

Weekly Newsletter

Friday 21st November 2025 | Issue 10

Dear Families

This week our Monday Assembly reflections started the week with an important message: Jesus' call to be ready, to stay awake, to live each day with purpose. In our assembly work we explored the themes Jesus gives us: not fear, but preparedness, hope, and living well today. We reflected on what it means to be people who build goodness now, who are attentive, kind, and ready to act with love. The message for our students was simple but profound: the best way to prepare for the future is to live today with integrity, compassion and courage. This captures the heart of the Greyfriars Way.

We were proud of our Anti-Bullying Ambassadors, who captured the heart of Greyfriars, who led assemblies this week with real maturity and determination. Their message was powerful: kindness is active, belonging is built, and we all have a role to play in making our school a place of safety and love. Their leadership is a credit to them and a gift to our community.

This week also brought some sadness as we said farewell to some of our wonderful Brazilian students, who have been with us since September. They have brought such warmth, joy and sunshine to Greyfriars. They have been so immersed in school life that it feels like a genuine wrench to see them go. They leave us with friendships, memories, and a little bit of Greyfriars tucked into their hearts. It was deeply moving to hear about how their experiences have shaped them, particularly how *'faith makes things possible, not easy'* and our drive for ambition. In their assembly this morning. I was especially impressed with the We Say, You Say, one of our teaching techniques here, used so beautifully – a real demonstration of the Greyfriars Way in action. They now take the Greyfriars Way all the way back to South America with a real sense of care and ambition. Do jeito Greyfriars!! Adeus!



As always, thank you for your continued support. Our community is shaped by the care, generosity and partnership of families, students and staff together. Across the school we have also seen a hive of activity as we begin to prepare for our **Christmas Fayre**, one of the most loved events of our year. Decorations are being crafted, stalls planned, and ideas bubbling up from every corner. It already promises to be a beautiful celebration of community. We can only do this with your help, so this is a **final call for any donations**, which are gratefully received.

Best wishes for a restful and warm weekend.

Lyndsey Caldwell
Headteacher

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel - Luke 21 : 5 - 19



5 Some of his disciples were remarking about how the temple was adorned with beautiful stones and with gifts dedicated to God. But Jesus said, 6 “As for what you see here, the time will come when not one stone will be left on another; every one of them will be thrown down.” 7 “Teacher,” they asked, “when will these things happen? And what will be the sign that they are about to take place?” 8 He replied: “Watch out that you are not deceived. For many will come in my name, claiming, ‘I am he,’ and, ‘The time is near.’ Do not follow them. 9 When you hear of wars and uprisings, do not be frightened. These things must happen first, but the end will not come right away.” 10 Then he said to them: “Nation will rise against nation, and kingdom against kingdom. 11 There will be great earthquakes, famines and pestilences in various places, and fearful events and great signs from heaven. 12 “But before all this, they will seize you and persecute you. They will hand you over to synagogues and put you in prison, and you will be brought before kings and governors, and all on account of my name. 13 And so you will bear testimony to me. 14 But make up your mind not to worry beforehand how you will defend yourselves. 15 For I will give you words and wisdom that none of your adversaries will be able to resist or contradict. 16 You will be betrayed even by parents, brothers and sisters, relatives and friends, and they will put some of you to death. 17 Everyone will hate you because of me. 18 But not a hair of your head will perish. 19 Stand firm, and you will win life.

Reflection

In Luke 21:5–19, Jesus foretells the destruction of the Jerusalem temple and warns of coming turmoil—wars, natural disasters, false messiahs, and widespread fear. He tells his followers not to be alarmed, as these events are signs but not the immediate end. Before these disasters, believers will face persecution, betrayal, and even death, but these trials will provide opportunities to testify to their faith. Jesus promises divine wisdom to help them speak and urges steadfast endurance, assuring them that by persevering they will ultimately gain true life.

