

# Weekly Newsletter

Friday 16<sup>th</sup> January 2026 | Issue 15

Dear Families

This week our Gospel reflection was drawn from Matthew's account of the Baptism of Christ. In our assemblies, we reflected on this powerful moment where Jesus steps into the waters of the Jordan. It is a moment of affirmation, identity and calling. We spoke about how this reminds us that each of us is known, loved and called, not because of what we achieve, but because of who we are. Our focus as we move into 2026 is thinking about how we can '*walk a different way*' (like the Magi) and try to always be better for our communities and ourselves.

It has been a wonderfully lively week in school, full of curiosity and excitement. Students have taken part in a range of trips and enrichment opportunities, including the *It All Adds Up* maths trip and a STEM Challenge event, where problem-solving, teamwork and creativity were on full display. It has been a joy to see our students embracing challenge and learning beyond the classroom.

On a more personal note, one of the real highlights of my week was seeing a great friend of Greyfriars: Sister Pat. As many of you will remember, Sister Pat supported our school as a Salesian Sister from Elmthorpe, and she remains a woman whose light shines brightly wherever she goes. I had also spent part of the day visiting the Apple offices for a special event on technology in education, but I must say, with apologies to Apple (as unbelievably wonderful as the offices were), the highlight of my day was without question seeing Sister Pat. She was absolutely delighted to hear how well the school is doing, and particularly moved by the work we are doing around student well-being and belonging.



She was so pleased by our burgeoning Student Hub that she generously gifted us a couple of new games for students to enjoy there. a small but deeply meaningful gesture that speaks volumes about her care for young people and her continued connection to our community.

Weeks like this remind me why schools are such special places: full of learning, laughter, faith, friendship and moments of grace that stay with us long after the day has ended, and even after people have moved away.

Thank you, as always, for your continued support. I wish you all a joyful weekend.

Lyndsey Caldwell  
Headteacher

## WHAT IS GOD'S MESSAGE FOR ME THIS WEEK?

### Gospel - Matthew 3 : 13 - 17



The Baptism of Jesus

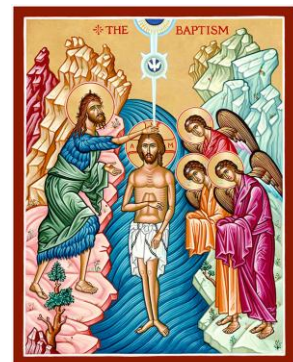
<sup>13</sup> Then Jesus came from Galilee to the Jordan to be baptised by John. <sup>14</sup> But John tried to deter him, saying, "I need to be baptised by you, and do you come to me?" <sup>15</sup> Jesus replied, "Let it be so now; it is proper for us to do this to fulfil all righteousness." Then John consented. <sup>16</sup> As soon as Jesus was baptised, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him. <sup>17</sup> And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."

#### Reflection

Matthew 3:13-17 describes Jesus' baptism by John the Baptist, where Jesus insists it must happen to "fulfil all righteousness". After the baptism, the heavens open, the Spirit of God descends like a dove onto Jesus, and a voice from heaven declares, "This is my beloved Son, with whom I am well pleased," confirming Jesus' identity and divine approval. This passage is significant as it marks the beginning of Jesus' public ministry, revealing His divine Sonship and God's pleasure in Him.

#### Prayer for the Baptism of Christ

*Creator God, we praise and worship you for your infinite power and love. We thank you that you have washed us clean and that you continue to inspire and refresh us with your presence. Remind us daily of our baptism in Christ and the ever present possibility of a fresh start and new beginning in Him day by day. Amen.*



To view the St Edmund and St Frideswide (Greyfriars) parish website please click on the following link:

<https://www.greyfriarsoxford.uk/>

## GENERAL NOTICES

### Catholic Life | Mr Greer

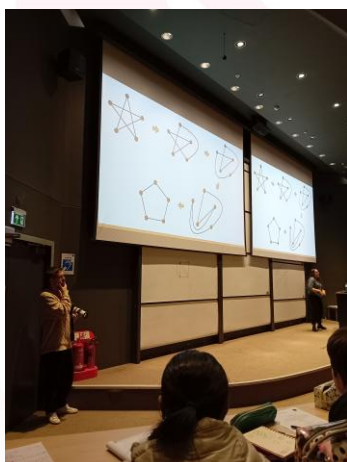
This week we welcomed our team of Jesuit priests back to the school for monthly mass. We are so appreciative of their dedicated time to serve us and give us opportunities to worship in our beautiful Chapel.

