

Weekly Newsletter

Friday 28th November 2025 | Issue 11

Dear Families

This week we marked the Feast of Christ the King, the final celebration of the Church's year. In our Gospel reflections, we were reminded that Jesus is not a king of power or wealth, but a King of service, love and truth. In our assemblies we reflected on the promise Jesus makes to his followers: that when we choose love, courage and faithfulness, we will never walk alone.

Christ the King reminds us that leadership in God's kingdom looks very different from leadership in the world. It is about humility, kindness, and standing alongside those who need us most. As we reach the end of the liturgical calendar, we do so with gratitude for all that has been and with hope for what lies ahead.

It has, as ever, been a wonderfully busy week in school. Our Anti-Bullying Ambassadors have officially launched our new **Student Hub**; this is a thoughtful and welcoming space where students can play board games, receive peer support, and enjoy time together in a calm and safe environment. It is already becoming something very special, and I am immensely proud of the students who have led this so beautifully.

Our Year 7 girls had an absolutely phenomenal time at their rugby event this week — returning full of energy, excitement and proudly showing off their new merchandise! It was wonderful to see such joy, confidence and teamwork.

Our **Year 11 Hospitality and Catering** students completed their mock exam this week, always one of the highlights of the year. The organisation, focus and creativity they showed was immensely impressive, and we are very proud of the effort they put in.

We were also delighted to celebrate Mass with the Jesuits, a prayerful and uplifting moment in our week. We are also delighted by the fundraising efforts of our Kenya team — they are working with real energy and enthusiasm. We have also had our Y10 GCSE artists out on a trip to the Ashmolean. A very busy week indeed!!



Alongside this, students took part in our **Future Fest**, a wonderful opportunity to meet employers, colleges and universities and begin conversations about life beyond school. Asking questions, dreaming big and thinking forward are all part of growing into the person God is calling each of us to be. This is followed up next week, which is vocation week.

What a productive and joyful week it has been. As we move toward Advent, we begin a season of waiting, hope and preparation, and we look ahead with excitement to our much-loved **Christmas Fayre**.

Thank you, as always, for your continued support and partnership. Together, we make Greyfriars a place of faith, joy and ambition.

Lyndsey Caldwell
Headteacher

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel - Luke 23 : 35 - 43



35 The people stood watching, and the rulers even sneered at him. They said, "He saved others; let him save himself if he is God's Messiah, the Chosen One." 36 The soldiers also came up and mocked him. They offered him wine vinegar 37 and said, "If you are the king of the Jews, save yourself." 38 There was a written notice above him, which read: this is the king of the Jews. 39 One of the criminals who hung there hurled insults at him: "Aren't you the Messiah? Save yourself and us!" 40 But the other criminal rebuked him. "Don't you fear God," he said, "since you are under the same sentence? 41 We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong." 42 Then he said, "Jesus, remember me when you come into your kingdom." 43 Jesus answered him, "Truly I tell you, today you will be with me in paradise."

Reflection

In Luke 23:35–43, Jesus is mocked by leaders, soldiers, and one of the criminals crucified beside him. The other criminal, however, acknowledges his own guilt and Jesus' innocence, asking Jesus to remember him in His kingdom. Jesus assures him that he will be with Him in paradise that very day. This passage highlights that Jesus' true identity is seen by the humble, as shown by the "good thief," who recognises his sin, perceives Jesus' righteousness, and receives grace for his honest faith.

School Prayer

Lord, make me an instrument of your
peace.

Where there is hatred, let me sow love;
where there is injury, pardon;
where there is error, the truth;
where there is doubt, the faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.



O Divine Master, grant that I may not so
much seek
to be consoled, as to console;
to be understood, as to understand;
to be loved, as to love.
For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to
eternal life. Amen

To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Catholic Life | Mr Greer

We are busy fundraising for our Rome pilgrimage! The student trip leader, Daniel Oates, spoke at Corpus Christi Church this past Sunday. His message was well-received: many parishioners loved seeing a young person speak at the lectern. It was also a great moment for our school, getting to share about the success of Catholic Life in recent years. Very inspiring to see the hard work he's been doing.



Just a note for Catholic Life Ambassadors and their families: we will be running a stall at the Christmas Fayre this upcoming Saturday (Dec 6) where they can sell baked goods. All money will go to the Rome trip. Please bake or cook something to sell, and please come to support our Ambassadors!



