger
Addictive Behaviour
Understanding the Teenage Brain
Decreasing Depression
Improving Family Communication
Autism: Improving Communication
Raising Self-Esteem
Supporting Healthy Screen Use
Supporting Healthy Sleep
Cannabis & Ketamine Awareness
What is ACT?
Introduction to OCD
Anxiety Explained

FACE School Annual Membership Plan

Primary School £230

Secondary Schools and Colleges £380

Give ALL your parents and ALL your staff unlimited access to ALL the above FACE talks for Parents



contact Jane
info@facefamilyadvice.co.uk
facefamilyadvice.co.uk



LOCAL EVENTS AND OPPORTUNITIES

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB

Sports, Art, Cooking & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft

Music, Dance

Design & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport

Art, Games

Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



PARENT WEBINAR

Oxford Health
NHS Foundation Trust

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

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Oxford University Hospitals
NHS Foundation Trust

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Imaging Study of 11 to 18 Year olds with Head Injuries
Ethics Approval Reference: 24/SC/0155

Are you 11-18 years old?
We are looking for healthy volunteers to take part in our study!

What is the purpose of the study?
Head injuries are common in young people. While most recover well afterwards, some feel worse than expected. Currently, we don't know why this happens. This study could help us predict how well someone will recover after a head injury.

What does the study involve?
We will ask you to attend 2 visits at the FMRI B centre in John Radcliffe Hospital. The visits will take place 6 months apart, and will each last around 2 hours.

- Both visits will involve:
- A magnetic resonance imaging (MRI) brain scan
 - Questionnaires
 - Short tasks
 - Height & weight measurements



Who can take part?

- We are looking for young people who:
- ✓ are 11 to 18 years old
 - ✓ are fit and healthy
 - ✓ and take part in sports
- Unfortunately, you will not be able to take part if any of the following apply:
- Currently recovering from a head injury
 - Ever diagnosed with a neurological or psychiatric condition
 - Unsafe to be around a strong magnet
 - Previous head surgery



If you would like to find out more, please contact
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