We also began Bible study this week in our Student Hub. Please come and join us if you're free Thursday at lunchtime!

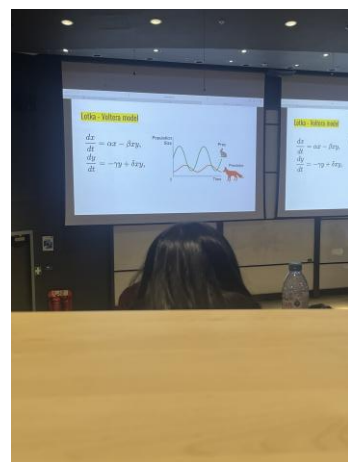
### It All Adds Up Maths Trip | Mr Secker



This week it was the "All Adds Up Conference" at Oxford University. This was an all female maths conference for aspiring mathematicians and was spread out over 3 days. On Monday 11 brilliant maths students (Blossom, Hila, Julia, Ursula, Jameilah, Amna, Yulunda, Alexia, Aiza, Feranmi and Delight) attended the conference filled with university lectures, hands-on problem solving and Q&A sessions from current university students. The group excelled particularly in the problem solving activities and had a brilliant day at the mathematics institute.



On Wednesday it was the 6<sup>th</sup> Form conference. Erin and Stuthi attended and both really enjoyed the experience. With some really challenging A level maths problems on show and a real opportunity to feel like an oxford university maths student for the day!

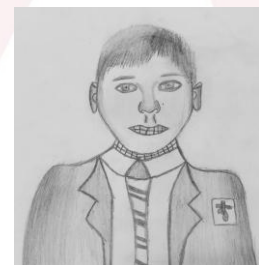


A great few days and big thank you to Oxford University for the amazing experience.

## GENERAL NOTICES

### Year 7 Art | Mrs Byrne

Year 7 students have been busy creating portrait drawings in Art. They have been developing their understanding of proportion, shading, line and tone to produce thoughtful and well-observed work. This selection showcases artwork from forms 7BN, 7GK and 7LW.



## GENERAL NOTICES

### Library News | Miss Brett

Hello Happy Readers! What a cold and wet week we've had! I hope you have enough books to curl up with. If you don't – you know where to come to stock up 😊.

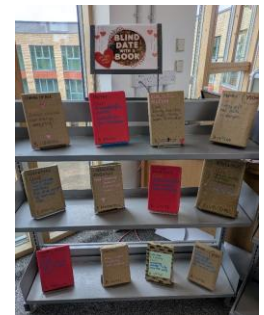


The library has been buzzing this week. Yes, I know – weather might be playing a part here... The library is a very cosy and welcoming place after all. However, I think these little guys might have something to do with it too...

If you remember, last week I told you all about our Blind Date with a Book initiative to make it fun and easy for everybody, whether they love surprises, hate making decisions, or simply want some little gifts.



What I didn't mention at the time, is that if you borrow a wrapped book, you have a chance to win one of the little fluffy loaf cats. Mind, I did not anticipate this level of interest. See for yourself, this was Monday before, and after lunch...



It made me very happy 😊. But I do need to crochet more kittens and wrap more books, and fast!!!

We have had lovely visits from Ms McCabe in our Library Lessons, who is promoting some really exciting novels to us by reading excerpts and encouraging us to find out what happens next! “King of Nothing”, “the hilarious and heart-warming Waterstones and Carnegie prize-winning teen comedy” is currently a favourite.

Finally, we are still trying to gather works for our Poetry Pharmacy. Please share poems that you have written, or ones that you know by other poets, so we can include them in our “medicine chest”.

Now, for the Reading Championship... There has been a bit of a change. As there are a few prolific readers that inadvertently boost their tutor group's stats, we are now going to look strictly at the number of active borrowers each term. This will make it fair to all the students who make an effort to read library books. With that said, here's the current list.