Into Thy hands, O Lord, and into the hands of Thy holy angels, I commit and entrust this day my soul, my relations, my benefactors, my friends and my enemies, and all Thy people. Keep us, O Lord, through the day, by the merits and intercession of the Blessed Virgin Mary and all the saints, from all vicious and unruly desires, from all sins and temptations of the devil, and from sudden and unprovided death and the pains of hell. Illuminate my heart with the grace of Thy Holy Spirit; grant that I may ever be obedient to Thy commandments; suffer me not to be separated from Thee, O Lord Jesus Christ, who lives and reigns with God the Father and the Holy Spirit for ever and ever. Amen.



Prayer from St.
Edmund of Abingdon

To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Catholic Life | Mr Greer

This morning, Catholic Life Ambassadors gathered to celebrate the approaching end of our Jubilee Year: Pilgrims of Hope. We joined other schools from our diocese online to share thoughts about the year and what it has meant for us and others around the area. We shared our Jubilee Pledge and will continue to work towards our goals.

A huge well done to our Ambassador team for all the work they've done in 2025!



Jubilee Celebration Day!

Today we celebrate our shared mission to form Christ-centred pilgrims of hope, with kind hearts, questioning minds, a thirst for knowledge and a hunger for justice.



PRAYER SOCIAL ACTION FUNDRAISING

Kenya 2026 | Trip Update

We had an excellent Cultural Workshop on Wednesday with Jenny and Divya from Nasio charity helping the students prepare for their trip to Kenya. We had lots of excitement and interesting questions. We learnt more about the language, religion and culture of the local community, their food (ugali), and the activities the students will get involved in such as visiting a local school and building a house. Our students will also be preparing to show the Kenyan students what life is like in England!



CHANGING LIVES
FOR GOOD



If you would like to get involved with the fundraising for the house build, please get in touch! Alternatively, to make a donation, please follow this [LINK](#)

GENERAL NOTICES

Year 9 Visit to Trinity College, Oxford | Mr Dunne

On Thursday, a group of Year 9 students had the privilege of visiting Trinity College, Oxford - and what an inspiring day it was! Students gained a rich insight into life as an Oxford undergraduate, covering:

- Academic study, college systems, social opportunities, finance, and the application process
- First-hand experiences from student ambassadors, who reminded us that uncertainty is a natural part of shaping your future
- Honest discussions about diversity, underrepresentation, and the wide-ranging financial and pastoral support available

The girls were intrigued to learn that:

- Oxford has produced over 30 British Prime Ministers, including the current one
- Common misconceptions - such as Oxford being “too expensive” or requiring “huge numbers of GCSEs” - are simply not true
- With over 250 courses available, choosing carefully based on passions and goals is essential
- Student life extends far beyond academics, with sports, enrichment, and extracurricular opportunities enriching the experience

Highlights of the Day

- Lunch in the college dining hall
- A tour led by undergraduates (fun fact: Trinity boasts the highest student-to-grass ratio in Oxford!)
- A treasure hunt around the Library building



The visit left students with a powerful reminder: the sky is the limit. With effort, determination, and belief in yourself, there is nothing you cannot achieve - no matter your background. This was a truly inspiring day for our students, and a vivid reminder of the doors that education can open.

GENERAL NOTICES

Sixth Form News | Ms McCabe

Welcome back Y13

We welcomed back our Y13 from study leave today. It has been lovely seeing them back around the Sixth Form area. We hope they are ready for the next few weeks ahead as we have lots to get done before the Christmas break.

Anti-Bullying Week and Assemblies

This week, we have had some of our wonderful Anti-Bullying Ambassadors leading assemblies for all year groups. Precious, Nifemi, Erin and Emriela spoke with such conviction about the work that they have done and their vision for the Greyfriars School community. They absolutely shone as role models for our younger students. In the assembly, they also launched the Anti-Bullying takeover of the Student Hub next week. Both Anti-Bullying Ambassadors and Sixth Formers will be on hand every break and lunchtime hosting a range of activities and events to get students talking about Power for Good, the national theme of Anti-Bullying for 2025.