Lastly, we hosted Jesuit priests to the school this week to begin our school's Advent season. Students did great readings and helped to plan a smooth a mass.



Kenya 2026 | Trip Update

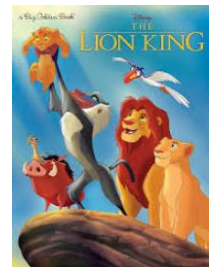
This week in our Kenya trip enrichment we had David from Year 12 visit our lesson to teach us all some **Swahili** words, including Hello - "Mambo" (or "Jambo"), and "What are you doing?" - "Unafanya nini?". We also learned "My name is.. " - "Jina langu ..."



As we will be building a house, we thought it was important to know the word "Jenga" (to build). If you have seen the Lion King movie you might know some Swahili yourselves - "Rafiki" means "friend" and "Simba" means "lion"!



CHANGING LIVES
FOR GOOD



We found out more about our guesthouse accommodation and worked on our registration. The students also discussed about sharing their culture with their hosts through artefacts like showing The Oxford United team football shirt.

Fundraising is going well, with our JustGiving page already raising over £200! Please do share! [LINK](#)

GENERAL NOTICES

Save the date!

GREYFRIARS
CHRISTMAS
Fayre

6th DECEMBER 2025
11:30AM - 2PM

JOIN US

GREYFRIARS CATHOLIC SCHOOL
ERICKET ROAD OXFORD OX4 3BR
TEL: 01865 749933 OFFICE@GFCSS.UK

GENERAL NOTICES

Future Fest 2025 – A Huge Success! | Mr Dunne

On Wednesday 26 November, we hosted our fourth annual Future Fest careers fair and I'm delighted to say it was a huge success. This was my first Future Fest as Careers and Work Experience Lead, and honestly, I don't know what I was worried about.

Future Fest is all about giving our students the chance to explore different career pathways by speaking directly with employers, training providers, local colleges, and universities. From Year 9 students choosing GCSE subjects to sixth formers exploring degree apprenticeships and higher education, there was something for everyone.

What made the day so special for me was seeing our students fully engaged – asking thoughtful questions, exploring career options, and showing real curiosity about their futures. The feedback from employers was fantastic: they told me how polite, enthusiastic, and eager to learn our students were. Some even offered work experience placements on the spot, which is an incredible outcome.



I want to say a heartfelt thank you to everyone who made Future Fest 2025 possible – our staff, our students, and our employer partners. It was a proud moment for Greyfriars Catholic School, and I'm already looking forward to building on this success in the future.

Sparx Maths **WEEK 12**

Total hours spent on Sparx this year

3,600hrs

Number of questions answered correctly

261,558

XP Champions THIS YEAR | 28/11/25

Name	Year	Total XP
Miu Miu M	8	18,451
Seerat S	7	13,740
Samayrah K	10	13,612
Nita C	11	13,453
Nora C	11	13,356
Aseda K	7	13,229
Noah S A	7	13,222
Chris J	9	12,570
Ana Paula	10	12,528
Janeilo S M	9	12,339

XP Champions for LAST WEEK

Name	Year	XP POINTS
Kanchan L	12	1,481
Gabriel M	12	681
Abdulrahman A S	11	1,675
David E	11	1,545
Brisa C	10	2,240
Mathila T	10	1,609
Emmanuel O	9	5,671
Muhammed N	9	2,088
David A	8	2,188
Azzouz M	8	1,757
Revita S S	7	2,175
Emmabong V	7	1,745

GENERAL NOTICES

Bucks Girls Rugby Charity Event – A Fantastic First for Our Year 7s! | Miss Kenneford

On Wednesday, twenty of our Year 7 girls proudly represented the school at the very first *Bucks Girls Rugby Charity Event*, hosted in Oxfordshire. It was an exciting and inspiring afternoon designed to encourage girls' participation in rugby, and our students rose brilliantly to the occasion.

Over the course of three energetic hours, the girls received specialist coaching from professional Oxford Harlequins coaches, who helped them develop new skills, build confidence, and deepen their understanding of the game. They also had the opportunity to take part in friendly touch rugby matches alongside girls from nine other schools across the region. The atmosphere was vibrant, supportive, and full of enthusiasm, with our girls throwing themselves into every drill and every game.