TERM 1   WEEK 4				
	Reading Champ		Tutor Group Reading Championship	
1	SU	19	8TTO	24
2	AJ	8	9KAN	15
3	PL	6	7KR	9
4	A-ML, HS	5	8BMO	8
5	RA	3	8RM	4

Wrap up warm, have a cocoa, and read a book this weekend. It will brighten the grey days!

## GENERAL NOTICES

### Sparx Maths **WEEK 15**

Total hours spent on Sparx this year  
5,576hrs

Number of questions answered correctly  
411,558

#### XP Champions THIS YEAR | 16/01/26

Name	Year	Total XP
Miu Miu M	8	29,451
Nita C	11	23,453
Seerat S	7	21,940
Aseda K	7	21,829
Samayrah K	10	20,612
Nora C	11	20,570
Hajera S	12	20,003
Chris J	8	19,528
Sky G	8	19,429
Russell R	11	19,244

#### XP Champions for LAST WEEK

Name	Year	XP POINTS
Hajera S	12	3,481
Kanchan L	12	2,481
Kryspin B	11	6,275
Sharon S	11	4,545
Samaryah	10	3,240
Victoria P	10	2,609
Gaudencio F	9	2,671
Feranmi A I	9	1,588
Sampson O	8	10,688
Miu Miu M	8	5,557
Aseda K	7	5,875
Emmabong V	7	4,045

### French | Miss Parish

A huge well done to all students who took part in the Christmas Languagenut competition!



A special shout out to the top 3 who will all be getting prizes next week!

#### Greyfriars Languagenut Competition winners

1st Place | Alexia  
2nd Place | Ana Paula  
3<sup>rd</sup> Place | Kairo

**Well Done!**

### RIAT STEM Challenge | Mr Dunne

On Tuesday, a group of 47 enthusiastic students in Years 8 and 9 took part in the Blast Off to RIAT STEM Challenge Day, an exciting programme run by The Smallpeice Trust in partnership with the RAF Charitable Trust. The event introduced students to the world of aerospace engineering and the RAF's role in space, giving them the chance to think like real engineers for the day.

Working in small teams, students designed, built, and tested their own prototypes, exploring concepts such as forces, drag, and aerodynamics. The room was full of energy as groups refined their ideas, solved problems together, and proudly demonstrated their creations. We were impressed by the students' teamwork, creativity, and determination to keep improving their designs.

We are incredibly proud of how well our students represented Greyfriars and grateful to The Smallpeice Trust for providing such a high-quality, engaging opportunity. Experiences like this help spark curiosity, build confidence, and show young people just how exciting STEM can be.

## GENERAL NOTICES

### Message for Year 8 and Year 9 | Mrs Reddy

This term our theme is **solidarity which refers to** standing together, supporting others, and acting as one community: For our Year 8 and Year 9 students, solidarity means looking out for friends, classmates, and even those we don't know well. It's about inclusion, kindness, and speaking up against unfairness. Solidarity starts with you; change begins not with demands, but with example.

This week we celebrate **Louie and Devine** for handing in a lost phone, showing honesty, respect, and genuine care for another person's well-being. Small but meaningful actions like this help build trust and remind us that we all have a responsibility to look out for one another. These everyday choices strengthen our school community and show that solidarity isn't just an idea, it's something we practise every day.

**Congratulations to all students with 100% attendance.**

Thank you to the tutors for their ongoing support. Keep on striving to be a better version of yourself.

#### Students leading the way

Year 8	Year 9
Sabella	Alexandra
Chloe	Ammarah
Sampson	Sylvia
Esther D	Folarin
Ganuli	Leyna
Syed	Jason
Taliyah	John
Anne-Marie	Shad
Oscar B	Eleesha
Rosmelia	Joshua

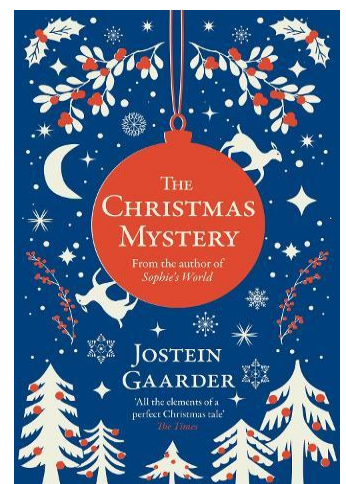
### Weekly Book Review by Lian

Certainly a fantastical read as well as interesting as it mixes time periods together while sifting through the typical bible story as well as the novel's main narrative-this writing in particular follows Christianity and surrounding topics rather thoroughly.

