

Weekly Newsletter

Friday 26th September 2025 | Issue 3

Dear Families

This week in our Gospel reflection we heard Jesus' teaching: 'You cannot serve both God and money.' It is striking that Jesus speaks about money more than almost anything else. Why? Because he knew how easily it could take over people's hearts. Money itself is not bad; we need it for food, clothes, even the bus ticket to school. But the parable of the dishonest manager reminds us that wealth has no value unless it is used to build community. It challenges us to choose carefully what we serve: do we put people, kindness, fairness and love first: or do we let money, possessions and status lead the way? Sometimes, we can be distracted. At Greyfriars, this challenge links closely to our values: **Knowledge** helps us see clearly what truly matters. **Care** reminds us that people are always more valuable than possessions. **Ambition** directs us to live lives of meaning, not just lives chasing wealth.

In our year group assemblies this week, Mr Greer (Leader of Catholic Life and Mission) and Mr Edmed (Deputy Headteacher) helped us prepare for our Feast of St Francis Mass next week, which also falls on the feast day of St Thérèse of Lisieux: the inspiration for the Greyfriars Way! These reflections tie together so many of our recent themes: how we can be inspired by others, and how, through our own actions, we can inspire others and build the Common Good.

It has also been a week of wonderful connections across our community. On Thursday we were delighted to welcome so many of you to our **Meet the Form Tutor Evening**. This was a very special occasion, not a parents' evening in the traditional sense, but a chance to place the form tutor as an important link in our school family. Meeting together, strengthening relationships, and sharing a sense of belonging is what makes Greyfriars unique.

On Wednesday we hosted **Citizens UK Big Listen**. Our Catholic Life Ambassadors spoke with grace, power and hope, leading the event with confidence and reminding us that the voices of young people matter.



On the sports field, our students have shown commitment and team spirit in three football matches. Despite not emerging as victors this time, we could not be prouder of the determination, teamwork, and Way they displayed.

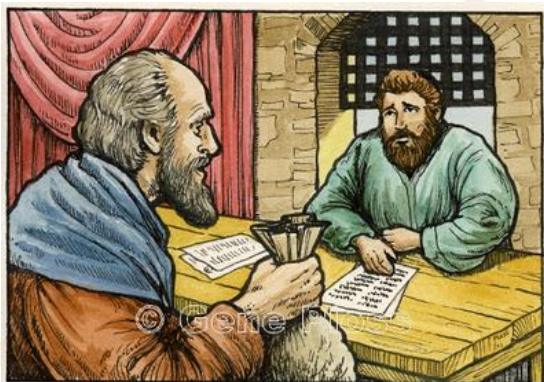
It has been a busy, joyful week, full of opportunities to live out our mission together.

As we look ahead, I encourage families to make the most of all that is on offer; from enrichment and library opportunities, to rowing tasters with Falcon Rowing Club, to the preparations for our Christmas Fair in December. Together, let us keep choosing to put our community before possessions, the Common Good before self-interest, and love before anything else.

Lyndsey Caldwell
Headteacher

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel - Luke 16: 1-13



¹ He also said to his disciples, 'There was a rich man and he had a steward who was denounced to him for being wasteful with his property. ² He called for the man and said, "What is this I hear about you? Draw me up an account of your stewardship because you are not to be my steward any longer." ³ Then the steward said to himself, "Now that my master is taking the stewardship from me, what am I to do? Dig? I am not strong enough. Go begging? I should be too ashamed. ⁴ Ah, I know what I will do to make sure that when I am dismissed from

office there will be some to welcome me into their homes." ⁵ 'Then he called his master's debtors one by one. To the first he said, "How much do you owe my master?" ⁶ "One hundred measures of oil," he said. The steward said, "Here, take your bond; sit down and quickly write fifty." ⁷ To another he said, "And you, sir, how much do you owe?" "One hundred measures of wheat," he said. The steward said, "Here, take your bond and write eighty." ⁸ 'The master praised the dishonest steward for his astuteness. For the children of this world are more astute in dealing with their own kind than are the children of light.' ⁹ 'And so I tell you this: use money, tainted as it is, to win you friends, and thus make sure that when it fails you, they will welcome you into eternal dwellings. ¹⁰ Anyone who is trustworthy in little things is trustworthy in great; anyone who is dishonest in little things is dishonest in great. ¹¹ If then you are not trustworthy with money, that tainted thing, who will trust you with genuine riches? ¹² And if you are not trustworthy with what is not yours, who will give you what is your very own? ¹³ 'No servant can be the slave of two masters: he will either hate the first and love the second, or be attached to the first and despise the second. You cannot be the slave both of God and of money.'