Their efforts and positive attitudes were rewarded—not only with a memorable experience—but with some fantastic freebies to take home. Each student walked away with a brand-new rugby ball, a gum shield, and even a rugby-themed scrunchie as a memento of the day.

We are incredibly proud of how engaged, spirited, and supportive our Year 7 girls were throughout the event. It was a wonderful opportunity for them to connect with others, develop new skills, and celebrate the growing profile of girls' rugby.



A huge well done to everyone involved!

FOOD FESTIVAL

FESTIVE FUN

Greyfriars Christmas Lunch

Thursday 11th December

Menu

Lemon & Thyme Roast Turkey
Or
Roasted Vegetable & Cranberry Filo Basket,
Served with
Roast Potatoes, Vegetables,
Yorkshire Pudding & Turkey Gravy

Salted Caramel Christmas Choux Bun
or
Apple & Cinnamon Danish Bun





GENERAL NOTICES

Sixth Form News | Ms McCabe

Anti-Bullying Ambassadors Drop-In

This week, our wonderful Anti-Bullying Ambassadors have been running a lunchtime drop-in for younger students. They have been working hard all week encouraging younger students to take part in activities, play games and write messages about bullying. The atmosphere in the hub has been brilliant.

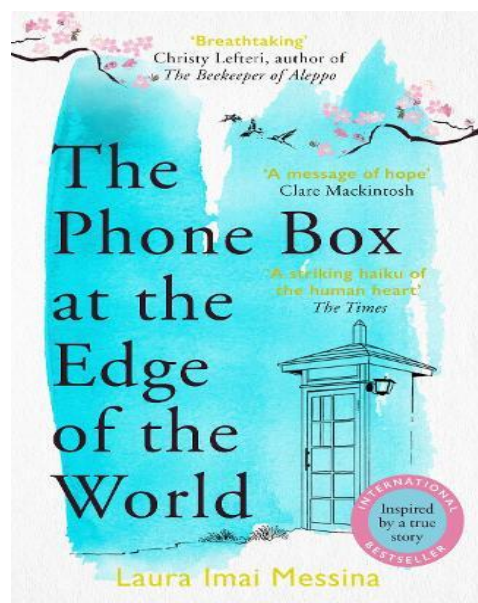
Switch Off Week

Our Sixth Form are planning their Switch Off Week starting from January 19th. This is to raise awareness of the potential harm caused by excessive phone use for young people. They will be promoting this over the next few weeks and will be inviting others, including staff to join them in their challenge. Last year we raised £270 for Young Minds. This year we are looking to double this figure. More details coming soon.

ESS Society

Our Sixth Form Environmental and Sustainability Society have exciting plans for our Peace Garden. They are looking for donations of good quality garden equipment or plant pots that are no longer needed. Please contact the main school reception if you are able to help.

Weekly Book Review | Lian G



Certainly an interesting book which leads one to think of questions that might not often always be answered. Think of yourself as drifting

away with a humming in your mind as you read yourself away becoming overly enveloped in this story.

This novel explores the much more emotional aspects of being human and what one has to deal with. It deals in perseverance and that small sapling of hope that has chances to grow farther everywhere it stays. This novel explores great emotional depth and connection with themes of inspiration and soft curiosity in times of what may be hopelessness to many.

It's certainly a story to expand one's mind-especially as it is based on a true one!

GENERAL NOTICES

GCSE ART Year 10 trip to the Ashmolean Museum | Mrs Byrne

On Friday, our Year 10 GCSE Art pupils had an inspiring visit to the Ashmolean Museum. They explored an exciting range of artworks and artefacts, carrying out research and producing impressive observational drawings. The trip sparked fresh creativity and has given them strong momentum as they begin developing ideas for their GCSE coursework.



Message for Years 10 and 11 | Mr Weedon

This week Year 10 and 11 students showed strong engagement and understanding, particularly in Year 11 RE. Dr Kay taught a lesson on pilgrimage, explaining what it is and why it is significant. It was excellent to see how confidently the students approached the topic—their knowledge was so good that many of them were able to contribute to the teaching alongside Dr Kay. Speaking with so many students highlighted just how deeply they understood the material, making the week both enjoyable and impressive.

Year 10 and Year 11 students had the valuable opportunity to attend Future Fest, an event especially significant for those currently working through their GCSE years. The festival provided a wide range of stalls that directed students to prospective jobs, career pathways, and further education options. It offered them the chance to ask questions, gain insight into different industries, and begin considering what their futures might look like beyond school. For many students, it was an inspiring and motivating experience that helped them connect their current studies with real-world possibilities.

