

Weekly Newsletter

Friday 19th September 2025 | Issue 2

Dear Families

This week our reflections turned to John's Gospel. In it, we are reminded that we are one body, united as a human family. This message speaks powerfully to our world today, where divisions can so easily take hold. For us at Greyfriars, it reinforces our focus on the *Common Good* — our Catholic Social Teaching theme this term. To live this out means recognising that we are part of one human family, called to understand, respect, and support one another. It is in unity that we find strength and joy.

We are now well settled into the rhythm of school life. Lessons are purposeful, students are engaged, and there is a tangible sense of energy across the site. The launch of our enrichment programme has been a particular highlight this week. From sports clubs to creative arts, debating, gardening, remote controlled cars, and service opportunities, there is something for everyone. Enrichment is not an 'extra' at Greyfriars, it is part of who we are, giving every student a chance to grow in mind, body, and spirit and so it is built into our curriculum time.

Our Sixth Form students deserve a special mention. They are modelling the Greyfriars Way in an exemplary manner, setting high standards for the younger years. Their leadership, maturity and service to the and encouraging those just beginning their Greyfriars journey. We are so proud of them and their contribution to school life – especially our Jacari readers!

The weeks ahead will be busy and exciting. We are preparing for a number of visitors, which will give us the opportunity to share the best of what makes our community special: our faith, our learning, our care for one another, and our ambition to create the best possible environment for the children in our care.

I am especially looking forward to welcoming families to our **Meet the Form Tutor Evening next Thursday (25th September, 6.30pm)**. This is not a parents' evening in the traditional sense. It is something different and, I think, rather special. It is about connection: meeting tutors, seeing the school, and spending time with other families. It is an opportunity to strengthen the bonds of our school family, and to ensure communication between home and school remains open, supportive and strong. We look forward to seeing you.

As always, I encourage you to make the most of all that is on offer this term. There is so much to get involved in. I am especially keen on our rowing tasters and building our partnership with Falcon rowing. My ambition is to see a Greyfriars team competing in a regatta next summer is a step closer. I hope many of our students will seize this opportunity.

Thank you for all you do to support our community. It is through our shared commitment — staff, students and families together, that Greyfriars continues to flourish.

I wish you all a wonderful weekend, and I look forward with great hope to the term and year ahead.

Lyndsey Caldwell
Headteacher

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel - John 3: 13-17



13 No one has gone up to heaven except the one who came down from heaven, the Son of man; 14 as Moses lifted up the snake in the desert, so must the Son of man be lifted up 15 so that everyone who believes may have eternal life in him. 16 For this is how God loved the world: he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 17 For God sent his Son into the world not to judge the world, but so that through him the world might be saved.

Reflection

This week's Gospel explains that Jesus, the Son of Man, descended from heaven and will be "lifted up" on the cross to bring eternal life to believers. Through God's profound love, he gave his only Son, not to condemn the world, but to save it through faith in Him. This passage highlights the necessity of a spiritual rebirth and the promise of salvation for all who believe in Jesus, with the cross becoming an instrument of life rather than death.

Our school prayer intention this week was for teachers. Here is a lovely prayer written by a student:

"Dear Lord, we pray teachers have the patience to deal with the different students and the strength to go above and beyond for our education. St. John Bosco, Pray for them. Amen."



To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:
<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Catholic Life | Mr Greer

This week, current Catholic Life Ambassadors began recruiting our new Year 7s to join the team. Teams of two (just like in the Gospels) went to Year 7 form groups to share what Catholic Life Ambassadors do and why they are important to the school. We had a massive number of sign-ups! It's so encouraging to see the amount of Greyfriars students stepping up to be leaders.

We are also continuing to get ready for our Rome trip in the Spring. If you have not signed up yet, we only have a few spots remaining. Please pay the deposit and fill out the ParentPay form as soon as possible.

Have a blessed weekend!

Message for Year 7 | Mr Cunningham

This has been another excellent week for year 7, as they have been settling into their new routines, they have continued to grow in their confidence in enacting the Greyfriars way.

This week we have spoken together about the opportunities that we are given and that they will be able to take advantage of over the course of this year, and I look forward to seeing how they approach this challenge.

