

Weekly Newsletter

Friday 12th December 2025 | Issue 13

Dear Families

As we reach the final week of term, our assemblies have centred on Matthew’s Gospel and the call to prepare the way of the Lord. In our assembly reflections, we looked together at what it means to “make straight the paths” in our own lives — to remove obstacles, to be honest with ourselves, and to create space for kindness, justice and peace. Dr Rogers has also led powerful student assemblies this week, encouraging our young people to reflect on how they can shape their own path through small, meaningful daily actions. As Advent continues, this message feels especially alive: we prepare not just our homes for Christmas, but our hearts.



Last Saturday we held our Christmas Fair, and what a wonderful, hope-filled celebration it was. Warm, caring, buzzing with energy: the hall was absolutely brimming with joy. It feels like an old-fashioned event that helps connect us to our community and to our past. I loved it.

We are delighted to share that the Fair raised over £1,400 for the school. This money does not disappear into the general finances; it remains entirely separate, as a special pot for the students. We will be asking them in January how they would like the money to be spent to make our school even better. Their ideas will shape every penny.

A special word of thanks to our students, particularly our Catholic Life Ambassadors, who continue to work tirelessly to raise funds for the Rome trip, and our student Leadership Team who have worked with Mrs Reddy. We were especially proud of Yves, who acted so spontaneously and generously, Mia, who raised an incredible £60 in just 30 minutes, and Bella, whose creativity and commitment shone through her work on Guess the Sweets. There were also many, many other students who helped, supported, and took part in ways both big and small. Every contribution mattered, and together they embodied the very best of the Greyfriars Way.



I want to give my heartfelt thanks to all the staff who gave up a significant amount of their own time to make the Fair happen, and to all of our families whose contributions, from baking cakes, making bracelets, sausage rolls, serving tea and turkey baps, to buying raffle tickets, created such a beautiful community event. And, of course, where would we be without Father Christmas?!



Christmas Dinner – A Feast of Food, Music and Togetherness

This week we also enjoyed our much-loved school Christmas dinner. It was delicious, but more than that, it was a true celebration of togetherness. Filled with music, singing, conversation and gratitude, the hall was alive with festive spirit.

I was especially proud of how Greyfriars Polite our students were, saying ‘thank you’, ‘Merry Christmas’, and leaving their spaces even better than they found them. It was a small but very powerful expression of who they are.



Looking Ahead – Gaudete Sunday & Our Final Week

As we move into the third week of Advent, we celebrate Gaudete Sunday; Gaudete meaning Rejoice! It is a moment in Advent where the Church pauses to lift its eyes to joy.

In school next week we will be doing the same: rejoicing in our community, celebrating those who contribute so positively to our shared life, and reflecting on the light we bring to one another.

But even in the final week, we remain committed to sharp focus in lessons. It is still school and our young people continue learning right until the very end, before we all enjoy a well-earned Christmas rest.

As this term draws to a close, I want to thank you: thank you for your trust, your kindness, your generosity and the joy you bring to our community. Greyfriars is a school filled with hope because of the people who make it.

I wish you all a peaceful, joyful Christmas. May your homes be filled with laughter, rest, faith and love. May the New Year bring renewal, courage and abundant blessings for you and your families.