Achievement Points this Week

100CT	172
10MJ	127
10JOD	111
10SA	104



11JM	99
11JS	87
11RHO	58

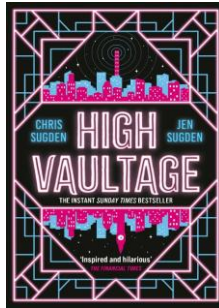
GENERAL NOTICES

Library News | Miss Brett

Hello everybody! What an exciting week we've had!

First of all, I want to say a huge **THANK YOU!** to the amazing Jen Sugden, who delivered a brilliant creative writing workshop in our Enrichment session on Wednesday. Her engaging and energising activities really got our creative juices flowing - I even got to transform into a Monster Crab! 😊 We're especially grateful for her generosity in delivering the workshop free of charge

Jen has co-authored the brilliant novel "High Vaultage", which she kindly donated to our library. Lian can't wait to read and review it. But don't worry, another copy is coming to the library soon, so be sure to come and check it out.



Very excitedly, we are preparing for the 250th anniversary of Jane Austen's birth. Starting next week, these are the competitions that will run throughout December to celebrate the occasion:

- Austen 250 Flash Fiction Contest (250 Words)
- Design a Regency-Style Book Cover
- Regency Fashion Design Competition
- Know Your Austen Quiz



Come to the library next week to get all the details!

Book Fair Reminder | 10th – 15th December
This is a perfect opportunity for students to choose books independently, so they really enjoy reading them (or to buy a nice Christmas gift for a loved one 😊).

WELCOME
to
THE
LIBRARY

Our school observed Anti-bullying Week, and Nicolas [Y7] has shared his wonderful poem with us.

Bullying, Laughs echo,
Tears fall, Groups huddle;
But no one knows at all.
They're scared to speak up,

Tell the truth,
Or they know what would happen,
At least a broken tooth.
Threats come, Fists fly,
Just to hear,
The weaker one cry.
They're huddled up,
Hiding in disguise,
So that when they come,
They don't get played on,
Like a drum.

You chose who you become,
You chose who you are,
And you chose what to do and say.
So choose correctly.

I hope we all paused to read and really soak in the significance of these words.

GENERAL NOTICES

Library News Continued

Reading Champions this week.

TERM 2 WEEK 4				
	Reading Champ		Tutor Group Reading Championship	
1	SU	178	9AS	244
2	PL	87	8RM	169
3	BD	37	10MJ	104
4	AJ	35	9RCR	101
5	A-ML	29	7BN	100

Now, our scavenger hunt was lots of fun! Some students found it a bit annoying that I made them write all the facts they'd discovered, but I bet they learnt a lot of new things 😊.

TRUTH SEEKERS SCAVENGER HUNT

- Find 20 facts.
- Write them and the sources.
- Find the 7 hidden letters and write each next to the case file you found it on.
- Unscramble the secret word.
- Return your student sheet to the library desk.

[Get 15 achievement points.
A Chance to win a chocolate.]

Have a great weekend, everyone! I hope you get to read a fantastic book.

Message for Year 7 | Mr Cunningham

This week, the year 7 girls had the wonderful opportunity to get involved in rugby, thanks to Miss Kenneford and the Bucks Girls Rugby Charity! 20 girls headed up to Horspath to train with the Oxford Quinns coaches, and play matches against other schools from Buckingham and Warwickshire, scoring some fantastic tries and representing the school wonderfully, despite the cold!

This week it is 7GKE who have led the way with achievement points, despite the efforts of Jude and Abi topping the individual leader board for this week!

Jude	43
Abi	36
Imiyah	35
Iliam	34
Amelia-Grace	33
Samuel	33
Oreoluwa	32
Leandra	32
Shashwat	32
Simao	31
Oscar	30

**WELL
Done**

7GKE	639
7ALW	453
7BN	418
7KR	382

Well done everyone this week, have lovely restful weekend!

GENERAL NOTICES

Message for Year 8 and Year 9 | Mrs Reddy

In IT we celebrate: Zhayden for demonstrating outstanding focus and consistently modelling expectations perfectly on the first attempt. Caleb who continues to earn achievement points, showing that striving for accuracy is now a clear priority. Zabrina is always focused and consistently giving her very best effort. David A impresses with excellent engagement in every lesson. Wissam for maintaining excellent focus throughout lessons. Kristian, who is consistently focused and always putting in remarkable effort. Isayah for performing brilliantly in lessons and always being ready to lend a helping hand. John for completing all tasks to a high standard. Kosmas for demonstrating an impressive depth of understanding in lessons.