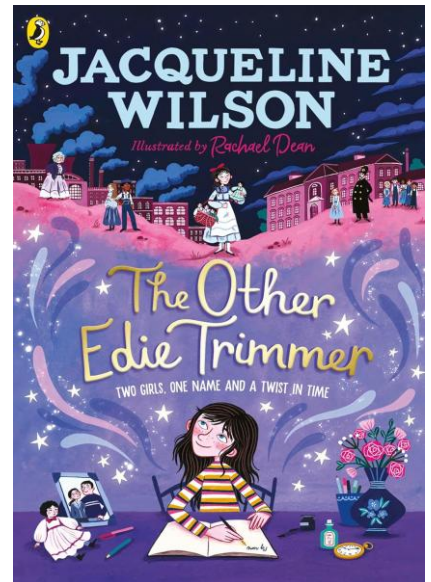
Finally I am thoroughly looking forward to meeting as many of you as possible at the Meet the Form Tutor evening on:

Thursday 25th of September.
6.30pm – 7.30pm

Weekly Book Review by Lian Gebana

The other Eddie Trimmer-Jacqueline Wilson

Another wonderfully written book by Jacqueline Wilson! The plot is exciting and the build up is positively thrilling in itself! If anyone was a fan of 'Hetty Feather' or even 'Clover Moon' then I'd definitely recommend this! This novel includes stirring themes of friendship, family and some certain struggles.



I'd also like to mention the intriguing setting and detail of Victorian England-which Wilson has written brilliantly many times before.

The protagonist is relatively relatable and she ends up seeing another (clearer) perspective on her fixation!

GENERAL NOTICES

Year 7 Students Try Their Hand at Rowing! | Miss Kenneford

On Wednesday during the enrichment session, ten of our Year 7 students had the fantastic opportunity to visit Falcon Rowing Club. The afternoon was full of excitement as students were introduced to the world of rowing.

They started off by trying the ski ergs, which gave them a taste of the fitness and technique rowers need. They also explored the club and got to see the impressive range of boats stored there. The highlight of the trip was, of course, getting out on the river and experiencing rowing for themselves!



The students had an amazing time and showed great enthusiasm and teamwork throughout the session. We are already looking forward to building on this experience and are excited about the possibility of launching our very own **Greyfriars Rowing Team** in the near future.

GENERAL NOTICES

Sixth Form News | Ms McCabe

I hope the start of term has been going well and students have settled into their new routines and subjects. Just a reminder about some of our routines in Sixth Form, particularly for our new students:

- ❖ **Attendance:** All students are required to be in school from 8:45am every day. This helps students develop excellent study habits and routines. If your child is absent from school, please contact school reception to report this on 01865 749933. We will only authorise absence if we have heard from a parent or carer. Any request for a planned absence must be made in writing to Ms Caldwell.
- ❖ **Independent study:** Sixth Form students should be completing 5 additional hours of independent study per week for A Level courses and 3 hours of independent study per week for L2 courses. This will include their homework and additional independent work guided by their teacher. We allocate time in the school day for students to complete their work and manage these expectations of independent study. These independent study sessions are called Super Study and Group Study on the timetable. Super Study is silent, independent study and Group Study is an opportunity for students to work collaboratively on tasks. Our Sixth Form pages on the school website give more information about resources for independent study and wider reading in Y12 and Y13.
- ❖ **Lanyards:** It is a safeguarding requirement for all Sixth Form students to wear their purple lanyard each day. These must be visible at all times whilst on the school site. If students lose their lanyard, they may be required to pay £5.00 for a replacement. This can be paid through Parent Pay
- ❖ **Termly updates** are sent to all of our Sixth Form families in the final week of each term. This letter is sent by email and shares the highlights of the term as well as key diary dates for the following term.



I am delighted to be working with you, the families, and all of our Y12 students this year. I hope to see as many of you as possible for our Meet the Tutor event on Thursday 25th September.