Merry Christmas
Lyndsey Caldwell

WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

Gospel - Matthew 3 : 1 - 12



¹ In those days John the Baptist came, preaching in the wilderness of Judea ² and saying, "Repent, for the kingdom of heaven has come near." ³ This is he who was spoken of through the prophet Isaiah: "A voice of one calling in the wilderness, 'Prepare the way for the Lord, make straight paths for him.'" ⁴ John's clothes were made of camel's hair, and he had a leather belt around his waist. His food was locusts and wild honey. ⁵ People went out to him from Jerusalem and all Judea and the whole region of the Jordan. ⁶ Confessing their sins, they were baptized by him in the Jordan River. ⁷ But when he saw many of the Pharisees and Sadducees coming to where he was baptising, he said to them: "You brood of vipers! Who warned you to flee from the coming wrath? ⁸ Produce fruit in keeping with repentance. ⁹ And do not think you can say to yourselves, 'We have Abraham as our father.' I tell you that out of these stones God can raise up children for Abraham. ¹⁰ The axe is already at the root of the trees, and every tree that does not produce good fruit will be cut down and thrown into the fire. ¹¹ "I baptise you with water for repentance. But after me comes one who is more powerful than I, whose sandals I am not worthy to carry. He will baptize you with[c] the Holy Spirit and fire. ¹² His winnowing fork is in his hand, and he will clear his threshing floor, gathering his wheat into the barn and burning up the chaff with unquenchable fire."

Reflection

Matthew 3:1–12 portrays John the Baptist as the prophesied forerunner who prepares the way for Jesus by calling people to heartfelt repentance. He announces that the kingdom of heaven is near and warns of coming divine judgment, urging his listeners to bear "good fruit" that reflects genuine repentance. John's water baptism serves as a preparation for the greater work of Jesus, who will baptize with the Holy Spirit and fire—bringing both purification and judgment. The passage emphasises the nearness of God's rule, the necessity of transformed lives, and the supremacy of the coming Messiah.

○ Most Holy Virgin, immaculate in body and spirit, look kindly on me as I implore your powerful intercession. ○ most Holy Mother, receive my prayers as I present them to God. ○ Mary, Mother of Jesus and our Mother, you intercede for us with your Son. ○ Mary conceived without sin, pray for us who have recourse to thee. Our Lady of the Immaculate Conception, pray for us. Our Lady of Guadalupe, pray for us. Our Lady Queen of Christendom, pray for us. Amen.

Prayer (For the Feast of the Immaculate Conception)



To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

GENERAL NOTICES

Catholic Life | Mr Greer

The Chapel has continued to reflect Advent beauty as students lead prayer services for their form groups. I've been amazed by all of the students willing to plan, read, and even preach to classmates about what it means to search for God during the upcoming Christmas season. We are continuing to collect food donations as well from each form group-please keep sending in non-perishable food from home! It helps many of those in need in our community.



I was also wowed by the Catholic Life Ambassador team who sold treats at the Christmas Fayre on Saturday. They had tables lined with goods that they had baked at home-quite an impressive variety. Their hard work and our community's generosity raised a good amount of money for our upcoming Rome pilgrimage. Again, very impressed!

Donations for Rome



Kenya 2026 | Trip Update

Fundraising Fun Run / Walk



Students will be running to raise money and awareness for the Kenya trip.



There will be a cake sale afterwards at 3:15. Please come along support us!

Tuesday 16th December, P5.

Fundraising is going well, with our JustGiving page already raising over £500!
Please do share!

[LINK](#)

GENERAL NOTICES

Sixth Form News | Ms McCabe

Y12 Super Curricular

It is around this time of the year that the importance of going beyond the curriculum becomes really clear for our Y13 students. As they complete their UCAS applications, it is these additional opportunities for learning and participation that really make students stand out from other applicants. Many super curricular programmes are only available to Y12 students so it is important that students do not miss out on these.

THANK YOU!

Thank you to everyone who came to Christmas Fayre on Saturday – it was a huge success.



We raised
£1400!



We will collaborate with the students in deciding what this money should be used for.



Christmas Fun Run

Get your running shoes on for our 3rd Annual Sixth Form Fun Run and Walk! On Friday, our students will take a walk (or run for the more energetic) around school and Florence Park. As part of this event we are collecting non-perishable food items for the Community Emergency Foodbank in Oxford. All students will be rewarded with hot chocolate and a medal at the end.

ESS Environment & Sustainability Society.

Our ESS students were busy this week. They have been organising a hot chocolate sale to raise money for their environmental activities. They also did a spot of litter picking in the local community in Florence Park. They are currently working on a newsletter to go out to students and families each term sharing environmental tips and hints.

Attendance Matters!