Reflection

This week's Gospel teaches that believers should be as shrewd and strategic with spiritual "riches" (using their time, talents, and money) as the steward was with his master's wealth. Christians should use worldly possessions ("unrighteous mammon") to create "friends" by practicing generosity and helping the poor, thereby securing a welcome into "eternal dwellings" when their earthly time runs out. The parable challenges believers to be faithful stewards of God's resources, preparing for their heavenly future with the same urgency and foresight as the unjust steward planned for his earthly one.

To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:
<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Catholic Life | Mr Greer

Our school has been praying a Novena (a 9 day prayer) dedicated to St. Therese of Liseaux this week, as we anticipate her feast day on October 1st. This Friday marks day 5 of the prayer: we encourage you to continue whilst at home.

Little Flower of Jesus, from the very first moment of your religious life you thought only of denying yourself in all things so as to follow Jesus more perfectly; help me to bear patiently the trials of my daily life. Teach me to make use of the trials, the sufferings, the humiliations, that come my way, to learn to know myself better and to love God more. Amen.



Assemblies this week were based on **reverence** and how **St. Francis** practiced this in his own life. This is especially important as we celebrate the feast of St. Francis next week on Wednesday 1st October. We hope that all students will have the opportunity to meet and connect with God in this time of reverence, and that their hearts will be opened to something new.

We were delighted to host Citizens UK this week at Greyfriars, a large triumph mainly due to the incredible work of our Catholic Life Ambassador team. Lian and Mfoniso co-hosted the event, and other ambassadors helped to set up the space and refreshments to welcome our guests. We are excited to launch our campaign to make Oxford a city where everyone thrives!



GENERAL NOTICES

Match Report | Mr Dunne

Girls' Football: A Display of Heart and Honour

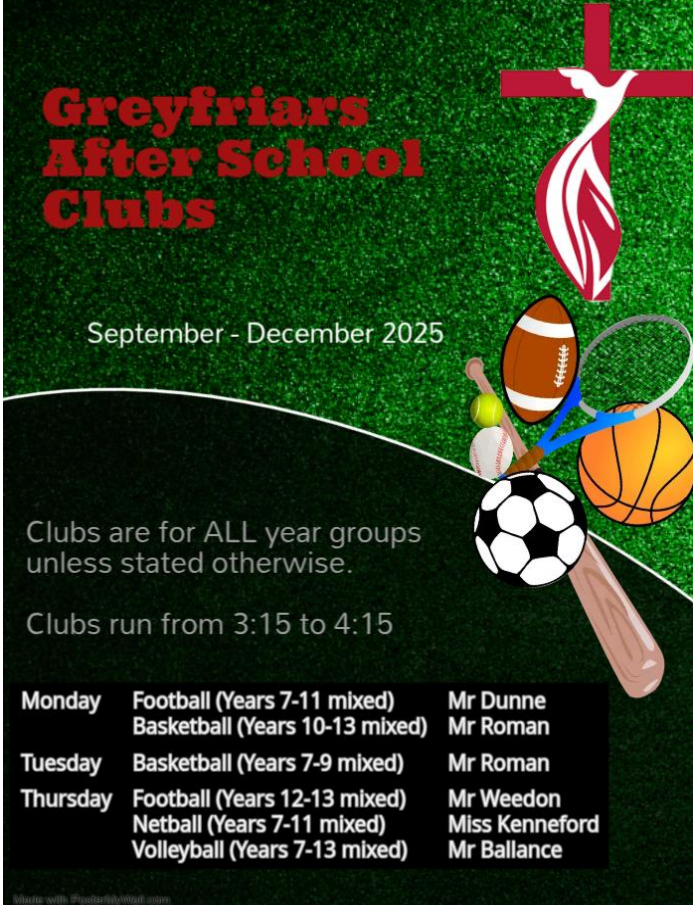
This week, our U12 and U13 girls proudly represented Greyfriars in a spirited football fixture. While the final score wasn't the one we'd hoped for, the performance on and off the pitch was something to truly celebrate.

