

Weekly Newsletter

Friday 14th November 2025 | Issue 9

Dear Families

This week we began with one of the most striking moments in the Gospels: *Jesus driving out the money-changers from the Temple*. In our assembly we explored what this teaches us: Jesus is not losing control; he is standing up for what is sacred. We too should have the courage to confront injustice — there are moments when silence is not enough. Faith sometimes means speaking out and protecting what is good. In form time, students have thought about what this means for us today: we considered what ‘turning the tables’ looks like in our own lives: standing up for others, defending truth, and showing courage even when it feels hard.

This message has been beautifully reflected in the life of our school. Our Year 11, 12 and 13 students have begun their PPEs, or mock exams, and I am so proud of the maturity, calmness and focus they have shown. These exams matter, but what matters most is their perseverance and courage. They have shown both in abundance.

Last weekend many of our Catholic Life Ambassadors were on retreat at Youlbury, a joyful, prayerful and laughter-filled experience that carried them right into Saturday. There were games, campfires, moments of silence, and deep reflection. I am incredibly proud of them, and deeply grateful to the staff who made this possible — especially those who stayed overnight, and of course Mr Greer, our Leader of Catholic Life and Mission, whose care, prayerfulness and creativity shape every moment of these retreats.

On Tuesday we gathered as a whole school for our Remembrance Service, one of the most powerful moments in the Greyfriars year. We reflected on all those who have lost their lives in war, on the civilians caught in conflict, and on all who are suffering in areas of violence today. We used the words of Pope Leo XIV from our programme: *‘War is never holy; only peace is holy, because it is willed by God.’* As we stood together, 700 students and staff, there were *fifteen full minutes* of silence, stillness, prayer and reflection, including a collective three-minute silence. To witness our young people standing in complete solidarity, shoulder to shoulder, was profoundly moving. This is the Greyfriars Way at its most powerful.



Last night we welcomed nearly all of our Year 7 parents for their consultation evening. It was a joyful event, full of warmth, conversation and pride in their children. Our Catholic Life Ambassadors were on hand serving tea, offering biscuits, and even sweeping our new carpets with enormous smiles. Also, it was a very special evening indeed, as it allowed Mr Cunningham, Head of Year 7, to celebrate his birthday in style with a parents evening!

I wish you all a peaceful weekend, and I hope you stay warm and dry after today’s very wet finish to the week.

Lyndsey Caldwell
Headteacher

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel - John 2: 13 - 22



13 When it was almost time for the Jewish Passover, Jesus went up to Jerusalem. 14 In the temple courts he found people selling cattle, sheep and doves, and others sitting at tables exchanging money. 15 So he made a whip out of cords, and drove all from the temple courts, both sheep and cattle; he scattered the coins of the money changers and overturned their tables. 16 To those who sold doves he said, "Get these out of here! Stop turning my Father's house into a market!" 17 His disciples remembered that it is written: "Zeal for your house will consume me." 18 The Jews then responded to him, "What sign can you show us to prove your authority to do all this?" 19 Jesus answered them, "Destroy this temple, and I will raise it again in three days." 20 They replied, "It has taken forty-six years to build this temple, and you are going to raise it in three days?" 21 But the temple he had spoken of was his body. 22 After he was raised from the dead, his disciples recalled what he had said. Then they believed the scripture and the words that Jesus had spoken.

Reflection

John 2:13-22 describes Jesus cleansing the Temple, showing his anger at the commercialization of a holy place and its disruption of worship. This event is followed by a challenge from Jewish leaders, to which Jesus responds with a prophecy that he is referring to the destruction of his own body when he says he will "raise it up" in three days, a reference to his crucifixion and resurrection. The meaning of the passage is multifaceted, highlighting Jesus's zeal for God's house, the corruption he was challenging, and his divine authority and future resurrection. The overall meaning Zeal for God's house: The passage shows Jesus's fierce passion for God's honour and a righteous anger against the spiritual abuse occurring in the Temple. A new temple: Jesus's statement introduces the idea that he himself is the new and true temple, which will be replaced by his resurrected body. Fulfilment of prophecy: The incident and Jesus's prophecy are seen as a fulfilment of scripture, specifically Psalm 69:9: "For zeal for your house has consumed me".