Please keep a look out for a letter that has been sent home today with reminders about attendance in Sixth Form. Attendance continues to be a priority because of the strong link between attending and excellent grades. We want the very best for every one of our students and know that attendance is a key part of this.

Stars of Sixth Form

Finally, I know we have our Awards Assemblies next Friday with lots of students being celebrated, I wanted to say an extra well done to ALL of our Y12 and Y13 students for an excellent term! They impress us every single day with their ambition, focus and fun, as well as their reflection when things don't always go to plan. We're looking forward to a busy final week of term.

GENERAL NOTICES

Message for Years 10 and 11 | Mr Weedon

As we come to the end of another busy and productive term, I want to take a moment to recognise the hard work, commitment, and resilience shown by our Year 10 and Year 11 students. This has been a demanding year so far, and every student should feel proud of the effort they have put into their studies, extracurricular activities, and personal growth.

Year 10 have continued to settle into the challenges of their GCSE courses with maturity and enthusiasm, showing a growing sense of independence and responsibility. Year 11 have demonstrated excellent focus as they approach their final months before examinations, and we are impressed by the determination they bring to each day.

I would also like to thank you, as parents and carers, for the support you consistently give. Your encouragement at home plays a vital part in helping students stay motivated and engaged.

As we head into the Christmas break, I hope all of our students can enjoy a well-earned rest. This time is an opportunity to recharge, spend time with family and friends, and return refreshed for the term ahead. Please enjoy the festive season, and above all, stay safe and well.

We look forward to welcoming everyone back in the new year, ready for the challenges and successes to come.

Registration form	This Term's Achievement Points
10CT	4,193
10JOD	4,140
10MJ	5,352
10SA	5,174
11JM	4,504
11JS	4,722
11RHO	3,196

Thank you!

Chef Mike would like to thank the students for their participation in Christmas Lunch festivities, their behaviour was exemplary, and I hope you all have a Happy Christmas.

I would also like to thank my team of Elves who did a fantastic job in serving the meals.

Chief Elves - Monika and Libby Lou and also, Sophie, Susan and Lorna.



GENERAL NOTICES

Design Technology Textiles | Mrs Byrne

Our Year 7 pupils have been busy completing their first rotation—and their results are fantastic! They've designed and crafted their own handmade moccasins, drawing inspiration from the vibrant work of Yayoi Kusama, the bold Memphis Design Movement, and traditional Native American slippers. Starting with soft Merino wool, they hand made their own felt before sewing their slippers together and embellishing them with colourful embroidery and sparkling beads.

Year 8 have also blown us away with their imagination and skill. They designed and made their very own Squish mallows, bringing them to life with bright appliqué and detailed embroidery. Their finished pieces are fun, unique, and full of personality!

I am looking forward to share more of the pupils work from the Art and DT department in the New year.



Sparx Maths **WEEK 14**

Total hours spent on Sparx this year	Number of questions answered correctly
4,200hrs	310,558

XP Champions THIS YEAR | 12/12/25

Name	Year	Total XP
Miu Miu M	8	21,451
Nita C	11	16,540
Russell R	11	15,612
Aseda K	7	15,153
Samayrah K	10	14,956
Janeilo S M	9	14,929
Nora C	11	14,822
Chris J	9	14,770
Seerat S	7	14,728
Crystal A	8	14,639

XP Champions for LAST WEEK

Name	Year	XP POINTS
Kanchan L	12	1,481
Gabriel M	12	581
Russell R	11	7,075
Ayden M	11	3,045
Giula D S P	10	1,640
Caitlin T	10	1,409
Nedio D C LS	9	1,471
Aminata J	9	1,388
Abdallah A M	8	1,588
Sabella O	8	1,457
Keziah A	7	2,175
Paula C U	7	1,745

GENERAL NOTICES

Library News | Miss Brett

What a wonderful week we've had!