It's a quaint and tender sort of read for this winter as well as brushing up on a very explorative perspective of the world.

I also enjoyed the multitude of angels introduced throughout as the nature they were portrayed with was almost exhilarating but that may be due to a certain bias I have with any sort of description of angels.

The use of multiple perspectives throughout the book is done well and creates an overall delightful insight of the events in the novel.



## GENERAL NOTICES

### Message for Year 7 | Mr Cunningham

This week's focus has been Attendance Matters, which we begun with an assembly from Dr Rogers. We are looking forward to seeing students taking accountability for their attendance and supporting each other in school, and each week we will be rewarding the form group whose attendance has improved the most.

Congratulations to Tommy who has led the way this week with his achievement points, and to 7GKE who have knocked 7BN off the top spot for week 2!

### Bike Shed

Please ensure that your child brings a lock for their bike and that it is securely locked at all times when brought into school.



We also kindly ask that any accessories are removed from the bike when left unattended.

Please note that all bikes are left at the owner's risk. We recommend taking a clear photo of each side of the bike for your records.

Tommy	23
Lexi	20
Amelia	16
Robert	16
Imiyah	15
Amelia-Grace	15
Faaris	15

Asiya	15
Esther	15
Alton	15
Mya	15
Madison	15
Esme	15

ALL	924
7GKE	324
7KR	275
7BN	216
7ALW	109

Finally, the cold wet weather is hanging around a little longer, so please do remember warm waterproof coats, any problems with this please do not hesitate to contact me.



### Kenya 2026 | Trip Update

Fundraising is going well, with our JustGiving page already raising over £500! Please do share!

[LINK](#)



## GENERAL NOTICES

### Messages for KS4 | Mr Weedon

#### Year 10 – PPE In-Class Exams and Work Experience

Year 10 students will soon be sitting their PPE (Pre-Public Examination) in-class exams. These assessments will provide a valuable opportunity for students to demonstrate their progress and understanding in their new option subjects. Students have been working hard with their class teachers to ensure they are well prepared, and these exams will help identify strengths as well as areas for development moving forward.

In addition, we ask that you please continue to encourage Year 10 students to focus on securing and preparing for their work experience placements ahead of the upcoming work experience week. This is an important part of their personal development and future planning, and early preparation is key to making the most of the opportunity.

#### Year 11 – Parents’ Evening, Attendance and Final Stages

Year 11 parents’ evening is approaching and will be an excellent opportunity to discuss your child’s progress and identify what they need to focus on as they enter the final stages of the year. These conversations are particularly important as students prepare for their final examinations.

Year 11 students have also recently attended an assembly led by Dr Rogers, which focused on the importance of attendance. Regular attendance is vital to ensure students are in school, engaging with learning, and giving themselves the best possible chance to improve their grades as the year progresses. We appreciate your continued support in reinforcing this message at home.

#### Achievement Points

Registration form	Points
10CT	71
10JOD	73
10MJ	99
10SA	80

Registration form	Points
11JS	193
11JM	172
11RHO	142

*Well done and keep up the good work!*

## GENERAL NOTICES

### **Sixth Form News | Ms McCabe**

#### **Oxford Schools Debating**

The preparation has begun for our Sixth Form debaters! 4 teams have been entered into the Oxford Schools Debating Competition and our first meeting was held this week. Next week, the serious training starts. The first round will take place on Wednesday 4th February at Oxford High School. Our teams are being coached and cheered on by myself, Dr Kay and Mr Shaw.

#### **Greyfriars Student Hub & Sixth Form Student Leadership**

We are very excited to be unveiling our plans for the student hub and our Student Leadership team next week. All Sixth Formers are invited to a meeting on Tuesday 20th January at lunchtime to see our proposed rota of events, sign up for roles within the Sixth Form Leadership team and shape the future of the Student Hub. Please see Ms McCabe or Mr Greer for more information.