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace.
Amen.*

Prayer for Remembrance Day



To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:
<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Catholic Life | Mr Greer

Last weekend, students in Years 10-13 travelled to Youlbury for a retreat. We had a wonderful time camping in tents, sitting around the fire, doing high rope courses, and playing lots of board games. Students reflected on how special the time was just to be in nature with their friends, free from digital distractions and schoolwork.

The community-building was special and we've all emerged much closer as a team, ready to share this community spirit with our school. We also took time to pray in silence, attend mass with the Carmelites, and then share these reflections over a campfire. Each student received a personal candle and shared what the weekend meant to them.

I'd also like to give a special shoutout to Kaden Evans who helped to lead the trip. Student leadership is thriving at our school now, and he was certainly a role model to others: helping to cook, clean, serve, and make sure all were included. We'll do this again next year!



Exciting News! Kenya 2026

We are very excited to announce the school's participation in the Kenya enrichment programme. We are taking 15 Year 10 students, for a once in a lifetime trip to Musanda, Kenya in 2026, thanks to funding from the Turing Scheme.

In Kenya the students will work with the Nasio charity and a community in western Kenya, joining the charity's aim of empowering the community to break the cycle of poverty through education, healthcare and sustainable livelihoods. The students will get involved in activities at local schools and we will also be fundraising £600 for the Nasio charity to build a house in the community.

If you'd like to donate to Nasio to support this project, please do get in touch!



GENERAL NOTICES

Library News | Miss Brett

The library's been buzzing this week. Lots of homework, exam revision, reading for pleasure, and games happened throughout.

The preparations for our Non-Fiction November Scavenger Hunt are well underway. We will run it in the last week of November, so the students currently taking exams can also participate, should they wish to. It is going to be lots and lots of fun!



We have had plenty of beautiful and interesting non-fiction books added to our already substantial collection recently. Come up and check them out!

Remember, you can get 10 Achievement points if you borrow a library book in the first three weeks of term. You only have one week left...

WELCOME
to
THE
LIBRARY

This week, we started our new Enrichment – Happy Readers Write! For the next few weeks, we will be discussing how to write a mini saga, and (hopefully) by the end of the term – all participating students will have written their own mini saga. The Enrichment sessions are tailored towards The Young Writers' Stranger Sagas competition that closes 19th December.



I would like to encourage all students who enjoy writing to take part, not just my Enrichment group. Come up to the library for guidelines and the entry form. Apart from Achievement Points, there is plenty to write for! And it's only 100 words!

Additionally, we are currently running an art competition. Here's the poster: pop into the library for more details.



Between 10th – 15th December we will be holding a Book Fair in the library. This is a perfect opportunity for students to choose books independently, so they really enjoy reading them (or to buy a nice Christmas gift for a loved one 😊). The prices vary, but start as low as £2.99, so it really is worth having a look. And if we spend enough, the school will be able to choose some books for the library too 😊. Payments can be made online, more details closer to the time.

GENERAL NOTICES

Library News Continued

Let's have a look at our Reading Champions!

TERM 2 WEEK 2				
	Reading Champ		Tutor Group Reading Championship	
1	SU	125	9AS	166
2	PL	80	8RM	151
3	AJ	43	10MJ	91
4	BD	39	7KR	90
5	A-ML	32	7BN	87

Have a great weekend, everyone! Happy, restful reading!

Message for Year 7 | Mr Cunningham

Year 7 have had another excellent week, full of individual and collective achievements. Mia, Bella and Rugeisa did a fabulous job reading during our remembrance day service, and a special congratulations to Amelia-Grace for being selected as a winner of the kOrky Paul art competition!

Yesterday evening we were delighted to welcome so many families to the newly painted and redecorated hall for parents evening, I'd like to thank Mr Greer and our Catholic life ambassadors for stepping in last minute to serve teas, coffees and biscuits, and thank you to every family who was able to take the time to come and speak to the staff last night, it was a truly joyful evening!

Overall, 7GKE have had an incredible week in the classroom, racking up over 800 achievement points, helped out by a number of students with over 40 each!

Amelia-Grace	56
Iliam	50
Sarah	48
Isma	47
Kairo	44
Esther	44
Safah	42
Esme	41
Natalie	40
Elena	40



The next big school event for your diaries is the Christmas Fair, and if you would like to know how to get involved please do not hesitate to contact Sophie Upellini and the Christmas Fair committee.