First of all, I am so proud of all the students who submitted their stories for the Young Writers' Stranger Sagas competition. So much ambition and talent there, well done! Next Wednesday, the two authors who helped us out with our Enrichment sessions will be back to listen to our stories and celebrate with us. They have also generously offered to reward their 3 favourite entries. What a way to end the term 😊 (and that's on top of the very exciting competition prizes, which include vouchers and the possibility of becoming a published author!!!).



POETRY COMPETITION | IDEAL FOR 4-18
closing date: Monday 23rd February

Whatever your thoughts about wintertime, write a poem in any style and let us know!

- Poems can be written or typed
- No line or word limit - let creativity and expression flow!

Poems could be in a special **PUBLISHED** Winter Wonderland poetry book. Plus, our favourite poet will also win a prize!

YoungWriters

Now, speaking of opportunities to get published, here's the poetry competition, also by Young Writers, that will run until the end of February, so plenty of time to connect with your inner poet and submit your poem masterpiece 😊.

On Tuesday next week we will have our EPIC Kahoot! Quiz to celebrate the 250th anniversary of Jane Austen's birth. We want both students and staff members to take part. There are some lovely prizes, so be sure to come and test your JA knowledge! Don't worry, it's all multiple choice, so not too scary 😊.



REMINDER

We want to start our Poetry Pharmacy this academic year, but for that – we need your poems. Whether it's somebody else's work that warms your heart, or something you have written yourself – we want it! We will love it!

Exciting news! I have recently signed up to run another Read for Good Readathon next year and was entered into the prize draw to win a box set of Stormbreaker books and a copy of Step Father Christmas. I am delighted to let you know that I have been randomly selected as one of the 30 winners!! The books will arrive shortly and I will either put them on our library shelves, or use as student prizes later in the year. How exciting! Thank you.

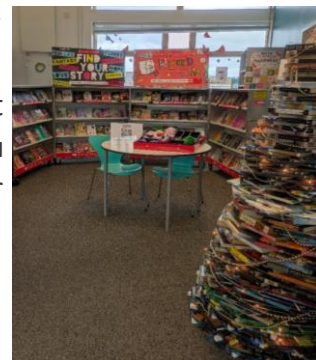
GENERAL NOTICES

Library News Continued

As I want this to be a surprise at the Award Ceremony, no updates on the Reading Championship will be shared today 😊.

TERM 2 WEEK 5		
	Reading Champ	Tutor Group Reading Championship
1	?	?
2		
3		
4		
5		

Our BOOK FAIR is now in full swing, come along to find your next book adventure! If you can't find it on the Fair shelves, I'm sure you can find something on our library shelves instead.



Wishing you a season wrapped in warmth and wonder!

Schoolwide Languagenut Challenge! | Miss Parish

Who will become our 2025 Christmas Language Champion?

All students are invited to take part in our Language nut **Points Competition!**

From Friday 19th December to Tuesday 6th January

every point you earn on Languagenut counts toward your class total *and* your individual score.

How to Join

1. Log in to your LN account.
2. Click 'secondary' and work through tasks to collect points.
3. Try and get yourself and your class onto the leader board!



Why Participate?

- ❖ Improve your language skills
- ❖ Build a daily learning habit
- ❖ Friendly competition across the whole school
- ❖ Have fun while learning!

Prizes & Recognition

- ❖ Top 5 individual point-earners
- ❖ Winning class with the highest combined points
- ❖ Certificates, shout-outs, and prizes!

Let's see which students—and which class—will soar to the top of the leader board.

Good luck, language learners!
¡Bonne chance!

GENERAL NOTICES

Message for Year 7 | Mr Cunningham

Congratulations to everyone in Year 7 for a wonderfully successful first term at Greyfriars. It has been a real privilege to work with Year 7 during their transition, and I have been so proud of the development that I have seen across the year.

We have had so many individual successes to celebrate, Amelia-Grace winning the Korby Paul Art prize, Nicolas and Kairo having their writing published, and Nicolas championing the school community with his voluntary litter picking! In sports news, the year 7 girls are representing the school amazingly at Oxford Quinns Rugby, and we would love to see even more get involved on Wednesdays after the holidays!