We say goodbye to some of our Brazilian students!

Today, we say goodbye to 10 of our Brazilian students who have been with us since September. We asked them to lead their final assembly and this morning, we were treated to Brazilian music, language and some of their memories of their time in Greyfriars. They have been such a wonderful addition to our Greyfriars Sixth Form community and have fully participated in every aspect of school life - from planning House assemblies, to representing our football team, to joining trips. Staff have been full of praise for this group, particularly their enthusiasm and contribution in lessons. They will be really missed!



GENERAL NOTICES

Greyfriars Congratulations!

The Inaugural County U20s/University 9s Gaelic Football Cup was held last Sunday in Oxford - hosting Men's & Ladies Teams from the South & Midlands Region. 2 current Greyfriars students lined up alongside 3 former students to represent Hertfordshire. After wins over Cambridge and Warwickshire, Herts made it to the final but were beaten after extra-time by a determined Warwickshire side.



Many thanks to all our staff, volunteers and our fantastic hosts [Eire Og, Oxford](#) for their support

Message for Years 10 and 11 | Mr Weedon

With Year 11 exams almost complete, it has been encouraging to see students give their very best throughout. Next week, we will resume our regular timetable and begin analysing the results so we can build on their progress and provide targeted support where needed.

Our Year 10 students have also impressed us during their assessment week. They have worked exceptionally hard, demonstrated a commendable attitude to learning, and approached each challenge with confidence and commitment. These assessments play an important role in preparing them for the demands of Year 11, and their efforts this week have set a very promising foundation for the months ahead.

Achievement Points this Week

10MJ	192
10CT	155
10JOD	150
10SA	137

Thank you, as always, for your ongoing support. We are proud of the progress our students continue to make and look forward to building on this success together.

Christmas Fair Enrichment | Miss Watkin

Years 7 and 8 have started celebrating the joy of Christmas early this year. They have worked hard together over the past two weeks to create this beautiful advent calendar. They have also written their own unique prayer for each day to share with others.



We will be looking for the perfect place to display it so everybody gets to enjoy it.

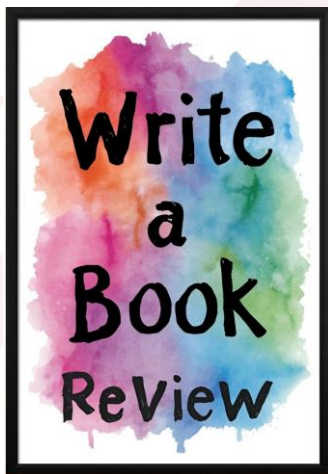
GENERAL NOTICES

Library News | Miss Brett

Hello, fellow readers!

This week's news is going to be short and sweet!

First of all, you are all invited to take part in our pre-book fair competitions that can win you £5 voucher to spend at the fair!



Whether you're a reader, a writer, or an artist – everybody has the chance to win, so give it a go! If you need materials, pop up to the library. The competitions close on Tuesday, 9th December.



WELCOME
to
THE
LIBRARY

Finally, for Anti-Bullying week, we are still running the art competition – join our Art Club and create your masterpiece to promote equality and kindness.



Non-fiction November starts Monday, I hope you're ready for some factual fun!

Book Fair 10th – 15th December

This is a perfect opportunity for students to choose books independently, so they really enjoy reading them (or to buy a nice Christmas gift for a loved one 😊). The prices vary, but start as low as £2.99, so it really is worth having a look. And if we spend enough, the school will be able to choose some books for the library too 😊. Payments can be made online, more details closer to the time.

GENERAL NOTICES

Library News Continued

Reading Champions this week.

TERM 2 WEEK 2				
	Reading Champ		Tutor Group Reading Championship	
1	SU	162	9AS	199
2	PL	82	8RM	126
3	BD	37	10MJ	93
4	AJ	30	7BN	92
5	A-ML	29	7KR	86

Have a **READtastic** weekend, everyone!