GENERAL NOTICES

Sixth Form News | Ms McCabe

PPEs

We haven't had many students in and around Sixth Form this week as they have been busy taking exams this week and these will continue for Y13 into next week. We want to say well done for how seriously they have taken these. It's really important that students remember these are practice exams. Real success will come from students looking back at what they *don't know* and need to revise again.

Unifrog & Destinations

Unifrog is the platform used for Work Experience and Destinations. Any students who are still unsure about their post-18 pathway should be looking at the different areas of the platform to find out about careers, courses and qualifications needed. If any students in Y12 or Y13 are unsure of their log in details, come to speak to myself or Mr Shaw.

UpLearn

Finally, a reminder that for students who take Psychology, Economics, Physics, Chemistry and Biology, Greyfriars Sixth Form has a subscription to UpLearn. This is a powerful online platform that supports students with understanding the content and testing their memory of the content. It is also proven to have a significant impact on student grades if each online course is completed. I am delighted that some of our students have completed an incredible 60-80 hours of study already! Every week, Ms Caldwell and I are looking to celebrate new students on our leaderboard who are making excellent progress with UpLearn.

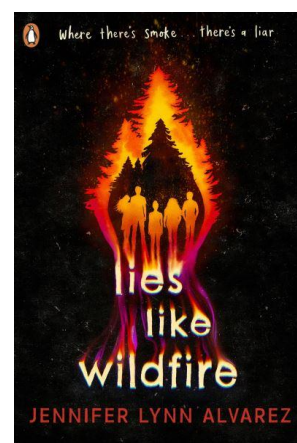
We look forward to welcoming our Y12 back in school on Monday at 8:45am. We have a brilliant and very busy term ahead before the Christmas break and we will see our Y13 on Friday 21st.

Weekly Book Review by Lian G

Lies like Wildfire by Jennifer Lynn Alvarez (YA)

Deeply thought provoking as it tapers on the line that is truth and deceit even tipping towards another good trope of loyalty vs. justice.

Detailing all five characters, it's massively intriguing how each of their actions ignite into something much bigger than them. The novel sifts through heavier topics dealing them with just enough care to not seem dramatised but real.



The book is rather intense but if you're interested in letting secrets fester, this novel is for you.

GENERAL NOTICES

Message for Years 10 and 11 | Mr Weedon

It has been a positive and productive week for both Year 10 and Year 11.

Year 10

I have been particularly impressed with the excellent work produced by our Year 10 students in Science. Their focus, curiosity, and willingness to challenge themselves have been wonderful to see, and they are making strong progress as a result.

Last weekend, I also had the pleasure of accompanying both Year 10 and Year 11 students on the residential trip to Youlbury. Their enthusiasm, teamwork, and resilience were outstanding. It was inspiring to watch them support one another and fully involve themselves in every activity. A special thank-you goes to Mr Greer for leading such a successful and memorable trip.

Year 11

Year 11 are currently in the middle of their exams, and we recognise the hard work and determination they have been putting in. We wish them all the very best for the remainder of their assessments and hope they enjoy a well-deserved rest this weekend.

Thank you, as always, for your continued support.

Greyfriars Congratulations!

A huge congratulations to Amelia-Grace who has been selected as a winner of an art competition that she entered when she was attending primary school. Her artwork has been included in a newly published book by Korky Paul.

As a result, Amelia-Grace has been invited to a special presentation where Korky Paul, himself will be attending – so exciting!

We are looking forward to seeing the book in shops and libraries! We are very proud of Amelia-Grace's achievement.



WELL DONE!

GENERAL NOTICES

Message for Year 8 and Year 9 | Mrs Reddy

In Geography, **Annie and Eve** demonstrated great care and thoughtfulness by voluntarily collecting the colouring pencils and neatly organising them in shade order. Well done, Annie and Eve!

We celebrate **Wissam** who produced an outstanding set of population bar charts and complemented this with a fantastic piece of extended writing that clearly explained the factors influencing population distribution and density in Geography. Fantastic work, Wissam!

Well done to **Ann Marie and Ganuli** for taking the initiative to decorate their form group's prayer box. Ms Millar is super proud, noting that their efforts reflect the unity of the group and the value they collectively place on the reflective and solemn moments of prayer we share. Keep up the good work Anne Marie and Ganuli!