From start to finish, our players showed remarkable determination, resilience, and togetherness. They embraced the opportunity to represent the school with dignity and respect — while also showing care, ambition, and a genuine love for the game. Their ability to laugh, smile, and support one another throughout the match was a testament to their character and team spirit.

Their efforts didn't go unnoticed. The teacher from the opposing school took the time to praise our girls for their outstanding sportsmanship, attitude, and positivity — a reflection of everything we strive for at Greyfriars.

We're incredibly proud of them and remain committed to promoting girls' football across the school. There will be plenty more opportunities to get involved, and we encourage any girls interested to join our football club on Mondays after school — all are welcome!

Let's keep building something special.



**Greyfriars
After School
Clubs**

September - December 2025

Clubs are for ALL year groups unless stated otherwise.

Clubs run from 3:15 to 4:15

Monday	Football (Years 7-11 mixed) Basketball (Years 10-13 mixed)	Mr Dunne Mr Roman
Tuesday	Basketball (Years 7-9 mixed)	Mr Roman
Thursday	Football (Years 12-13 mixed) Netball (Years 7-11 mixed) Volleyball (Years 7-13 mixed)	Mr Weedon Miss Kenneford Mr Ballance

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GENERAL NOTICES

Match Report | Mr Dunne

Greyfriars 4–1 Cranford School

On Tuesday, our Year 9 boys delivered a commanding performance against Cranford School in the ESFA Small Schools' Cup, securing a 4–1 victory and a place in the next round.

Spectacular football was on display from both sides, with Cranford showing resilience and skill throughout. However, it was Greyfriars who took control of the game, thanks to excellent teamwork, sharp communication, and relentless energy across the pitch.

Dominic J led the scoring with a well-earned brace, while Ronnie and Lushan each added a goal to cap off a confident team effort.



A brilliant result and a great reflection of the hard work these players have been putting in - onwards to Round Two!

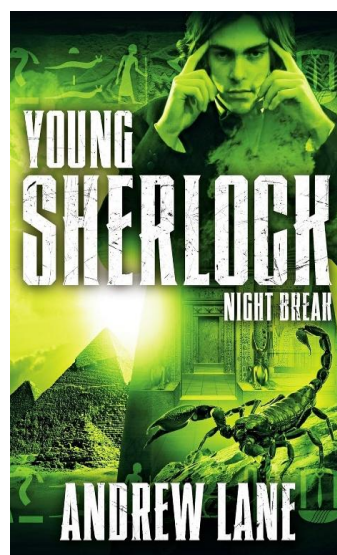
Weekly Book Review by Lian Gebana

Young Sherlock – Night Break by Andrew Lane

A captivating look into our favourite consulting detective's childhood! It features an interesting dynamic of what occurred in Sherlock's family and focuses intently on his past, personal relationships-particularly how he dealt with them as a clever but troubled teenager.

Without giving away too much Sherlock has to handle some seriously strange events along with all but one of his immediate family members being 'distant'. However that may be an understatement for what actually happens.

Despite this the story creates a great tale that you have to follow along yourself and perhaps then you'll fit all the pieces together.



GENERAL NOTICES

Message for Year 8 and Year 9 | Mrs Reddy

We are delighted to see how well our new students are settling into life at Greyfriars. A huge thank you goes to our fantastic Y8 and Y9 students who have shown true kindness by welcoming them into their friendship groups, helping with routines, and offering a friendly face around school. Your small acts of inclusion, whether it's a smile, a seat at lunch, or a helping hand make a big difference. We are proud of the empathy and respect you're showing every day.