Next week our Year 7s have their reverse advent calendar services, bringing in donations that can go to those that need support at this time of year. Non-perishable donations and household goods will go such a long way for those in need!

Emmabong	Robert
Jude	Innocent
Amelia-Grace	Alyssa
Leandra	Aseda
Esther	Hassan
Rugeisa	Shashwat
Elia	Mya
Revita	Abubakr
Eufrazia	Imiyah
Bella	Muhammed Abdul

In classes, Year 7 have consistently led the way with achievement points, and our individuals over 350 for the term are.....

7BN have led the way throughout the term, but all groups have absolutely smashed it and collectively year 7 are close to 30,000 achievement points between them!

7BN	8,400
7GKE	7,717
7KR	7,411
7ALW	6,241



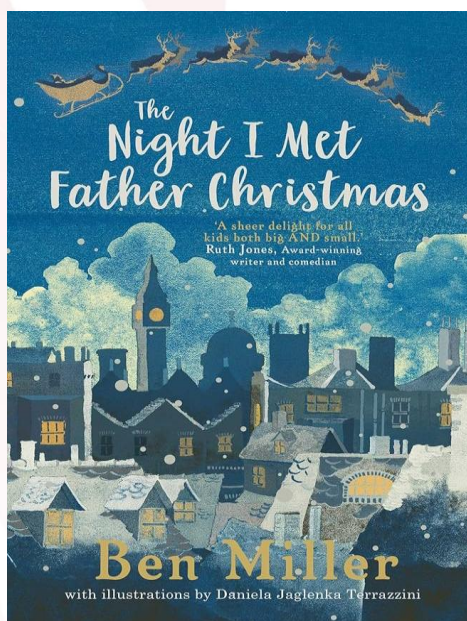
I hope everyone has a lovely restful break and comes back raring to go in the New Year.

GENERAL NOTICES

Weekly Book Review by Lian G

Ben Miller's *The Night I Met Father Christmas* is a warm, charming festive tale that blends classic Christmas magic with thoughtful messages about kindness, generosity, and believing in the impossible. The story follows young Jackson, who is determined to uncover how Father Christmas really became... well, Father Christmas. What he discovers is a heartfelt origin story that feels both fresh and wonderfully traditional.

Miller's writing is light, funny, and accessible, making it ideal for younger readers, but there's enough emotional depth and gentle moral guidance to resonate with adults as well. The illustrations add an extra layer of enchantment, bringing the snowy world and its characters vividly to life.



Overall, it's a delightful, wholesome holiday read—perfect for families looking for a story that celebrates the true spirit of Christmas.

Leadership Enrichment Donations

The Leadership Enrichment group is currently collecting items to support needy families and children in our community. We kindly ask you to contribute any **pre-loved items** or **unwanted gifts** that we can donate to the church to distribute to those less fortunate. Please drop off your donations at **Reception** for the attention of **Mrs Reddy**.



Thank you for your generosity and support in making a difference!

GENERAL NOTICES

Message for Year 8 and Year 9 | Mrs Reddy

As we reach the end of a long but successful term, we want to celebrate the many achievements of our Year 8 and 9 students.

September saw us warmly welcome parents and students to Meet the Form Tutors, as well as an engaging visit from the Curiosity Cube. In October, we marked Black History Month with inspiring assemblies led by our Sixth Form, enjoyed the Feast of St Francis whole-school Mass, celebrated National Poetry Day, and both year groups took part in Into Uni workshops. November was equally busy, with Year 9 visiting Trinity College for careers, Anti-Bullying Week, Future Fest, plus our Book Fair, Christmas Fair, and our Christmas lunch that went down a treat.

Looking ahead to January, Year 9 will attend the "It All Adds Up" maths trip, while Years 8 and 9 take part in the VOCO hospitality visit.

We extend our sincere appreciation to Shekinah, Gemma, and Julia for dedicating their lunchtimes to support the Breakfast Club, as well as to all the students who contributed to its fundraising efforts. Your support is invaluable.