Students Leading the Way

Year 8 | Azzouz / Rachael A / Anne-Marie / Grant / Sampson / Isayah / Amarae / Karina / Ganuli / Haider

Year 9 | Sahas / John E / Jameilah / Delight O / Erika-Maria / Kevin / Fina / Luciano / Alexia / Liliana-Sofia

Leadership Enrichment Donations

The Leadership Enrichment group is currently collecting items to support needy families and children in our community. We kindly ask you to contribute any **pre-loved items** or **unwanted gifts** that we can donate to the church to distribute to those less fortunate. Please drop off your donations at **Reception** for the attention of **Mrs Reddy**.



Thank you for your generosity and support in making a difference!

Congratulations to all students with 100% attendance. Thank you to the tutors for their ongoing support. Keep on striving to be a better version of yourself Y8 and Y9!

GENERAL NOTICES



Greyfriars Catholic School
Invites you to a

FREE BREAKFAST!

Get an energy boost before class with a FREE breakfast - don't miss out!

When: Every week day
Where: School Restaurant
Time: 8:00am-8:30am



National School Breakfast Programme is delivered by Family Action. Find out more at family-action.org.uk/NSBP.

Family Action. Registered as a Charity in England & Wales no. 264713. Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01068186.



Greyfriars Christmas Fayre

Raffle and Tombola Prize Donations

We are asking for donation of items that can be used as prizes to help our fundraising at our Christmas Fayre

Do you have something special that you would be willing to donate as a tombola prize? Unwanted gifts, toys, toiletries, wine, games, gift card etc
Please leave any donations at reception.

We hope you will be able to join us on Saturday 6th December from 11.30am.

Astroturf

Please remember that your child needs Astroturf trainers or turf football boots – see the picture adjacent for examples of the shoes that are permitted.

Students wearing the incorrect footwear will not be permitted on the Astroturf.

Football boots can be bought for as little as £4.99 via Sports Direct (Sondico ones).

We will hold some spare boots to lend to students if necessary, however, these are to be returned at the end of the lesson. This way we can ensure we always have a supply of boots for those students who forget theirs or are in the process of buying their own.

If anyone has spare Astro shoes that they would like to donate to the school, this would be much appreciated. These would be used or students to borrow as explained above.



GENERAL NOTICES

PARIS FOOTBALL TOUR

MONDAY 15TH-
FRIDAY 19TH
FEBRUARY 2027
(HALF TERM)

- Fixtures vs local opposition
- Tour of the Stade de France

- Full day at Disneyland Paris
- Shopping in Paris

Sightseeing in Paris:

- Eiffel Tower
- Champs-Élysées
- River Seine

Outdoor Adventure Day :

- Bubble football
- Archery tag
- Disc golf



- Evening meals at local restaurants.

- Executive coach travel and ferry crossing.
- 4 nights en-suite accommodation, including breakfast.

GENERAL NOTICES

Friends of Greyfriars (PTA)

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

5 Ways to Well-being

Click on the logo to find out more.



CONNECT TALK & LISTEN, BE THERE, FEEL CONNECTED
BE ACTIVE DO WHAT YOU CAN, ENJOY WHAT YOU DO, MOVE YOUR HOOD
TAKE NOTICE REMEMBER THE SIMPLE THINGS THAT GIVE YOU JOY
KEEP LEARNING EMBRACE NEW EXPERIENCES, SEE OPPORTUNITIES, SURPRISE YOURSELF
Give Your time, your words, your presence

Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

Free School Meals

Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

- 20 November | Trinity College Careers Trip
- 26 November | Future Fest Careers Event
- 28 November | Flu Vaccinations Years 7 - 11
- 04 December | 6th Form Open Evening for Year 11 Students
- 09 – 15 December | Book Fair in the Library
- 11 December | Christmas Lunch
- 12 December | Year 8 / Year 9 STEM Challenge
- 16 December | Advent Reconciliation
- 19 December | Last day of term – early finish

Donations

If you wish to make a donation to the school please click on the link.

DONATE



Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit: <https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



You Tube

GENERAL NOTICES

Save the date!