#### **University Applications**

Our Year 13 have now submitted their university applications and they have had lots of exciting offers coming in. It is now all about staying focused and completing at least 2-3 hours of independent revision every day to secure the grades needed to meet the entrance requirements of their first choice university. We have also arranged for IntoUniversity to come into school to deliver an assembly to talk to students about Student Finance.

#### **Apprenticeship Applications**

For our students who are planning to get an apprenticeship, now is the time to start looking for available training and employment options. BMW open their application window at the end of January, Oxford University's apprenticeships are advertised in March or April for a September start and Oxford County Council advertise throughout the year. Other opportunities are posted on [Gov.uk](https://www.gov.uk) or [Activate Learning](https://www.activatelearning.com), [UCAS](https://www.ucas.ac.uk) and [OXME](https://www.oxme.co.uk). National Apprenticeship Week is coming up on 9th February so more opportunities and information will be shared then. If students or parents have any questions about Post-18 destinations, they should contact the Sixth Form team.

#### **Save the Date Y12 & Y13 Parent Consultation Evening**

A date for your diary: February 5th is our Sixth Form Parent Consultation Evening running from 4pm-7pm. This is an important opportunity to meet with teachers and discuss key actions and steps your child needs to take to ensure they are successful in the summer exams. A letter inviting parents to make appointments for this evening will be sent out shortly.

## GENERAL NOTICES



Greyfriars Catholic School  
Invites you to a

# FREE BREAKFAST!

Get an energy boost before  
class with a **FREE** breakfast -  
don't miss out!

**When:** Every week day  
**Where:** School Restaurant  
**Time:** 8:00am-8:30am

 family  
action

National School Breakfast Programme is delivered by Family Action.  
Find out more of family-action.org.uk/NSBP.  
Family Action, Registered as a Charity in England & Wales no. 264713.  
Registered as a Charity in the Isle of Man no. 1206. Registered Company Limited by Guarantee in England and Wales no. 01064816.

# PARIS FOOTBALL TOUR

MONDAY 15<sup>TH</sup>-  
FRIDAY 19<sup>TH</sup>  
FEBRUARY 2022  
(HALF TERM)

- Fixtures vs local opposition
- Tour of the Stade de France
- Full day at Disneyland Paris
- Shopping in Paris

Sightseeing in Paris:

- Eiffel Tower
- Champs-Élysées
- River Seine

Outdoor Adventure Day:

- Bubble football
- Archery tag
- Disc golf

- Evening meals at local restaurants.
- Executive coach travel and ferry crossing.
- 4 nights en-suite accommodation, including breakfast.



For more information about the Paris trip, please click on the link to watch a presentation by Mr Dunne: **VIDEO**

## Astroturf

Please remember that your child needs Astroturf trainers or turf football boots – see the picture adjacent for examples of the shoes that are permitted.

Students wearing the incorrect footwear will not be permitted on the Astroturf.

Football boots can be bought for as little as £4.99 via Sports Direct (Sondico ones).

We will hold some spare boots to lend to students if necessary, however, these are to be returned at the end of the lesson. This way we can ensure we always have a supply of boots for those students who forget theirs or are in the process of buying their own.

If anyone has spare Astro shoes that they would like to donate to the school, this would be much appreciated. These would be used or students to borrow as explained above.



## GENERAL NOTICES

### Friends of Greyfriars (PTA)

Friends of Greyfriars is an open and important community of parent volunteers working alongside the school and teachers to benefit the school. It is like a PTA. It is a group that aims to ensure the best educational and enrichment experience for all its students. Friends of Greyfriars is a reflection of the school in the wider community.

By joining the Friends of Greyfriars you can help the school to build a far more effective and up-to-date teaching and learning environment, for the benefit of all its students. Everyone is welcome, parents, carers, staff, governors, past students, past parents, anyone and everyone who cares about the school. Please join us and be a Friend.

If you are interested, please contact Sophie Upellini via: [s.upellini@gfcs.uk](mailto:s.upellini@gfcs.uk)

### 5 Ways to Well-being

Click on the logo to find out more.



Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are 5 ways to wellbeing that are proven to make a real difference to you.

### free period products



In partnership with hey girls...