A massive thank you to all the guides that helped out at Meet the Form Tutor evening. Keep it up! Kindness is contagious, and you're setting the tone for a positive school community!

Thank you to all caregivers who attended Meet the Form Tutor evening, it was great to see you.

Congratulations to all students with 100% attendance. Thank you to the tutors for their ongoing support. Keep on striving to be a better version of yourself Y8 and Y9!

Message for Year 7 | Mr Cunningham

It was a pleasure to meet so many of you at Meet the Tutor event last night. It was a joyful evening and lovely to be able to put names to faces for myself and the form tutors.

A special thank you to our Y7 volunteers who welcomed families to Greyfriars. Mia, Bella and Logan represented our school so well.

This week has been full of successes, with these students receiving over 50 achievement points this week: Charlie, Laura, Esther, Eufrazia, Muhammed, Jeffrey, Mariama, Mya, Sadew, Alyssa and Elia.

Well done to all Y7 students!
Another fantastic week

Message for KS4 | Mr Weedon

Y10 and Y11 have had a great week. We have been talking about making the most of any opportunities that come up. A good example of this was when 10MJ were offered the opportunity to visit the Curiosity Cube having got the most achievement points on Wednesday – they loved it!

Thank you to all the families who came to the Meet The Tutor evening. It was lovely to see you all and I know the tutors really enjoyed it.

Weekly Achievement Points

10SA	759
10MJ	725
10CT	486
10JOD	427

11JS	675
11JM	358
11RHO	256



GENERAL NOTICES

Sixth Form News | Ms McCabe

We have had wonderful interest this week in our Leadership and Volunteering projects. I could not be more impressed with how our Y12 and Y13 are approaching not only their studies this year, but also their commitment to our school community. Here's some of the things our Sixth Form are leading in school:

Reading Mentoring

We have had over 20 students across Y12 and Y13 sign up to be Reading Mentors. These students had their first training this week. They will work one to one with Y7 and Y8 students, reading a book together, building confidence and fostering a love of reading. We are excited to see this programme up and running and know the impact this project can have on both the mentors and their mentees.

Debating

Our Sixth Form debate teams are also officially up and running. Our first debate takes place next week. Students will prepare to argue either for or against the statement 'Freedom of speech is neither possible nor desirable'. We want students to think critically and logically about the world and debating is an excellent way to practise this.

Bar Mock Trial

Led by Dr Kay, a committed group of Y12s are busy preparing for the Bar Mock Trial and assigning their roles. The competition is a brilliant opportunity for all the students involved. We wish them lots of luck in getting through the different rounds of the competition!

Alumni

Today is an exciting day as we welcome back a group of ex-students to talk to our Y12 and Y13. They'll be sharing what they've learned since leaving Greyfriars, passing on their wisdom. We'll share more details about this event in next week's newsletter.

**St Frideswide Primary School
Open Evening**

**Is your child starting school in
September 26?**

Come and find out how St Frideswide Primary put nurture based practice into action, next door to Florence Park!



Join us for a presentation and tour with our Head on 8th October at 15:30 or 18:30 and explore our school at one of our open sessions:

Monday 13th October 9.15-10.00

Friday 17th October 9.15-10.00

Monday 10th November 1.00 pm-1.45 pm

Friday 14th November 1.00 pm -1.45 pm

Book your place [here](#).

GENERAL NOTICES

Library News | Miss Brett

WELCOME
to
THE
LIBRARY

Hello everybody! Can you believe it's nearly October?

Again, we've been very busy in the library this week, with students coming to read, relax, do some mindful colouring, or play games. We've had lots of new students sign up to be Student Librarians too (yay!), so we are slowly training them, so they can help us (and you).

If you're interested, come and get your application form (it's not as scary as it sounds!) 😊. There are plenty of things to do, from shelving, to making displays, to organising specific areas. You can also write book reviews, run one of our clubs, or recommend something completely new that you think we should be doing in the library.

This week, we have also started preparing for the October events: Black History Month, National Poetry Day, and of course, Halloween. We will have displays, activities, and workshops from next week, so be sure to pop in and have a look!