GREYFRIARS
CHRISTMAS
Fayre

6th DECEMBER 2025
11:30AM - 2PM

JOIN US

GREYFRIARS CATHOLIC SCHOOL
CRICKET ROAD OXFORD OX4 3BR
TEL: 01865 749933 OFFICE@GFCES.UK

LOCAL EVENTS AND OPPORTUNITIES

ART CLASSES



A PLACE TO BELONG, GROW & CREATE

**BOOK A
TRIAL NOW!**

- + Art Classes for Children 6+
- + Teen Art Classes
- + GCSE & A-Level Support
- + Holiday Art Workshops
- + Seasonal Family Workshops
- + Birthday Parties & Events

COMMITTED TO SAFEGUARDING | OFSTED REGISTERED | CHILDCARE VOUCHERS ACCEPTED



07384 670391
oxford@art-k.co.uk
art-k.co.uk/class-oxford
37 South Parade, Summertown, Oxford OX2 7JN



CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!

**EVERY MONDAY
8:30PM TO 10:00PM
BICESTER**

**EVERY TUESDAY
6:30PM - 8:00PM
OXFORD**

Blackbird Leys COMMUNITY LARDER

Oxford Hub Working together to build a better Oxford

What is a community larder?

A membership programme that provides:

- Access to utility discounts and social tariffs
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

Oxford Hub Community Larder
Every Wednesday 12:00-10:00
Email - Hello@oxfordhub.org
Telephone - 01865 745200
If you have any further inquiries

Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

**£10
P/YEAR**
ANNUAL JOINING FEE

**INDIVIDUAL
MEMBERSHIP
FROM
£3.50
/WEEK**

**FAMILY
MEMBERSHIP
FROM
£7
/WEEK**

An individual membership provides up to 10 items of non-perishables (pasta, tins etc.) per week plus free fruit and vegetables.

A family membership is twice as much.

We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?

Sign up today!
www.fofea.uk.com

Registered Charity Number 1161962



FACE
All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership
Book online at facefamilyadvice.co.uk
Recordings available for 48 hours (excluding Free Talks)

Raising Self Esteem	3 Nov 10am
Decreasing Depression	3 Nov 7pm
Supporting Healthy Sleep	4 Nov 10am
Understanding the Teenage Brain	4 Nov 7pm
Improving Family Communication	10 Nov 10am
Autism - Improving Communication	10 Nov 7pm
Understanding Addictive Behaviour	11 Nov 10am
Supporting A Child with ADHD	11 Nov 7pm
FREE ADHD Kids & Homework	13 Nov 6-7pm
Understanding Anger	17 Nov 10am
Supporting Healthy Screen Use	17 Nov 7pm
Facing Defiance	18 Nov 10am
Anxiety Based School Avoidance	18 Nov 7pm
Cannabis and Ketamine Awareness	24 Nov 10am
Anxiety Explained	24 Nov 7pm

Open Days 2025

Abingdon & Witney College

Vocational Courses | T Levels | Apprenticeships

Wed 5th November 3:30pm - 7:00pm Abingdon Campus	Wed 12th November 3:30pm - 7:00pm Witney Campus	Wed 19th November 4:00pm - 7:00pm Bicester Construction Skills Centre
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Higher Education | Degree Courses | Part Time & Evening Courses

01235 216 400 | www.abingdon-witney.ac.uk

Little Milton CE School Needs You!

Governor Vacancies

The Governing Body of Little Milton CE Primary School Needs You!

Becoming a school governor would make you part of the largest group of volunteers in the country as there are currently over a quarter of a million volunteer governors across England!

What will you be doing?

A governor supports the management of the school in areas such as strategy, policy, budgeting and staffing to make sure that the school is working effectively. Governors set the aims and objectives for the school, monitor and evaluate performance, oversee financial management and ensure the head teacher and staff are following its vision and strategic direction. The diverse and varied nature of the role means that schools need governors who can bring a range of knowledge, skills and experiences into one team. Governors also share and celebrate the school's special days and successes as well as ensuring that parents and the local community are informed and involved with school life.

What difference will you make?

Governors make a significant contribution to ensuring that every individual child receives the best possible education. As a governor, you will bring your own individual skills and experience to the role. By being part of the governing body you will be able to help the group to make majority decisions so that it fulfils its strategic responsibilities. There are no specific qualifications; you just need the right attitude, enthusiasm, and time to devote to the role.