Wishing everyone a safe, joyful Christmas and a prosperous New Year and thank you to all parents/caregivers for your ongoing support. We look forward to seeing you rested and ready for 2026!

Students leading the way

**Congratulations to all students with
100% attendance.**

Thank you to the tutors for their
ongoing support.

Keep on striving to be a better version
of yourself Y8 and Y9!



Year 8	Year 9
Gaudion	John
Rachael A	Junaid
Rosmelia	Ursula
Britania	Erika
Jenson	Thomas
Mason	Yulanda
Annie	Vielnia
Azzouz	Luanna
Crystal	Devine
Oscar	Nicole

GENERAL NOTICES



Greyfriars Catholic School
Invites you to a

FREE BREAKFAST!

Get an energy boost before
class with a FREE breakfast -
don't miss out!

When: Every week day
Where: School Restaurant
Time: 8:00am-8:30am

 family
action

National School Breakfast Programme is delivered by Family Action.
Find out more of family-action.org.uk/NSBP.

Family Action, Registered as a Charity in England & Wales no. 26473.
Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01064816.

PARIS FOOTBALL TOUR

MONDAY 15TH-
FRIDAY 19TH
FEBRUARY 2022
(HALF TERM)

- Fixtures vs local opposition
- Tour of the Stade de France
- Full day at Disneyland Paris
- Shopping in Paris

Sightseeing in Paris:

- Eiffel Tower
- Champs-Élysées
- River Seine

Outdoor Adventure Day:

- Bubble football
- Archery tag
- Disc golf

- Evening meals at local restaurants.
- Executive coach travel and ferry crossing.
- 4 nights en-suite accommodation, including breakfast.



For more information about the Paris trip, please click on the link to watch a presentation by Mr Dunne: **VIDEO**

Astroturf

Please remember that your child needs Astroturf trainers or turf football boots – see the picture adjacent for examples of the shoes that are permitted.

Students wearing the incorrect footwear will not be permitted on the Astroturf.

Football boots can be bought for as little as £4.99 via Sports Direct (Sondico ones).

We will hold some spare boots to lend to students if necessary, however, these are to be returned at the end of the lesson. This way we can ensure we always have a supply of boots for those students who forget theirs or are in the process of buying their own.

If anyone has spare Astro shoes that they would like to donate to the school, this would be much appreciated. These would be used or students to borrow as explained above.



GENERAL NOTICES

Friends of Greyfriars (PTA)

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: s.upellini@gfcs.uk

5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

Free School Meals

Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: f.easton@gfcs.uk

GENERAL NOTICES

Dates for your Diary

- 16 December | Advent Reconciliation
- 19 December | Last day of term – early finish
- 05 January | Staff INSET Day – No students in school
- 06 January | Term 3 Starts
- 09 January | Year 11 Combe Mill Geography Trip
- 12 January | It All Adds Up Maths Trip Year 9
- 19 January | Year 8 / Year 9 Voco Hospitality Trip
- 22 January | Year 11 Parent Consultation Evening

Donations

If you wish to make a donation to the school please click on the link.

[**DONATE**](#)

Breakfast Club

**Breakfast Club is open
Mon – Fri 8.00am - 8.30am
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.
Breakfast is free. Start your day with friends and food!

Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: s.upellini@gfcs.uk or visit: <https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



You Tube

LOCAL EVENTS AND OPPORTUNITIES



FUTURES

CAREERS | APPRENTICESHIPS | UNIVERSITY

Futures Fair

5:15pm, Tuesday 10 February

Over 40 universities and companies attending.

Register here: 

Blackbird Leys COMMUNITY LARDER

What is a community larder?
A membership programme that provides:

- Access to utility discounts and social tariffs.
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

Who can join?
Anyone who wants to prevent food waste and save money. It is not means tested.