Also, if you want to display information about a specific person to celebrate them during Black History Month, please come to the library and share it with Ms Brett.

As for poetry, feel invited to....

[REDACTED] join [REDACTED]
[REDACTED]
[REDACTED] us [REDACTED]
for [REDACTED] blackout [REDACTED]
[REDACTED] poetry [REDACTED]
[REDACTED] workshop [REDACTED]
[REDACTED] on [REDACTED] Thursday [REDACTED]
[REDACTED] 2nd [REDACTED] October
[REDACTED]

Poetry is great for the soul, so I am planning to open a Poetry Pharmacy in the coming weeks, in which poems are used as therapeutic "prescriptions" for moods, worries, or everyday challenges. For that reason, I would like to encourage all students and staff to submit poems that make them feel good. The poems can be originals, or those by well known authors. Whatever makes you feel better when you're stressed, heartbroken, overwhelmed, lonely, I'd love to add it to our treasury.

I am also launching my "READING ROCKS" campaign soon. If you love reading, come join us, and you'll get an awesome badge to show it off! That way, we can all be united in our love of reading and, hopefully, it will spark many conversations with more reluctant readers and encourage them to give it a go. We will make "READING ROCKS" into a positive movement and convince everybody around us that reading IS what the cool kids do! :)



Continued on the next page...

GENERAL NOTICES

Library News Continued

Finally, here is the weekly Reading Championship update:

TERM 1 WEEK 4				
	Reading Champ		Tutor Group Reading Championship	
1	SU (9AS)	74	9AS	95
2	PL (10MJ)	45	7KR	69 ↑
3	BV (9RCR)	15	8RM	59
4	BD (8RM)	14 ↑	7ALW	57 ↑
5	AJ (9RCR)	14	10MJ	46 ↑

Have a **READtastic** 😊 weekend!

Ofsted SEND monitoring visit | Oxfordshire Parent Carers Forum

Ofsted are returning to Oxfordshire for a monitoring visit to assess progress following their 2023 inspection, which found widespread issues in local SEND services. Parent carers of children and young people with SEND are invited to share their experiences – both positive and negative – to help inspectors understand what’s working and where challenges remain.

Your feedback will go directly to Ofsted and will help shape future priorities and support. Please take a few minutes to complete the survey: <https://www.menti.com/alxnvajnp08>

Careers | Mr Dunne



Discover Careers in Pharmacy - Thursday 16th October 2025, Lecture Theatre 1, Level 2 Academic Centre Trauma, John Radcliffe Hospital, OX3 9DU, 5:15-7:00. Booking not required.

For lots of useful information regarding careers, please click:
[**Oxfordshire Careers Hub: Picks of the Week**](#)



GENERAL NOTICES

Friends of Greyfriars

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

Free School Meals

Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

- 1 October | Feast of St Francis Mass
- 2 October | Open Evening 6pm – 8pm
- 3 October | INSET Day – No students in school
- 6 – 8 October | Open Mornings (Appointment only)
- 16 October | PFMAC Concert
- 24 October | Last day of Term
- 27 – 31 October | Half Term
- 3 November | Term 2 begins
- 6 November | Catholic Life Ambassadors Youlbury retreat

Donations

If you wish to make a donation to the school please click on the link.

[**DONATE**](#)

Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit: <https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



You Tube

GENERAL NOTICES

Save the date!



LOCAL EVENTS AND OPPORTUNITIES



CHILD CARE VOUCHERS ACCEPTED

OCTOBER 2025

TECH & STEM CAMP

WITH TAKE HOME INVENTIONS!

GET READY FOR SPOOKY TECH FUN!

Robots



Inventions

Minecraft +LEGO



Engineering

VR



Tech Fun!

Dragon School, OX2 6SS
Ages 5-11, 9 am - 4 pm daily
£39.99 per day

Book now:
www.nextthing.education

5 days for only £175
save £25!

OCTOBER HALF TERM 2025

What's on?