Now, this is not a great literary quote, coined by one of the masters of the written word. Yet, I find it wonderful all the same:



Message for Year 7 | Mr Cunningham

Year 7 started this week with a fantastic assembly led by our anti-bullying ambassadors, in preparation for the school's Anti-bullying week next week. They learned about what bullying looks like and what to do if they see those behaviours in school. Next week a number of our year 7s will be taking part in workshops to become the next cohort of anti-bullying ambassadors, well done in advance to Jude, Enya, Powell and Eufrazia!

Well done to 7KRE this week for topping the Y7 achievement point league with a staggering 606 achievement points, setting an impressive target for the other forms next week!

7KR	606
7GKE	366
7BN	322
7ALW	213

Well done in particular to these students who really helped push 7KRE over the 600 point mark!

Ella 39	Powell 36
Kane 32	Noah 32
Seerat 30	Rida 29



The next big school event for your diaries is the Christmas Fair, and if you would like to know how to get involved please do not hesitate to contact Sophie Upellini and the Christmas Fair committee.

As the days are getting shorter and colder, please do not forget hats, coats and scarves to make sure we all stay warm! Any questions about uniform please do not hesitate to get in touch!

GENERAL NOTICES

Sparx Maths **WEEK 11**

Total hours spent on Sparx this year

3,150hrs

Number of questions answered correctly

230,558

XP Champions THIS YEAR | 21/11/25

Name	Year	Total XP
Miu Miu M	8	17,451
Nita C	11	12,453
Nora C	11	12,356
Seerat S	7	11,940
Janeilo S M	9	11,939
Aseda K	7	11,929
Samayrah K	10	11,912
Ana Paula C	10	11,770
Crystal A	8	11,528
Chris J	9	11,429

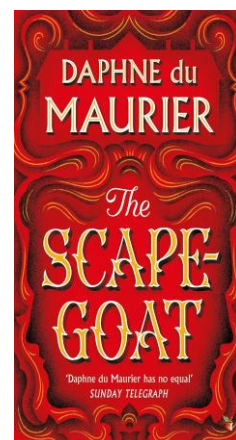
XP Champions for LAST WEEK

Name	Year	XP POINTS
Victoria V D A	12	1,481
Hajera S	12	1,381
Nita C	11	2,275
Nora C	11	1,945
Victoria A	10	2,240
Caitlin T	10	1,609
Janeilo S M	9	1,671
Da Vinci T	9	1,588
Joshua S	8	2,388
Crystal A	8	1,957
Mya R	7	2,175
Oscar R	7	1,745

Weekly Book Review by Lian G

The Scapegoat by Daphne Du Maurier

A very curious read indeed which is reminiscent of the somewhat common trope of 'two characters who look obscenely alike switching roles' however it isn't too much of a lesson telling you to appreciate what you have. It's a rabbit hole of secrets and fixing the ruins of a seemingly dysfunctional family.



Fighting for what you want and understanding that sometimes one can't win all such battles. Showcasing thrilling topics of mystery and righting overly clear wrongs. This novel certainly clears its own way into a filling literary meal.

So interesting in fact that this novel was the basis of two moving pictures!

French | Ms Parish

Well done to Kairo for taking top place on the Languagenut leaderboard.

Remember to keep earning lots of points to be in with a chance of an Amazon voucher.

Today is double points day!

Greyfriars Languagenut leaderboard

1st Kairo Yr 7

2nd Delight Yr 9

3rd Berenice Yr 9

4th Olivia Yr 9

5th Feranmi Yr 9

GENERAL NOTICES

Message for Year 8 and Year 9 | Mrs Reddy

8TTO is busy working in the background propagating, sowing seeds and nurturing seedlings for Ms Tokaji's gardening enrichment. While not all students are part of the enrichment group, their willingness to collaborate and support one another so everyone can succeed truly reflects the core values of GFCS.