Meanwhile in English, Blossom and Ayesha are celebrated for their dedication to reading and their enthusiasm in sharing their latest books with their form tutor. Another fantastic sign that 'Read to Succeed' is truly taking root among our students!

In Biology, Crystal and Esme participated excellently in lessons on respiration.

I would like to shine the spotlight on Sampson, who often supports other students in Maths after completing his own work. Sampson, your commitment to achieving both individually and collectively is truly admirable.

Keep up the incredible work. It's inspiring to see the positive impact you're creating for yourselves and those around you!

Leadership Enrichment Donations

The Leadership Enrichment group is currently collecting items to support needy families and children in our community. We kindly ask you to contribute any **pre-loved items** or **unwanted gifts** that we can donate to the church to distribute to those less fortunate. Please drop off your donations at **Reception** for the attention of **Mrs Reddy**.



Thank you for your generosity and support in making a difference!

Students Leading the Way

Year 8 | Grant / Rachael A / Karina / Simrah / Hannah / Lena / Addullah / Sylan / Hafsa / Isayah

Year 9 | Sabrina / Aminata / Karina / Fina / Leo A / Amalia / Mazvita / Luana / Folarin / Lilianah-Sofia

GENERAL NOTICES



Greystriars Catholic School
Invites you to a

FREE BREAKFAST!

Get an energy boost before class with a FREE breakfast - don't miss out!

When: Every week day
Where: School Restaurant
Time: 8:00am-8:30am



National School Breakfast Programme is delivered by Family Action. Find out more at family-action.org.uk/NSBP.

Family Action, Registered as a Charity in England & Wales no. 264713. Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01068186.



Greystriars Christmas Fayre

Raffle and Tombola Prize Donations

We are asking for donation of items that can be used as prizes to help our fundraising at our Christmas Fayre

Do you have something special that you would be willing to donate as a tombola prize? Unwanted gifts, toys, toiletries, wine, games, gift card etc Please leave any donations at reception.

We hope you will be able to join us on Saturday 6th December from 11.30am.

Astroturf

Please remember that your child needs Astroturf trainers or turf football boots – see the picture adjacent for examples of the shoes that are permitted.

Students wearing the incorrect footwear will not be permitted on the Astroturf.

Football boots can be bought for as little as £4.99 via Sports Direct (Sondico ones).

We will hold some spare boots to lend to students if necessary, however, these are to be returned at the end of the lesson. This way we can ensure we always have a supply of boots for those students who forget theirs or are in the process of buying their own.

If anyone has spare Astro shoes that they would like to donate to the school, this would be much appreciated. These would be used or students to borrow as explained above.

YES ✓	YES ✓	YES ✓	NO ✗	NO ✗
Studs (moulded)	Plastic Studs / Screw In (screw in less than 15mm)	Astro Turf Trainers	Blades or Boots with metal or metal tipped studs	Flat Soled eg. Trainers etc.
				
		NO ✗ Dimpled eg. Specialist hockey shoes		
				

GENERAL NOTICES

PARIS FOOTBALL TOUR

MONDAY 15TH-
FRIDAY 19TH
FEBRUARY 2027
(HALF TERM)

- Fixtures vs local opposition
- Tour of the Stade de France

- Full day at Disneyland Paris
- Shopping in Paris

Sightseeing in Paris:

- Eiffel Tower
- Champs-Élysées
- River Seine

Outdoor Adventure Day :

- Bubble football
- Archery tag
- Disc golf



- Evening meals at local restaurants.

- Executive coach travel and ferry crossing.
- 4 nights en-suite accommodation, including breakfast.

GENERAL NOTICES

Friends of Greyfriars (PTA)

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

Free School Meals

Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

04 December | 6th Form Open Evening for Year 11 Students

09 – 15 December | Book Fair in the Library

11 December | Christmas Lunch

12 December | Year 8 / Year 9 STEM Challenge

16 December | Advent Reconciliation

19 December | Last day of term – early finish

05 January | Staff INSET Day – No students in school

06 January | Term 3 Starts

22 January | Year 11 Parent Consultation Evening

Donations

If you wish to make a donation to the school please click on the link.