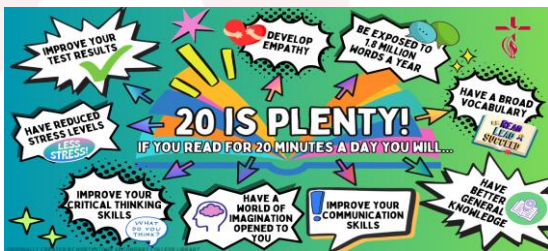
GENERAL NOTICES

Library News | Miss Brett

**WELCOME
to
THE
LIBRARY**

And we're back here again. Gosh, it is already going so quickly. The library has been buzzing this week, and it brings me so much joy! We have also had lots of students borrow books during our first library lessons, no doubt some tempted by the promised achievement points, rather than the excitement of holding a new story in their hand 😊. Whether that is the case, it does not matter. The road to the love of reading can be windy and slow, but it is very worthwhile and I am determined to turn as many students as possible into readers.

This week, I want to show you the magic of reading. Have a look at the poster below. Really look. Really read. REALLY take it in. Reading is not just better exam results; it is a better life. Through reading, you can improve so many aspects of your life and I am here to help you on your reading journey. All it takes is 20 minutes of reading a day to really make a difference in your life!



Fear not if reading is not your favourite pastime, we all have to start somewhere. Or, as I heard somebody say recently – just start where you are. If you are not a reader (yet), that's not a problem – I do like a challenge. Come and let me help you find a book that you will love (or at least not hate).

We have a wonderful variety of both fiction and non-fiction books, and some remarkable classics too. But if you're really not sure about reading, we have plenty of short reads too. Come on, give it a go. 20 minutes a day is all it takes 😊.

Don't forget our rewards either – one of which is the Reading Championship. Here's a reminder of what it is:

1. Reading Champion (for individual students) – borrow, read, return as many books from the library as you can to become our Reading Champion and win a mini trophy as a keepsake! (we are still doing the Library Loyalty Bookmarks as well!)
2. Tutor Group Reading Championship – borrow books from the library, read them, return them. Encourage students in your Tutor Group to do the same!



Continued on the next page...

GENERAL NOTICES

Library News Continued

We have weekly Leaderboard updates (below) and prizes every two terms. Come and chat with me if you want to find out more, or speak to the current champions – 8RM, or better yet – pop into their form room to admire the Championship Cup. It could be in your form room in January!

Speaking of, here is the current leader board.

Finally, here is the quote of the week:

“If my life is going to mean anything, I have to live it myself.”

— Percy Jackson, *The Lightning Thief*

Have a **READlightful** 😊 weekend!

Your Librarian, Ms Brett

| TERM 1 WEEK 2 | | | | |
|-----------------|---------------|------|----------------------------------|------|
| | Reading Champ | | Tutor Group Reading Championship | |
| 1 | SU (9AS) | 53 | 9AS | 73 |
| 2 | PL (10MJ) | 30 | 8RM | 52 |
| 3 | BV(9RCR) | 14 | 7GKE | 44 |
| 4 | AJ (9RCR) | 12 ↑ | 9RH | 42 ↑ |
| 5 | NP (7GKE) | 12 | 7ALW | 35 ↑ |

Ofsted SEND monitoring visit | Oxfordshire Parent Carers Forum

Ofsted are returning to Oxfordshire for a monitoring visit to assess progress following their 2023 inspection, which found widespread issues in local SEND services. Parent carers of children and young people with SEND are invited to share their experiences – both positive and negative – to help inspectors understand what’s working and where challenges remain.

Your feedback will go directly to Ofsted and will help shape future priorities and support. Please take a few minutes to complete the survey: <https://www.menti.com/alxnvajpno8>

Careers | Mr Dunne

eSTEM Careers Events for students - science, engineering and technology -
Wednesday 24th September 2025 (Information on Satchel for the relevant year groups)

Discover Careers in Pharmacy - Thursday 16th October 2025, Lecture Theatre 1, Level 2 Academic Centre Trauma, John Radcliffe Hospital, OX3 9DU, 5:15-7:00. Booking not required.

For lots of useful information regarding careers, please click:

[**Oxfordshire Careers Hub: Picks of the Week**](#)



GENERAL NOTICES

Arbor Parent App | Launch Information

The Arbor Parent App is an essential tool for parents. It not only allows you to view your child's timetable, achievement and behaviour information, but you will also be able to book appointments for parents' evenings, select options for GCSEs and receive communications from school.