Lettuce



Tomatoes



Cress



A special shout-out to Sampson, Rachael, Grant, Jevania, Lena, Hafsa, and Crystal. Your dedication and teamwork are inspiring, keep up the great work!

Students Leading the Way

Year 8 | Sophie / Gabriella / Sabella / Ephraim / Rosmelia / Dylan / Grant / Taryn / Joshua / Penelope

Year 9 | Marcuz / Luciano / Kevin / Basit / Olivia / Sekou / Devine / Vielnia / Holy-Karen

Leadership Enrichment Donations

The Leadership Enrichment group is currently collecting items to support needy families and children in our community. We kindly ask you to contribute any **pre-loved items** or **unwanted gifts** that we can donate to the church to distribute to those less fortunate. Please drop off your donations at **Reception** for the attention of **Mrs Reddy**.



Thank you for your generosity and support in making a difference!

Congratulations to all students with 100% attendance. Thank you to the tutors for their ongoing support. Keep on striving to be a better version of yourself Y8 and Y9!

GENERAL NOTICES



Greyfriars Catholic School
Invites you to a

FREE BREAKFAST!

Get an energy boost before class with a FREE breakfast - don't miss out!

When: Every week day
Where: School Restaurant
Time: 8:00am-8:30am



National School Breakfast Programme is delivered by Family Action. Find out more at family-action.org.uk/NSBP.

Family Action. Registered as a Charity in England & Wales no. 264713. Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01068186.



Greyfriars Christmas Fayre

Raffle and Tombola Prize Donations

We are asking for donation of items that can be used as prizes to help our fundraising at our Christmas Fayre

Do you have something special that you would be willing to donate as a tombola prize? Unwanted gifts, toys, toiletries, wine, games, gift card etc Please leave any donations at reception.

We hope you will be able to join us on Saturday 6th December from 11.30am.

Astroturf

Please remember that your child needs Astroturf trainers or turf football boots – see the picture adjacent for examples of the shoes that are permitted.

Students wearing the incorrect footwear will not be permitted on the Astroturf.

Football boots can be bought for as little as £4.99 via Sports Direct (Sondico ones).

We will hold some spare boots to lend to students if necessary, however, these are to be returned at the end of the lesson. This way we can ensure we always have a supply of boots for those students who forget theirs or are in the process of buying their own.

If anyone has spare Astro shoes that they would like to donate to the school, this would be much appreciated. These would be used or students to borrow as explained above.



GENERAL NOTICES

PARIS FOOTBALL TOUR

MONDAY 15TH-
FRIDAY 19TH
FEBRUARY 2027
(HALF TERM)

- Fixtures vs local opposition
- Tour of the Stade de France

- Full day at Disneyland Paris
- Shopping in Paris

Sightseeing in Paris:

- Eiffel Tower
- Champs-Élysées
- River Seine

Outdoor Adventure Day :

- Bubble football
- Archery tag
- Disc golf



- Evening meals at local restaurants.

- Executive coach travel and ferry crossing.
- 4 nights en-suite accommodation, including breakfast.

GENERAL NOTICES

Friends of Greyfriars (PTA)

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

Free School Meals

Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

- 26 November | Future Fest Careers Event
- 28 November | Flu Vaccinations Years 7 - 11
- 04 December | 6th Form Open Evening for Year 11 Students
- 09 – 15 December | Book Fair in the Library
- 11 December | Christmas Lunch
- 12 December | Year 8 / Year 9 STEM Challenge
- 16 December | Advent Reconciliation
- 19 December | Last day of term – early finish

Donations

If you wish to make a donation to the school please click on the link.

[**DONATE**](#)

Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit: <https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



You Tube

GENERAL NOTICES

Save the date!

GREYFRIARS
CHRISTMAS
Fayre

6th DECEMBER 2025
11:30AM - 2PM

JOIN US

GREYFRIARS CATHOLIC SCHOOL
ERICKET ROAD OXFORD OX4 3BR
TEL: 01865 749933 OFFICE@GFCES.UK

LOCAL EVENTS AND OPPORTUNITIES

ART CLASSES



A PLACE TO BELONG, GROW & CREATE

BOOK A TRIAL NOW!