To find out more about the governor role, please email the Chair of Governors on sfoxell@littlemiltonpri.org or call the school on 01844 279310

LOCAL EVENTS AND OPPORTUNITIES

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power



Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

Get in touch

- enquiries@connectionsupport.org.uk
- 01865 711267
- connectionsupport.org.uk



Visit our website to download the referral form

Drop-in details:



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE



COMMUNITY FUND OXFORDSHIRE COUNTY COUNCIL youth ambition OXFORD CITY COUNCIL

LEYS YOUTH HUB

LOCATION: LEYS POOL AND LEISURE CENTRE, PEGASUS ROAD
FREE ACTIVITIES FOR 11 - 18

- MONDAYS 3.30 PM - 5.30PM:** CREATIVE SESSION BAKING, ART, MUSIC
- THURSDAYS 3.30 PM - 5PM:** CREATIVE SESSION COOKING, BAKING, ART, MUSIC
- TUESDAYS 4PM - 6PM:** GIRLS GROUP NAILS & BEAUTY, GAMES, MOVIE NIGHTS
- PLUS ROCK CLIMBING (PREBOOK ONLY)**
MONDAY 5.30PM - 6.30PM
THURSDAY 5PM - 6PM & 6PM - 7PM
- TUESDAYS 6.15PM - 8PM:** OPEN ACCESS GAMES, COOKING, CHILL OUT

CALL LYDIA ON 07483007103 OR JEN ON 0748300739

FOR ROCK CLIMBING BOOKINGS EMAIL: LEYSYOUTHUB@OXFORD.OX.NHS.UK

NHS Oxford Health NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

www.oxfordhealth.nhs.uk/camhs/oxon/sir/webinars

OXFORDSHIRE PARENT CARERS FORUM Child and Adolescent Mental Health Service
A Voice for Parent Carers in Oxfordshire

WEDNESDAY WEBINAR SERIES

Wednesdays | 12:00-1:30 PM

To register for a webinar visit: <https://oxpccf.org.uk/webinars>

- 24 September 2025
What to Expect from the CAMHS: NDC (Neurodevelopmental Conditions) Service
- 22 October 2025
Supporting family member's mental health through compassion
- 26 November 2025
Emotional Based School Avoidance (EBSA)
- 17 December 2025
Autistic Burnout
- 28 January 2026
Demand Avoidance
- 25 February 2026
Understanding, preventing, and supporting meltdowns
- 25 March 2026
Support in the community for young adults (post-18)

These sessions, presented in partnership with CAMHS, aim to provide insights, expert guidance, and discussions on key topics related to SEND.
To learn more or register for a webinar please visit: oxpccf.org.uk/webinars

LOCAL EVENTS AND OPPORTUNITIES

Oxford University Athletic Club

Athlete Taster Day!

November 13th 2025 &
February 26th 2026



Sign up link in Instagram bio
@oxforduniathletics

Email us for more info at
Athletics.club@studentclubs.ox.ac.uk

Sign up by October 23rd!

Itinerary!

Hosted by Brasenose College, Oxford

10:00 - 10:30 Arrive at Brasenose College

10:30 - 11:15 Introduction to Oxford and life as a student-athlete at Oxford talk

11:15 - 11:45 Q&A with students and student-athletes

11:45 - 12:15 Brasenose College tour

12:15 - 13:15 Free lunch in Hall with students

13:15 - 14:15 Academic/Admissions session

14:15 - 15:30 Tour of Iffley Road Sports Centre, including Q&A with coaches and athletes

Sign up link in Instagram bio
@oxforduniathletics

Email us for more info at
Athletics.club@studentclubs.ox.ac.uk

Sign up by October 23rd!

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB
Sports, Art, Cooking & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884

www.oxford.gov.uk

OXFORD CITY COUNCIL

In partnership with
OXFORDSHIRE COUNTY COUNCIL

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LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport
Art, Games
Movies & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
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Abingdon & Witney College

Oxfordshire Adult Learning
A BRANCH OF ABINGDON & WITNEY COLLEGE

Navigating the Teen Years

Oxford Hub
Windle Primary School
Windle Avenue
Oxford OX4 6JD

Connect with other parents, share experiences, and find support in creating a positive environment for your family.

Come along to gain valuable insights into:

- Teenage brain development
- Maintaining healthy relationships
- Managing conflict
- Building resilience
- Setting boundaries
- Keeping safe on phones and online.

6 Week Course
Wednesdays 9:30 - 11:30
5th November - 10th December

To book a place please contact Penelope (teacher of the course) from Abingdon & Witney College.
penelope.lea@abingdon-witney.ac.uk

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft
Music, Dance
Design & More!

For Age 11 - 18
(Up to 25 if you have a disability)

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