Please see the adjacent information about how to register and note that not all functions will be available / active straight away.

Thank you for your continued patience as we move to our new MIS system.



We're using Arbor's free Parent Portal and Parent App

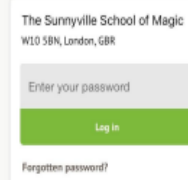
We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Parent App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go!

The Parent Portal works on Google Chrome (computer or laptop) and you can download the Parent App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

How to get started

1. Wait for your welcome email from us telling you Arbor is ready - you won't be able to log in before
2. Click the link in your welcome email to set up your password
3. Go to the App or Google Play Store on your phone and search 'Arbor'
4. Click 'Install' on Android or 'Get' on iPhone then open the App
5. Enter your email, select the school, then enter your password
6. Accept the Terms & Conditions and enter your child's birthday



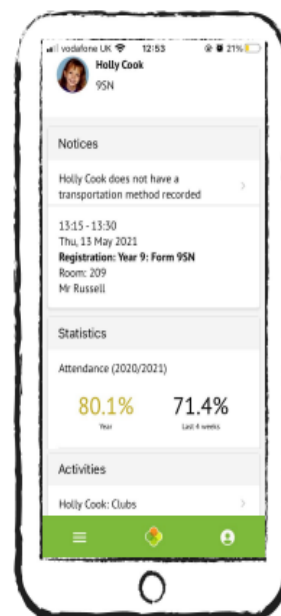
Need help using Arbor?

Contact the school office if you have questions about Arbor, the App or Parent Portal. Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

Some tips to try:

1. Ensure your username is the email address you use for Arbor. Ask us to **check the email address** linked to your account.
2. **Reset your password** from the login page, or ask us to do this.
3. If the login email was sent to you more than 96 hours ago, the **password link will have expired**. Ask us to send it again.
4. Ask the school office to check that your email address has not been used twice - e.g. on another guardian or child's profile.
5. **Enter the birthday** of one of your children to log in.
6. Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.



GENERAL NOTICES

Friends of Greyfriars

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

Free School Meals

Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

25 September | Going for Gold KS5 Maths Trip

25 September | Meet the Form Tutor Evening 6.30pm – 7.30pm

1 October | Feast of St Francis Mass

2 October | Open Evening 6pm – 8pm

3 October | INSET Day – No student in school

6 – 8 October | Open Mornings (Appointment only)

16 October | PFMAC Concert

24 October | Last day of Term

27 – 31 October | Half Term

Donations

If you wish to make a donation to the school please click on the link.

[**DONATE**](#)



Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



You Tube

GENERAL NOTICES

Save the date!

GREYFRIARS
CHRISTMAS
Fayre

6th DECEMBER 2025
11:30AM - 2PM

JOIN US

GREYFRIARS CATHOLIC SCHOOL
ERICKET ROAD OXFORD OX4 3BR
TEL: 01865 749933 OFFICE@GFCSS.UK

LOCAL EVENTS AND OPPORTUNITIES

CHILD CARE VOUCHERS ACCEPTED

Next Thing

OCTOBER 2025

TECH & STEM CAMP

OFSTED REGISTERED

WITH TAKE HOME INVENTIONS!

OCTOBER HALF TERM 2025

What's on?

Different activity theme each day, please check website for your specific camps activities


REVOLUTING R•B•TICS


EERIE ENGINEERING


MYSTERY MINECRAFT


Spooky FILM MAKING


TERRIFYING TECH FUN

NEW Take Home Inventions







20th -31st October LIMITED SPACES

GET READY FOR SPOOKY TECH FUN!

Robots



Inventions

Minecraft +LEGO



Engineering

VR



Tech Fun!

Dragon School, OX2 6SS

Ages 5-11, 9 am - 4 pm daily

£39.99 per day

Book now:
www.nextthing.education

5 days for only

£175

Save £25

★★★★★

"My son LOVED camp — he came home buzzing, with the things he made!"

Kate Sarjeant - Google Review

★★★★★

"My son had a wonderful time and was begging to go again."

Cliff Coleman - Google Review

★★★★★

"Staff who truly care about children and will ensure that they enjoy the camp."

Imha Shrivastava - Google Review

LIMITED SPACES, BOOK YOUR CHILD'S PLACE TODAY!