- + Art Classes for Children 6+
- + Teen Art Classes
- + GCSE & A-Level Support
- + Holiday Art Workshops
- + Seasonal Family Workshops
- + Birthday Parties & Events

COMMITTED TO SAFEGUARDING | OFSTED REGISTERED | CHILDCARE VOUCHERS ACCEPTED



07384 670391
oxford@art-k.co.uk
art-k.co.uk/class-oxford
37 South Parade, Summertown, Oxford OX2 7JN



CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!

**EVERY MONDAY
8:30PM TO 10:00PM
BICESTER**

**EVERY TUESDAY
6:30PM - 8:00PM
OXFORD**

Blackbird Leys COMMUNITY LARDER

Oxford Hub
Working together to build a better Oxford

Oxford Hub Community Larder
Every Wednesday 12:00-10:00
Email - Hello@oxfordhub.org
Telephone - 01865 745200
If you have any further inquiries

What is a community larder?

A membership programme that provides:

- Access to utility discounts and social tariffs
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

£10 P/YEAR
ANNUAL JOINING FEE

INDIVIDUAL MEMBERSHIP FROM £3.50 /WEEK

FAMILY MEMBERSHIP FROM £7 /WEEK

An individual membership provides up to 10 items of non-perishables (pasta, tins etc) per week plus free fruit and vegetables.

A family membership is twice as much.

We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?

Sign up today!
www.fofea.uk.com

Registered Charity Number 1161901



Merry Christmas!

December Timetable

All sessions delivered live online via zoom. 30 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Decreasing Depression	1 DEC 10am
Raising Self Esteem	1 DEC 7pm
Understanding the Teenage Brain	2 DEC 10am
Supporting Healthy Sleep	2 DEC 7pm
Autism - Improving Communication	8 DEC 10am
Improving Family Communication	8 DEC 7pm
Supporting A Child with ADHD	9 DEC 10am
Understanding Addictive Behaviour	9 DEC 7pm
Anxiety Based School Avoidance	15 DEC 10am
Understanding Anger	15 DEC 7pm
Supporting Healthy Screen Use	16 DEC 10am
Facing Defiance	16 DEC 7pm

OXFORD UNITED IN THE COMMUNITY www.ouitc.org

SCAN THE QR TO BOOK

**GIRLS ONLY
PREMIER LEAGUE KICKS
TUESDAY IN OXFORD
YEAR 7 - YEAR 13
5:00PM - 6:00PM**

Leys Pools and Leisure Centre,
Pegasus Road
Oxford
OX4 6JL

**FUN AND SOCIAL FOOTBALL
FREE TO ATTEND.**

Contact Us
plkicks@oufc.co.uk

DRIVING LESSON TO 4-17 YEARS

YOUNG DRIVER

9 - 17 years old?

Learn to drive early!

GET 25% OFF YOUR DRIVING LESSON

Pupils who've had lessons with Young Driver have 80% fewer accidents on the road when they start driving at 17, which means Young Driver is not just great fun it's also a road safety revolution.

Simply visit our website: youngdriver.com and use code YDF25 at checkout.

T&Cs apply. Cannot be used in conjunction with any other offers.

LOCAL EVENTS AND OPPORTUNITIES

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power



Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

Get in touch

- enquiries@connectionsupport.org.uk
- 01865 711267
- connectionsupport.org.uk



Visit our website to download the referral form

Drop-in details:



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE



COMMUNITY FUND OXFORDSHIRE COUNTY COUNCIL youth ambition OXFORD CITY COUNCIL

LEYS YOUTH HUB

LOCATION: LEYS POOL AND LEISURE CENTRE, PEGASUS ROAD
FREE ACTIVITIES FOR 11 - 18

- MONDAYS 3.30 PM - 5.30PM:** CREATIVE SESSION BAKING, ART, MUSIC
- THURSDAYS 3.30 PM - 5PM:** CREATIVE SESSION COOKING, BAKING, ART, MUSIC
- TUESDAYS 4PM - 6PM:** GIRLS GROUP NAILS & BEAUTY, GAMES, MOVIE NIGHTS
- PLUS ROCK CLIMBING (PREBOOK ONLY)**
MONDAY 5.30PM - 6.30PM
THURSDAY 5PM - 6PM & 6PM - 7PM
- TUESDAYS 6.15PM - 8PM:** OPEN ACCESS GAMES, COOKING, CHILL OUT

CALL LYDIA ON 07483007103 OR JEN ON 0748300739

FOR ROCK CLIMBING BOOKINGS EMAIL: LEYSYOUTHUB@OXFORD.OX.NHS.UK

NHS Oxford Health NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

www.oxfordhealth.nhs.uk/camhs/oxon/sir/webinars

OXFORDSHIRE PARENT CARERS FORUM CAMHS Child and Adolescent Mental Health Service

A Voice for Parent Carers in Oxfordshire

WEDNESDAY WEBINAR SERIES

Wednesdays | 12:00-1:30 PM

To register for a webinar visit: <https://oxpccf.org.uk/webinars>

- 24 September 2025
What to Expect from the CAMHS: NDC (Neurodevelopmental Conditions) Service
- 22 October 2025
Supporting family member's mental health through compassion
- 26 November 2025
Emotional Based School Avoidance (EBSA)
- 17 December 2025
Autistic Burnout
- 28 January 2026
Demand Avoidance
- 25 February 2026
Understanding, preventing, and supporting meltdowns
- 25 March 2026
Support in the community for young adults (post-18)

These sessions, presented in partnership with CAMHS, aim to provide insights, expert guidance, and discussions on key topics related to SEND. To learn more or register for a webinar please visit: oxpccf.org.uk/webinars

LOCAL EVENTS AND OPPORTUNITIES

Oxford University Athletic Club

Athlete Taster Day!

November 13th 2025 &
February 26th 2026



Sign up link in Instagram bio
@oxforduniathletics

Email us for more info at
Athletics.club@studentclubs.ox.ac.uk

Sign up by October 23rd!

Itinerary!

Hosted by Brasenose College, Oxford

10:00 - 10:30 Arrive at Brasenose College

10:30 - 11:15 Introduction to Oxford and life as a student-athlete at Oxford talk

11:15 - 11:45 Q&A with students and student-athletes

11:45 - 12:15 Brasenose College tour

12:15 - 13:15 Free lunch in Hall with students

13:15 - 14:15 Academic/Admissions session

14:15 - 15:30 Tour of Iffley Road Sports Centre, including Q&A with coaches and athletes

Sign up link in Instagram bio
@oxforduniathletics

Email us for more info at
Athletics.club@studentclubs.ox.ac.uk

Sign up by October 23rd!

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB
Sports, Art, Cooking & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884

www.oxford.gov.uk

OXFORD CITY COUNCIL

In partnership with
OXFORDSHIRE COUNTY COUNCIL

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LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport
Art, Games
Movies & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884

www.oxford.gov.uk

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Abingdon & Witney College

Oxfordshire Adult Learning
A BRANCH OF ABINGDON & WITNEY COLLEGE

Navigating the Teen Years

Oxford Hub
Windle Primary School
Windle Avenue
Oxford OX4 6JD

Connect with other parents, share experiences, and find support in creating a positive environment for your family.

Come along to gain valuable insights into:

- Teenage brain development
- Maintaining healthy relationships
- Managing conflict
- Building resilience
- Setting boundaries
- Keeping safe on phones and online.

6 Week Course
Wednesdays 9:30 - 11:30
5th November - 10th December

To book a place please contact Penelope (teacher of the course) from Abingdon & Witney College.
penelope.lea@abingdon-witney.ac.uk

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft
Music, Dance
Design & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884

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