Where does the food come from?
A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

£10 P/YEAR ANNUAL JOINING FEE + **INDIVIDUAL MEMBERSHIP FROM £3.50 P/WEEK** + **FAMILY MEMBERSHIP FROM £7 P/WEEK**

An individual membership provides up to 10 items of non-perishables (pasta, tins etc.) per week plus free fruit and vegetables.
A family membership is twice as much.

We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?
Sign up today!
www.sofea.uk.com



OXFORD YOUTH CHOIRS OPEN MORNING 2026

Free, fun taster session for children aged 4-18



Saturday 10th January
Cherwell School, North Site

Reception-Year 1: 9:15-10:05am
Year 2-Year 3: 10:10-11:40am
Year 4-Year 6: 9:15-11:10am
Year 7-Year 13: 10:30am-12:30pm

REGISTER YOUR INTEREST HERE  

MORE INFO: TINYURL.COM/OYC2026

OXFORD UNITED IN THE COMMUNITY www.ouitc.org



GIRLS ONLY PREMIER LEAGUE KICKS TUESDAY IN OXFORD YEAR 7 - YEAR 13 5:00PM - 6:00PM

Leys Pools and Leisure Centre, Pegasus Road, Oxford, OX4 6JL

FUN AND SOCIAL FOOTBALL

FREE TO ATTEND.

Contact Us plkicks@oufc.co.uk



SCAN THE QR TO BOOK 

OXFORDSHIRE COUNTY COUNCIL youth ambition

LEYS YOUTH HUB

LOCATION: LEYS POOL AND LEISURE CENTRE, PEGASUS ROAD
FREE ACTIVITIES FOR 11 - 18

MONDAYS 3.30 PM - 5.30PM: CREATIVE SESSION BAKING, ART, MUSIC

THURSDAYS 3.30 PM - 5PM: CREATIVE SESSION COOKING, BAKING, ART, MUSIC

TUESDAYS 4PM - 6PM: GIRLS GROUP NAILS & BEAUTY, GAMES, MOVIE NIGHTS

PLUS ROCK CLIMBING (PREBOOK ONLY)
MONDAY 5.30PM - 6.30PM
THURSDAY 5PM - 6PM & 6PM - 7PM

TUESDAYS 6.15PM - 8PM: OPEN ACCESS GAMES, COOKING, CHILL OUT

CALL LYDIA ON 07483007103 OR JEN ON 07483010739

FOR ROCK CLIMBING BOOKINGS EMAIL: LEYSYOUTHUB@OXFORD.DOV.UK

ARE YOU A PARENT TO SOMEONE WITH A LEARNING DISABILITY FROM A BLACK, ASIAN OR OTHER ETHNIC MINORITY GROUP?


WE ARE OFFERING A **FREE BRIEF THERAPY INTERVENTION** FOR PARENTAL STRESS AS PART OF AN OXFORD UNIVERSITY STUDY


WHAT IS THE BRIDGE-LD STUDY?
The BRIDGE-LD Study (Burnout Relief Intervention for Diverse Guardians of Learning-Disabled Youth) examines whether a short course of Acceptance and Commitment Therapy reduces depression, anxiety, and burnout in parents of people with LD. It includes four online one-on-one sessions with a trainee clinical psychologist and one follow-up session. You will be asked to complete questionnaires throughout. Each session will last approximately one hour.


WILL I BE COMPENSATED FOR MY TIME?
Yes, you will be given a 5 pound voucher for each data collection session you complete (up to 25 pounds).


I HAVE QUESTIONS. WHO CAN I ASK?
If you have any questions, you can contact the Lead Investigator, Nadia Abdel-Halim, at grte4101@ox.ac.uk or you can scan the barcode below for more information.

WHO ARE WE?

 **NADIA ABDEL-HALIM**
TRAINED CLINICAL PSYCHOLOGIST

 **DR. EMMA KINNAIRD**
CLINICAL PSYCHOLOGIST

 **DR. NEHA MUNDRU-WALIA**
TRAINED CLINICAL PSYCHOLOGIST



SCAN HERE!