W: www.nextthing.education T: 01442 873150

Oxford Hub

SENtipe

SEN COFFEE MORNINGS!

Fortnightly coffee mornings for PARENTS of children with SEN (diagnosed/undiagnosed) and professionals.

Join us for a FREE talk presented by a guest speaker.

It's a time to relax, chat, share opinions & experiences, support each other, have a laugh or shed a tear, all over a cup of coffee.

NEXT SESSION

Thursday:
Sept: 11th and 25th
October: 9th

Time:
9.30-11:00

Location:
The Jungle, Templars Square (OX4 3XH)

DONNA@OXFORDHUB.ORG
FOR MORE INFORMATION

OXFORDSHIRE PARENT CARERS FORUM
A Voice for Parent Carers in Oxfordshire

CAMHS
Child and Adolescent Mental Health Service

WEDNESDAY WEBINAR SERIES

Wednesdays | 12:00-1:30 PM

To register for a webinar visit: <https://oxpcf.org.uk/webinars>

24 September 2025

What to Expect from the CAMHS: NDC (Neurodevelopmental Conditions) Service

22 October 2025

Supporting family member's mental health through compassion

26 November 2025

Emotional Based School Avoidance (EBSA)

17 December 2025

Autistic Burnout

28 January 2026

Demand Avoidance

25 February 2026

Understanding, preventing, and supporting meltdowns

25 March 2026

Support in the community for young adults (post-18)

These sessions, presented in partnership with CAMHS, aim to provide insights, expert guidance, and discussions on key topics related to SEND.
To learn more or register for a webinar please visit: oxpcf.org.uk/webinars

LOCAL EVENTS AND OPPORTUNITIES

Maths Circles at Keble College



we solve
problems

Free Maths Circles in October 2025
for Y7-10 students - Register Now.

A registered charity "We Solve Problems" is inviting pupils to join the in-person weekly Maths Circle at Keble College (University of Oxford).

Maths Circles are free training sessions for maths lovers that promote the art of problem-solving and structured thinking. Students in years 7-11 who love puzzle-solving will enjoy the sessions regardless of their proficiency in the school curriculum. Maths students and professional mathematicians from Oxford University run Maths Circles.

To secure an invitation to the Circles, all students are welcome to participate in the London Verbal Maths Challenge, a fun oral-style Olympiad free of charge. Students in years 7-10 are invited to join, provided they enjoy problem-solving and math-based reasoning.

To register for participation in Maths Circles, please fill in the following form: [Register](#)

To find out more information about Maths Circles, please visit: [Maths Circles](#)

ART CLASSES



A PLACE TO BELONG, GROW & CREATE

BOOK A
TRIAL NOW!

- + Art Classes for Children 6+
- + Teen Art Classes
- + GCSE & A-Level Support
- + Holiday Art Workshops
- + Seasonal Family Workshops
- + Birthday Parties & Events

COMMITTED TO SAFEGUARDING | OFSTED REGISTERED | CHILDCARE VOUCHERS ACCEPTED



07384 670391
oxford@art-k.co.uk
art-k.co.uk/class-oxford
37 South Parade, Summertown, Oxford OX2 7JN



NHS
Oxford University Hospitals
NHS Foundation Trust

DISCOVER ROUTES INTO MEDICINE

After school talk Thursday 2 October 2025

Interested in careers in medicine?

- Meet real doctors and medical students
 - Discover the journey to becoming a medic
 - Top tips for getting ready for medical applications
 - Experience a real-life medical scenario
 - Get information about work experience and alternative pathways
 - Put your questions to our expert panel
- Whether you are decided or still exploring, this event is your gateway to understanding routes to medicine!

Discover Routes Into Medicine - Free event

WHO Students in Years 10 and above
WHEN Thursday 2 October 2025 from 5pm to 7pm
WHERE Lecture Theatre 1, Level 2 Academic Centre
John Radcliffe Hospital
Oxford OX3 9DU

How to find us ouh.nhs.uk/hospitals

Booking isn't essential, to help us plan, please scan the QR code and reserve a space



For more information:
Email contact: Admin.PD&E@oxnet.nhs.uk

For more information visit:

Visit: www.ouh.nhs.uk/working-for-us



Blackbird Leys



COMMUNITY LARDER

What is a community larder?