[**DONATE**](#)



Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



You Tube

LOCAL EVENTS AND OPPORTUNITIES

ART CLASSES



A PLACE TO BELONG, GROW & CREATE

BOOK A TRIAL NOW!

- + Art Classes for Children 6+
- + Teen Art Classes
- + GCSE & A-Level Support
- + Holiday Art Workshops
- + Seasonal Family Workshops
- + Birthday Parties & Events

COMMITTED TO SAFEGUARDING | OFSTED REGISTERED | CHILDCARE VOUCHERS ACCEPTED



07384 670391
oxford@art-k.co.uk
art-k.co.uk/class-oxford
37 South Parade, Summertown, Oxford OX2 7JN



CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!

EVERY MONDAY
8:30PM TO 10:00PM
BICESTER

EVERY TUESDAY
6:30PM - 8:00PM
OXFORD

Blackbird Leys COMMUNITY LARDER

Oxford Hub
Working together to build a better Oxford

Oxford Hub Community Larder
Every Wednesday 12:00-10:00
Email - Hello@oxfordhub.org
Telephone - 01865 745200
If you have any further inquiries

What is a community larder?

A membership programme that provides:

- Access to utility discounts and social tariffs
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

Who can join?

Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?

A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

£10 P/YEAR
ANNUAL JOINING FEE

INDIVIDUAL MEMBERSHIP FROM £3.50 /WEEK

FAMILY MEMBERSHIP FROM £7 /WEEK

An individual membership provides up to 10 items of non-perishables (pasta, tins etc) per week plus free fruit and vegetables.

A family membership is twice as much.

We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?

Sign up today!
www.fofea.uk.com

Registered Charity Number 1165762



Merry Christmas!

December Timetable

All sessions delivered live online via zoom. 30 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Decreasing Depression	1 DEC 10am
Raising Self Esteem	1 DEC 7pm
Understanding the Teenage Brain	2 DEC 10am
Supporting Healthy Sleep	2 DEC 7pm
Autism - Improving Communication	8 DEC 10am
Improving Family Communication	8 DEC 7pm
Supporting A Child with ADHD	9 DEC 10am
Understanding Addictive Behaviour	9 DEC 7pm
Anxiety Based School Avoidance	15 DEC 10am
Understanding Anger	15 DEC 7pm
Supporting Healthy Screen Use	16 DEC 10am
Facing Defiance	16 DEC 7pm

OXFORD UNITED IN THE COMMUNITY www.ouitc.org

SCAN THE QR TO BOOK

GIRLS ONLY PREMIER LEAGUE KICKS TUESDAY IN OXFORD YEAR 7 - YEAR 13 5:00PM - 6:00PM

Leys Pools and Leisure Centre,
Pegasus Road
Oxford
OX4 6JL

FUN AND SOCIAL FOOTBALL

FREE TO ATTEND.

Contact Us
plkicks@oufc.co.uk

DRIVING LESSON TO 47 YEARS

YOUNG DRIVER

9 - 17 years old?
Learn to drive early!

GET 25% OFF YOUR DRIVING LESSON

Pupils who've had lessons with Young Driver have 80% fewer accidents on the road when they start driving at 17, which means Young Driver is not just great fun it's also a road safety revolution.

Simply visit our website: youngdriver.com and use code YDF25 at checkout.

T&Cs apply. Cannot be used in conjunction with any other offers.

LOCAL EVENTS AND OPPORTUNITIES

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power



Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

Get in touch

- enquiries@connectionsoxford.org.uk
- 01865 711267
- connectionsoxford.org.uk



Visit our website to download the referral form

Drop-in details:



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE



COMMUNITY FUND OXFORDSHIRE COUNTY COUNCIL youth ambition OXFORD CITY COUNCIL

LEYS YOUTH HUB

LOCATION: LEYS POOL AND LEISURE CENTRE, PEGASUS ROAD
FREE ACTIVITIES FOR 11 - 18

- MONDAYS 3.30 PM - 5.30PM:** CREATIVE SESSION BAKING, ART, MUSIC
- THURSDAYS 3.30 PM - 5PM:** CREATIVE SESSION COOKING, BAKING, ART, MUSIC
- TUESDAYS 4PM - 6PM:** GIRLS GROUP NAILS & BEAUTY, GAMES, MOVIE NIGHTS
- PLUS ROCK CLIMBING (PREBOOK ONLY)**
MONDAY 5.30PM - 6.30PM
THURSDAY 5PM - 6PM & 6PM - 7PM
- TUESDAYS 6.35PM - 8PM:** OPEN ACCESS GAMES, COOKING, CHILL OUT