UNIVERSITY OF OXFORD
This study has received favourable approval from the University of Oxford Central University Research Ethics Committee (CUREC)
Ethics Reference: MS DREC 619888

LOCAL EVENTS AND OPPORTUNITIES

CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!

**EVERY MONDAY
8:30PM TO 10:00PM
BICESTER**

**EVERY TUESDAY
6:30PM - 8:00PM
OXFORD**

Merry Christmas!

December Timetable

All sessions delivered live online via zoom. 90 minutes long
£24 each or FREE with School Membership
Book online at facefamilyadvice.co.uk
Recordings available for 48 hours (excluding Free Talk)

Decreasing Depression	1 DEC 10am
Raising Self Esteem	1 DEC 7pm
Understanding the Teenage Brain	2 DEC 10am
Supporting Healthy Sleep	2 DEC 7pm
Autism - Improving Communication	8 DEC 10am
Improving Family Communication	8 DEC 7pm
Supporting A Child with ADHD	9 DEC 10am
Understanding Addictive Behaviour	9 DEC 7pm
Anxiety Based School Avoidance	15 DEC 10am
Understanding Anger	15 DEC 7pm
Supporting Healthy Screen Use	16 DEC 10am
Facing Defiance	16 DEC 7pm

Future Apprentice of the Year 2026

Are you the Future Apprentice of the Year Celebrating Social Mobility?

We're searching schools, colleges, and sixth forms across the UK to find the next Future Apprentice of the Year Celebrating Social Mobility. In partnership with Howden, this award champions students from a social mobility background, who demonstrate entrepreneurial spirit, have a proactive mindset, and have a desire to make a positive, lasting impact in the work that they do.

To enter, you must:

- Be in year 12 or equivalent
- Have a minimum of 9 GCSEs at grade 6, including English and Maths (or equivalent)

Apply Now - It only takes 10 minutes!

- You could win a special lunch with three of Howden's most influential leaders - our Chief People Officer, Chief Investment Officer & Group Chief Risk Officer
- All 40 shortlisted candidates will also be invited to an engaging Insight Day at Howden HQ in Spring 2026. This will be followed by a week-long Insight Experience in October 2026. These fully funded experiences cover travel, accommodation, and any loss of earnings, so every participant can take part.

Apply Today!

[Click here to apply.](#)

Application deadline
5th January 2026

gti | SHL | **the school outreach company**

Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- **Practical and emotional support**
- **Connecting with your child's school or local organisations**, such as attending parents' evenings with you.
- **Connecting you to a network of parents** so you can support each other.
- **Help and support with form filling**

Need help? Want to get involved?

Get in touch with the team:
Email: donna@oxfordhub.org

Oxford Hub

oxfordhub.org/parent-power

LOCAL EVENTS AND OPPORTUNITIES

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Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

Get in touch

- ✉ enquiries@connectionsupport.org.uk
- ☎ 01865 711267
- 🌐 connectionsupport.org.uk



Visit our website to download the referral form

Drop-in details:



Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!


Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE





Oxford Health
NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.



Child and Adolescent Mental Health Service


MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS



SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS



OXFORDSHIRE PARENT CARERS FORUM
A Voice for Parent Carers in Oxfordshire



WEDNESDAY WEBINAR SERIES

Wednesdays | 12:00-1:30 PM

To register for a webinar visit: <https://oxpcf.org.uk/webinars>

24 September 2025

What to Expect from the CAMHS: NDC (Neurodevelopmental Conditions) Service

22 October 2025

Supporting family member's mental health through compassion

26 November 2025

Emotional Based School Avoidance (EBSA)

17 December 2025

Autistic Burnout

28 January 2026

Demand Avoidance

25 February 2026

Understanding, preventing, and supporting meltdowns

25 March 2026

Support in the community for young adults (post-18)

These sessions, presented in partnership with CAMHS, aim to provide insights, expert guidance, and discussions on key topics related to SEND.
To learn more or register for a webinar please visit: oxpcf.org.uk/webinars