A membership programme that provides:

- Access to utility discounts and social tariffs
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

Oxford Hub Community Larder
Every Wednesday 12:30-14:00
Email: Hello@oxfordhub.org
Telephone: 01865 745265
If you have any further inquiries.

Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

£10
P/YEAR
ANNUAL JOINING FEE

INDIVIDUAL MEMBERSHIP FROM
£3.50
P/WEEK

FAMILY MEMBERSHIP FROM
£7
P/WEEK

An individual membership provides up to 10 items of non-perishables (pasta, tins etc.) per week plus free fruit and vegetables. A family membership is twice as much.

We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1141762



CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!

EVERY MONDAY
8:30PM TO 10:00PM
BICESTER

EVERY TUESDAY
6:30PM - 8:00PM
OXFORD

LOCAL EVENTS AND OPPORTUNITIES

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power



Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

Get in touch

- enquiries@connectionsupport.org.uk
- 01865 711267
- connectionsupport.org.uk



Visit our website to download the referral form

Drop-in details:



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE



FACE September Timetable

All sessions delivered live online via zoom, 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

| | |
|-----------------------------------|---------------------|
| Understanding Addictive Behaviour | 15 Sep 10am |
| Supporting A Child With ADHD | 15 Sep 7pm |
| Improving Family Communication | 16 Sep 10am |
| Autism Improving Communication | 16 Sep 7pm |
| Facing Defiance | 22 Sep 10am |
| Anxiety Based School Avoidance | 22 Sep 7pm |
| Understanding Anger | 23 Sep 10am |
| Supporting Healthy Screen Use | 23 Sep 7pm |
| FREE Facing Defiance | 25 Sep 7-8pm |
| Introduction To OCD | 29 Sep 10am |
| What Is ACT? | 29 Sep 7pm |
| Cannabis and Ketamine Awareness | 30 Sep 10am |
| Anxiety Explained | 30 Sep 7pm |
| Understanding The Teenage Brain | 6 Oct 10am |
| Supporting Healthy Sleep | 6 Oct 7pm |



Many schools are now onboard with the FACE school membership is Yours?



- Anxiety-Based School Avoidance
- Supporting a Child with ADHD
- Facing Defiance
- Understanding Anger
- Addictive Behaviour
- Understanding the Teenage Brain
- Decreasing Depression
- Improving Family Communication
- Autism: Improving Communication
- Raising Self-Esteem
- Supporting Healthy Screen Use
- Supporting Healthy Sleep
- Cannabis & Ketamine Awareness
- What is ACT?
- Introduction to OCD
- Anxiety Explained

FACE School Annual Membership Plan

Primary School £230

Secondary Schools and Colleges £380

Give ALL your parents and ALL your staff unlimited access to ALL the above FACE talks for Parents



contact Jane
info@facefamilyadvice.co.uk
facefamilyadvice.co.uk



LOCAL EVENTS AND OPPORTUNITIES

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB

Sports, Art, Cooking & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft

Music, Dance
Design & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport

Art, Games
Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

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NHS Oxford Health
NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS

7 years+ recommended

Biology week

Poo trivia quiz

Find out what happens in our guts and toilets.

Get your free tickets to the online event to participate in the live quiz
5pm Friday 17 Oct
2pm Saturday 18 Oct

<https://PooTriviaQuiz.eventbrite.co.uk>

Sponsored by:

wooclup helps people to teach and learn

Yes, we are real poo scientists.

#BiologyWeek is an annual celebration of the biosciences hosted by: **Royal Society of Biology**

Created by: **OXFORD CENTRE FOR MICROBIOME STUDIES** and **KENNEDY**

20th-21st September

BIG

Open Weekend

Try our facilities for FREE

The "BIG OPEN WEEKEND" (Splash and Play) is running @ Blackbird Leys leisure centre, Ferry Leisure centre & Barton Leisure centre, and offers a wide range of free activities from swimming lessons, family fun, inflatable session, soft play and Tag-X.

All of these exciting offers can be viewed and booked online through the following website, simply select which sites suits you.

<https://www.oxford.gov.uk/leisure-centres-swimming-pools>