OXFORDSHIRE COUNTY COUNCIL

# Free School Meals

## Are you entitled?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household earnings must be less than £7,400 a year (after tax and not including any benefits you get).

If you would like to apply, please contact Fiona Easton for an application form via: [f.easton@gfcs.uk](mailto:f.easton@gfcs.uk)

## GENERAL NOTICES

### Dates for your Diary

19 January | Year 8 / Year 9 Voco Hospitality Trip

22 January | Year 11 Geography Fieldtrip Sarsden Glebe

22 January | Year 11 Parent Consultation Evening

27 January | Year 11 Mock Interviews

3 February | Year 8 HPV Vaccinations

5 February | KS5 Parent Consultation Evening

10 February | Safer Internet Day

11 – 13 February | Battlefields Trip to Belgium

16 – 20 February Half Term

### Donations

If you wish to make a donation to the school please click on the link.

[\*\*DONATE\*\*](#)

### Breakfast Club

**Breakfast Club is open  
Mon – Fri 8.00am - 8.30am  
in our restaurant.**



Everyone is welcome to come and join us for breakfast club.  
Breakfast is free. Start your day with friends and food!

### Vacancies

If you are interested in joining the team at Greyfriars Catholic School, please email our School Business Manager, Sophie Upellini via: [s.upellini@gfcs.uk](mailto:s.upellini@gfcs.uk) or visit:

<https://www.greyfriarsoxford.org.uk/join-us/vacancies> to view all our current vacancies.



**You Tube**

# LOCAL EVENTS AND OPPORTUNITIES



## FREE PRE-LOVED SCHOOL UNIFORM POP-UP SHOP

DROP IN SUPPORT AVAILABLE DURING THIS SESSION WITH  
THE PARENT POWER TEAM

Open every Monday from  
12<sup>th</sup> January  
12-2PM  
Templers Square Shopping  
Centre



FOR MORE INFO CONTACT KYLIE 07707918532  
KYLIE@OXFORDHUB.ORG



SCAN ME



## KICK OFF 2026 WITH OXFORD CITY FC

# FREE TICKETS

FOR ALL OF OUR JANUARY HOME MATCHES






SAT 10 JAN | 3PM    SUN 11 JAN | 2PM    SAT 24 JAN | 3PM    SAT 31 JAN | 3PM

**USE THE CODE: JANUARY**

THE MGROUP STADIUM | COURT PLACE FARM | MARSTON | OX3 0NQ

# You're invited!

## UK SCHOOLS CHARITY TRIATHLON

ENGLAND SOUTH - HENLEY TRIATHLON  
Henley Leisure Centre and Gillotts School, Oxfordshire, RG9 1PS  
For ages 5 to 16 years    Saturday 30th May 2026

A Fun charity triathlon for all abilities with FREE Registration

Simply choose your event & start fundraising for your school/charity  
Easily create your fundraising page to share with family & friends

EVENT	AGE GUIDE	SWIM	CYCLE	RUN
TIN	5-7 yrs	10m	1000m	500m
ZINC	6-9 yrs	25m	1000m	500m
STEEL	8-11 yrs	50m	2000m	1000m
BRONZE	10-13 yrs	50m	3000m	1500m
SILVER	12-15 yrs	100m	4000m	2000m
GOLD	14-16 yrs	150m	4000m	2500m


WHAT'S INCLUDED

- Official Finishers Medal
- Achievement certificate for all finishers
- Your own fundraising page & link to share
- Free Les Mills Run to Move exercise videos

ONLY  
1000  
PLACES AVAILABLE. SECURE  
YOUR FREE ENTRY NOW!

UK Charity Triathlon is a non-profit charity dedicated to hosting fun-filled events, designed to boost children's physical and mental well-being. Regardless of age, background, or ability, children can swim, cycle, and run in our safe, professionally managed venues to build confidence and raise funds for your school/charity.

FOR MORE INFO VISIT [CHARITYTRIATHLON.ORG](http://CHARITYTRIATHLON.ORG)



**SENse Learning** is running six workshops, designed to support parents and carers with practical guidance, up-to-date information, and strategies that can be used at home. The sessions are a great way to learn, build understanding, and gain confidence in supporting your child's development and wellbeing.