CALL LYDIA ON 07483007103 OR JEN ON 0748300739

FOR ROCK CLIMBING BOOKINGS EMAIL: LEYSYOUTHUB@OXFORD.OX.NHS.UK

NHS Oxford Health NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

www.oxfordhealth.nhs.uk/camhs/oxon/sir/webinars

OXFORDSHIRE PARENT CARERS FORUM Child and Adolescent Mental Health Service
A Voice for Parent Carers in Oxfordshire

WEDNESDAY WEBINAR SERIES

Wednesdays | 12:00-1:30 PM

To register for a webinar visit: <https://oxpccf.org.uk/webinars>

- 24 September 2025
What to Expect from the CAMHS: NDC (Neurodevelopmental Conditions) Service
- 22 October 2025
Supporting family member's mental health through compassion
- 26 November 2025
Emotional Based School Avoidance (EBSA)
- 17 December 2025
Autistic Burnout
- 28 January 2026
Demand Avoidance
- 25 February 2026
Understanding, preventing, and supporting meltdowns
- 25 March 2026
Support in the community for young adults (post-18)

These sessions, presented in partnership with CAMHS, aim to provide insights, expert guidance, and discussions on key topics related to SEND.
To learn more or register for a webinar please visit: oxpccf.org.uk/webinars

LOCAL EVENTS AND OPPORTUNITIES

Oxford University Athletic Club

Athlete Taster Day!

November 13th 2025 &
February 26th 2026



Sign up link in Instagram bio
@oxforduniathletics

Email us for more info at
Athletics.club@studentclubs.ox.ac.uk

Sign up by October 23rd!

Itinerary!

Hosted by Brasenose College, Oxford

- 10:00 - 10:30 Arrive at Brasenose College
- 10:30 - 11:15 Introduction to Oxford and life as a student-athlete at Oxford talk
- 11:15 - 11:45 Q&A with students and student-athletes
- 11:45 - 12:15 Brasenose College tour
- 12:15 - 13:15 Free lunch in Hall with students
- 13:15 - 14:15 Academic/Admissions session
- 14:15 - 15:30 Tour of Iffley Road Sports Centre, including Q&A with coaches and athletes

Sign up link in Instagram bio
@oxforduniathletics

Email us for more info at
Athletics.club@studentclubs.ox.ac.uk

Sign up by October 23rd!

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY FRIDAY
3.30pm - 6.30pm

GIRLS YOUTH CLUB
Sports, Art, Cooking & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884

www.oxford.gov.uk

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LEYS YOUTH HUB @ BLAP

Fun, Free & Exciting Session for Young People

Location: BLAP, MOORBANK,
BLACKBIRD LEYS OX4 6HW

EVERY THURSDAY
5.45pm - 7.45pm

Cooking, Sport
Art, Games
Movies & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884

www.oxford.gov.uk

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Abingdon & Witney College

Oxfordshire Adult Learning
A MEMBERSHIP OF ABINGDON & WITNEY COLLEGE

Navigating the Teen Years

Oxford Hub
Windle Primary School
Windle Avenue
Oxford OX4 6JD

Connect with other parents, share experiences, and find support in creating a positive environment for your family.

Come along to gain valuable insights into:

- Teenage brain development
- Maintaining healthy relationships
- Managing conflict
- Building resilience
- Setting boundaries
- Keeping safe on phones and online.

6 Week Course
Wednesdays 9:30 - 11:30
5th November - 10th December

To book a place please contact Penelope (teacher of the course) from Abingdon & Witney College.
penelope.lea@abingdon-witney.ac.uk

LEYS YOUTH HUB @ ORION ACADEMY

Fun, Free & Exciting Session for Young People

Location: ORION ACADEMY,
KNIGHTS ROAD, BBL, OX4 6DQ

EVERY WEDNESDAY
3.30pm - 6.30pm

Baking, Art & Craft
Music, Dance
Design & More!

For Age 11 - 18
(Up to 25 if you have a disability)

For further details, please contact
07483010739 or 01865 335884

www.oxford.gov.uk

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