Different activity theme each day, please check website for your specific camps activities


REVOLUTING R•B•TICS


VR ENGINEERING


MYSTERY MINECRAFT


Spooky FILM MAKING


TERRIFYING TECH FUN

NEW Take Home Inventions







20th -31st October LIMITED SPACES

WHAT TO EXPECT:

At Next Thing Education, our goal is to ignite curiosity, fuel creativity, and empower young minds for the future!

This October, children will explore micro-robots, video game design, LEGO WeDo2, animation, augmented reality, 3D pens, movie making, VR, Minecraft, Marvel, and even launch their own science rockets — with a Spooky Dress-Up Friday to finish the week!

★★★★★

"My son LOVED camp — he came home buzzing, with the things he made!"

Kate Sarjeant - Google Review

★★★★★

"My son had a wonderful time and was begging to go again."

Gill Coleman - Google Review

★★★★★

"Staff who truly care about children and will ensure that they enjoy the camp."

Imra Shrivastava - Google Review

LIMITED SPACES, BOOK YOUR CHILD'S PLACE TODAY!

W: www.nextthing.education T: 01442 873150

QUIZ NIGHT

WITH



DARRAGH 'THE MENACE' ENNIS

FROM THE CHASE

Do you have what it takes to beat the chaser?
Join us to fundraise for Éire Óg Gaelic football club.
Refreshments and prizes on the night.


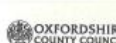


11TH OCTOBER

7.00 - 10.30PM

HORSPATH VILLAGE HALL, OX33 1RT

TICKETS £12

www.fienta.com/quiz-night-with-the-menace-148293
 or contact the club on secretary.eireog.hertfordshire@gaa.ie

LEYS YOUTH HUB

LOCATION: LEYS POOL AND LEISURE CENTRE, PEGASUS ROAD
FREE ACTIVITIES FOR 11 - 18

MONDAYS 3.30 PM - 5.30PM:
CREATIVE SESSION
BAKING, ART, MUSIC

THURSDAYS 3.30 PM - 5PM:
CREATIVE SESSION
COOKING, BAKING, ART, MUSIC

TUESDAYS 4PM - 6PM:
GIRLS GROUP
NAILS & BEAUTY, GAMES,
MOVIE NIGHTS

PLUS ROCK CLIMBING (PREBOOK ONLY)

MONDAY 5.30PM - 6.30PM

THURSDAY 5PM - 6PM & 6PM - 7PM

TUESDAYS 6.15PM - 8PM:
OPEN ACCESS
GAMES, COOKING, CHILL OUT

CALL LYDIA ON 07483007103
 OR JEN ON 07483010739

FOR ROCK CLIMBING BOOKINGS EMAIL
LEYSYOUTHUB@OXFORD.GOV.UK

LOCAL EVENTS AND OPPORTUNITIES

Maths Circles at Keble College



we solve
problems

Free Maths Circles in October 2025
for Y7-10 students - Register Now.

A registered charity "We Solve Problems" is inviting pupils to join the in-person weekly Maths Circle at Keble College (University of Oxford).

Maths Circles are free training sessions for maths lovers that promote the art of problem-solving and structured thinking. Students in years 7-11 who love puzzle-solving will enjoy the sessions regardless of their proficiency in the school curriculum. Maths students and professional mathematicians from Oxford University run Maths Circles.

To secure an invitation to the Circles, all students are welcome to participate in the London Verbal Maths Challenge, a fun oral-style Olympiad free of charge. Students in years 7-10 are invited to join, provided they enjoy problem-solving and math-based reasoning.

To register for participation in Maths Circles, please fill in the following form: [Register](#)

To find out more information about Maths Circles, please visit: [Maths Circles](#)

ART CLASSES



A PLACE TO BELONG, GROW & CREATE

BOOK A
TRIAL NOW!

- + Art Classes for Children 6+
- + Teen Art Classes
- + GCSE & A-Level Support
- + Holiday Art Workshops
- + Seasonal Family Workshops
- + Birthday Parties & Events

COMMITTED TO SAFEGUARDING | OFSTED REGISTERED | CHILDCARE VOUCHERS ACCEPTED



07384 670391
oxford@art-k.co.uk
art-k.co.uk/class-oxford
37 South Parade, Summertown, Oxford OX2 7JN



NHS
Oxford University Hospitals
NHS Foundation Trust

DISCOVER ROUTES INTO MEDICINE

After school talk Thursday 2 October 2025

Interested in careers in medicine?