**Workshop topics include:**

- 28th Jan | Parenting styles and attachment [Book here](#)
- 11th Feb | Brain development in children and young people [Book here](#)
- 25th Feb | Self-regulation and sleep [Book Here](#)
- 11th Mar | Online safety [Book here](#)
- 25th Mar | Understanding young people's mental health [Book here](#)

**Booking information**

All workshops are free to attend and will be delivered online  
Tickets can be booked via Eventbrite  
Places are limited, so we encourage early booking

Full details of each session, including dates and times, are available on the Eventbrite booking page



**牛津華人社區及諮詢中心**  
Oxfordshire Chinese Community & Advice Centre

## 2026 LUNAR NEW YEAR CELEBRATION

### YEAR OF THE HORSE

**日期 Date:** Sunday 22<sup>nd</sup> February 2月22日(星期日)正月初六  
**地點 Venue:** 牛津市會堂 Oxford Town Hall, St Aldates, Oxford OX1 1BX  
**時間 Time:** 下午 12:30 - 1:20 pm Entry/Collect Simple Lunch 入場/領取食物 (Assembly Room)  
下午 1:30 - 3:30 pm Mini Dragon Dance Workshop 小龍舞蹈工作坊 (Main Hall Entrance)  
下午 3:30 - 4:00 pm Cultural Performances 文娛節目 (Main Hall)  
2:00 - 4:00 pm New Year Market 新春市集 (Assembly Room)

**Programme 新春節目**

Lion/Dragon Dance, Martial Arts, Guzheng, Pipa and Jinghu Duet, Classical Poem Recital, Peking Opera, Piano Recital, Chinese Folk Dances and Songs, Skit, New Year Market and Charity Raffle Draw  
**舞獅、舞龍、功夫、古琴、琵琶京胡二重奏、唐詩朗誦、京劇、鋼琴獨奏、民族舞蹈及歌曲、小品、新年市集、慈善抽獎**

入場券 (費用包括簡餐) Tickets (Simple lunch included)	早鳥預購價/Early Bird Price (1月31日及之前/ on/before 31 <sup>st</sup> January)	正價/Normal Price (2月1日開始/ begins on 1 <sup>st</sup> February)	即日票價 At the Door Price
成人 Adult (13+)	£10	£12	£20
兒童 Child (3-12)	£10	£12	£14
上賓 Premium Guest	£30	£18	

簡餐包括: 春卷、咖喱角、雞塊、雞翼、粟粉/麵、三文治及蛋糕  
Simple lunch include: spring rolls, samosas, chicken nuggets, chicken wings, rice vermicelli/noodles, sandwiches and cakes  
Tickets are likely to sell out, so please buy your tickets in advance to avoid disappointment! 欲訂向快, 購票從速  
門票一律現金, 恕不找零。 Tickets once sold are non-refundable.

**售票地點 Tickets can be purchased at:**

- 1) The Meeting Room, St Clement's Family Centre, Cross Street, Oxford OX4 1DA
- \*由 2026年1月12日起, (逢星期一) 中午12:00 - 下午2:30 / From 12<sup>th</sup> January 2026, Mondays 12:00 noon - 2:30 pm
- 2) Senli Cash & Co, 16th High Street, Oxford OX1 4AG & 17 Golden Cross, Oxford OX1 3EU
- 3) Jing Jing Oriental Food Store, 198 Cowley Road, Oxford OX4 1UE
- 4) Jin Jin Chinese Restaurant, 179 Cowley Road, Oxford OX4 1UT
- 5) Meal Plus, 31 St Clements Street, Oxford OX4 1AB
- 6) Rice Box Chinese Restaurant and Takeaway, 178 Cowley Road, Oxford OX4 1UE
- 7) Sir Sun's Wok, 278 Cowley Road, Oxford OX4 1UR
- 8) Sushi Corner, 94 Cowley Road, Oxford OX4 1JE

**銀行轉帳 Bank Transfer:**  
Account name: Oxfordshire Chinese Community and Advice Centre  
Sort code: 20-65-18 Account number: 606909005  
請轉帳時付款確認寫明中心, 註明名字及門票數量  
轉帳後請即付款確認寫明中心, 註明名字及門票數量  
Please send the payment confirmation to OCCAC, specifying your name & number of tickets.  
電郵 email: admin@occac.org.uk or WhatsApp 07470 613844