- Meet real doctors and medical students
 - Discover the journey to becoming a medic
 - Top tips for getting ready for medical applications
 - Experience a real-life medical scenario
 - Get information about work experience and alternative pathways
 - Put your questions to our expert panel
- Whether you are decided or still exploring, this event is your gateway to understanding routes to medicine!

Discover Routes Into Medicine - Free event

WHO Students in Years 10 and above
WHEN Thursday 2 October 2025 from 5pm to 7pm
WHERE Lecture Theatre 1, Level 2 Academic Centre
John Radcliffe Hospital
Oxford OX3 9DU

How to find us ouh.nhs.uk/hospitals

Booking isn't essential, to help us plan, please scan the QR code and reserve a space



For more information:
Email contact: Admin.PD&E@oxnet.nhs.uk

For more information visit:

Visit: www.ouh.nhs.uk/working-for-us



Blackbird Leys



COMMUNITY LARDER

What is a community larder?

A membership programme that provides:

- Access to utility discounts and social tariffs
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

Oxford Hub Community Larder
Every Wednesday 12:30-14:00
Email: Hello@oxfordhub.org
Telephone: 01865 745265
If you have any further inquiries.

Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

£10
P/YEAR
ANNUAL JOINING FEE

INDIVIDUAL MEMBERSHIP
FROM
£3.50
P/WEEK

FAMILY MEMBERSHIP
FROM
£7
P/WEEK

An individual membership provides up to 10 items of non-perishables (pasta, tins etc.) per week plus free fruit and vegetables. A family membership is twice as much.

We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?

Sign up today!
www.sofea.uk.com

Registered Charity Number 1141762



CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!

EVERY MONDAY
8:30PM TO 10:00PM
BICESTER

EVERY TUESDAY
6:30PM - 8:00PM
OXFORD

LOCAL EVENTS AND OPPORTUNITIES



October Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Understanding The Teenage Brain	6 Oct 10am
Supporting Healthy Sleep	6 Oct 7pm
Supporting A Child With ADHD	13 Oct 10am
Understanding Addictive Behaviour	13 Oct 7pm
Autism Improving Communication	14 Oct 10am
Improving Family Communication	14 Oct 7pm
Supporting Healthy Screen Use	20 Oct 10am
Facing Defiance	20 Oct 7pm
Anxiety Based School Avoidance	21 Oct 10am
Understanding Anger	21 Oct 7pm
FREE - Raising Self-Esteem	23 Oct 7-8pm
Anxiety Explained	27 Oct 10am
Cannabis and Ketamine Awareness	27 Oct 7pm
What Is ACT?	28 Oct 10am
Introduction To OCD	28 Oct 7pm



Are you struggling with a defiant child?



Facing Defiance

A six part online course for parents that you can complete in your own time. A step by step guide through a specific strategy aimed to support parents of children aged between 5 to 12 who are displaying very challenging behaviour, including children with ADHD, ODD and PDA.

go to facefamilyadvice.co.uk

Book online £48

on the **Online Parenting Courses** page



Many schools are now onboard with the FACE school membership is Yours?



- Anxiety-Based School Avoidance
- Supporting a Child with ADHD
- Facing Defiance
- Understanding Anger
- Addictive Behaviour
- Understanding the Teenage Brain
- Decreasing Depression
- Improving Family Communication
- Autism: Improving Communication
- Raising Self-Esteem
- Supporting Healthy Screen Use
- Supporting Healthy Sleep
- Cannabis & Ketamine Awareness
- What is ACT?
- Introduction to OCD
- Anxiety Explained

FACE School Annual Membership Plan

Primary School £230

Secondary Schools and Colleges £380

Give ALL your parents and ALL your staff unlimited access to ALL the above FACE talks for Parents



contact Jane
info@facefamilyadvice.co.uk
facefamilyadvice.co.uk



LOCAL EVENTS AND OPPORTUNITIES

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power



Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

Get in touch

- enquiries@connectionsupport.org.uk
- 01865 711267
- connectionsupport.org.uk

Drop-in details:



Visit our website to download the referral form



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE



School holidays just got more exciting!

Fresh air, freedom and adventure!



Ready for a school holiday full of excitement?

Active Adventures is the ultimate outdoor adventure club for children aged 8-16. Packed with thrilling challenges, nature connection activities, and epic team games, each day offers a new adventure to inspire a love for the great outdoors!

www.scoutadventures.org.uk/events



Give your child an unforgettable school holiday filled with fresh air, freedom and adventure!

Set within 42 acres of stunning woodland in rural Oxfordshire at Youlbury, Boars Hill, children aged 8-16 will take part in a daily programme of non-stop outdoor action. With expert instructors leading the way, creating a safe and supportive environment where children run, climb, explore, and build confidence while unplugging from screens and having a blast with friends in the great outdoors!

What's on offer:

- High-energy adventures such as archery, ziplining, and climbing.
- Fun team building games and problem-solving challenges.
- Survival skills such as shelter building, backwards cooking and fire lighting.
- Connect with the natural world with mindful activities, outdoors arts and crafts, wildlife spotting, and nature walks.

When is it:

- May half-term, summer holidays and October half-term (see website for dates).
- 9am-5pm daily.
- Early drop off (from 8am) and late pick-up service (until 6pm) available.
- Participants can attend individual days, or the entire week.

Pricing:
£35 per day, per child. Save 10% on a 5-day block and each additional child.

Book now and join the adventure

www.scoutadventures.org.uk/events

activeadventures@scoutadventures.org.uk

Scout Adventures Youlbury,
Boars Hill, Oxford OX1 5HD



OXFORDSHIRE
PARENT CARERS FORUM
A Voice for Parent Carers in Oxfordshire

CAMHS
Child and Adolescent
Mental Health Service

WEDNESDAY WEBINAR SERIES

Wednesdays | 12:00-1:30 PM

To register for a webinar visit: <https://oxpcf.org.uk/webinars>

24 September 2025
What to Expect from the CAMHS: NDC
(Neurodevelopmental Conditions) Service

22 October 2025
Supporting family member's mental health through
compassion

26 November 2025
Emotional Based School Avoidance (EBSA)

17 December 2025
Autistic Burnout

28 January 2026
Demand Avoidance

25 February 2026
Understanding, preventing, and supporting
meltdowns

25 March 2026
Support in the community for young adults
(post-18)

These sessions, presented in partnership with CAMHS, aim to provide insights, expert guidance, and discussions on key topics related to SEND.
To learn more or register for a webinar please visit: oxpcf.org.uk/webinars

LOCAL EVENTS AND OPPORTUNITIES

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB

Sports, Art, Cooking & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft

Music, Dance

Design & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport

Art, Games

Movies & More!

For Age 11 - 18

(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884



NHS Oxford Health
NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS

7 years+ recommended

Biology week

Poo trivia quiz

Find out what happens in our guts and toilets.

Get your free tickets to the online event to participate in the live quiz
5pm Friday 17 Oct
2pm Saturday 18 Oct

<https://PooTriviaQuiz.eventbrite.co.uk>

Sponsored by:

wooclup helps people to teach and learn

Yes, we are real poo scientists.

Royal Society of **Biology**

#BiologyWeek is an annual celebration of the biosciences hosted by:

Created by:

OXFORD CENTRE FOR MICROBIOME STUDIES

KENNEDY

Oxford Hub

SEN COFFEE MORNINGS!

Fortnightly coffee mornings for PARENTS of children with SEN (diagnosed/undiagnosed) and professionals.

Join us for a FREE talk presented by a guest speaker.

It's a time to relax, chat, share opinions & experiences, support each other, have a laugh or shed a tear, all over a cup of coffee.

NEXT SESSION

Thursday:
Sept: 11th and 25th
October: 9th

Time:
9.30-11.00

Location:
The Jungle, Templars Square (OX4 3XH)

DONNA@OXFORDHUB.ORG FOR MORE INFORMATION