**網上售票 Online Ticketing:** <https://occac-lunarnewyear2026.eventbrite.co.uk/>



**Charity Raffle Draw 慈善抽獎**

**One 1<sup>st</sup> Prize 頭獎一名**  
OXY 八人自助晚餐 OXY ORIENTAL "Buffet Dinner for 8" Voucher

**One 2<sup>nd</sup> Prize 二獎一名**  
£100 購物禮券 £100 Gift Card

**Three 3<sup>rd</sup> Prizes 三獎三名**  
Two Sir Sun's Wok "Meal for 2" Vouchers £20 美食餐券 (14名) £20 Meal Voucher\* (14 prizes)  
No.44 Fish Bar £30 餐券 2張 Two No.44 Fish Bar £30 Meal Vouchers \*美食餐券 (14名) £20 Meal Voucher\* (14 prizes)  
\*美食餐券贊助 Sponsors: Jin Jin, Rice Box, Sushi Corner

**「慈善獎券, 買過十張, 喜慶祥瑞, 支持中心, 扶弱濟貧, 造福人聲」**

**請踴躍購買農曆新年慈善獎券, 所有收入全數撥作中心經費**

All proceeds go to OCCAC, Oxford City Council registration number: 25/05121.SML0TT

# LOCAL EVENTS AND OPPORTUNITIES



**Cokethorpe SCHOOL**

**FUTURES**

CAREERS | APPRENTICESHIPS | UNIVERSITY

## Futures Fair

5:15pm, Tuesday 10 February

Over 40 universities and companies attending.

Register here: 

### Blackbird Leys COMMUNITY LARDER

**What is a community larder?**  
A membership programme that provides:

- Access to utility discounts and social tariffs.
- Local business discounts
- Little larder club
- Meet new people in a friendly environment

**Who can join?**  
Anyone who wants to prevent food waste and save money. It is not means tested.

**Where does the food come from?**  
A Didcot based charity, providing surplus food, training and opportunities to young people and organisations.

**£10 P/YEAR** (ANNUAL JOINING FEE) + **INDIVIDUAL MEMBERSHIP FROM £3.50 P/WEEK** + **FAMILY MEMBERSHIP FROM £7 P/WEEK**

An individual membership provides up to 10 items of non-perishables (pasta, tins etc.) per week plus free fruit and vegetables. A family membership is twice as much.


We offer hot drinks in our back room to all members and volunteers, this is from around 12:30.

Want free food and a bunch of other benefits?  
Sign up today!  
[www.sofea.uk.com](http://www.sofea.uk.com)

 SOFEA

**Happy New Year!**

A secondary school with 1000 pupils, pays 38p/student, a primary school with 300 students, pays 77p/student for their parents to have free access to all these sessions for 12 months





**Autism: Improving Communication**  
Raising Self-Esteem  
Supporting Healthy Screen Use  
Supporting Healthy Sleep  
Cannabis & Ketamine Awareness

**What is ACT?**  
Introduction to OCD  
Anxiety Explained  
Anxiety-Based School Avoidance  
Supporting a Child with ADHD  
Facing Defiance  
Understanding Anger  
Addictive Behaviour  
Understanding the Teenage Brain  
Decreasing Depression  
Improving Family Communication

**FACE** FAMILY ADVICE CENTRE

contact Jane  
[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)  
[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)





OXFORD UNITED IN THE COMMUNITY [www.ouitc.org](http://www.ouitc.org)



**GIRLS ONLY PREMIER LEAGUE KICKS TUESDAY IN OXFORD YEAR 7 - YEAR 13 5:00PM - 6:00PM**

Leys Pools and Leisure Centre, Pegasus Road Oxford OX4 6JL

**FUN AND SOCIAL FOOTBALL**

**FREE TO ATTEND.**

SCAN THE QR TO BOOK 

Contact Us [plkicks@oufc.co.uk](mailto:plkicks@oufc.co.uk)



**LEYS YOUTH HUB**

LOCATION: LEYS POOL AND LEISURE CENTRE, PEGASUS ROAD  
FREE ACTIVITIES FOR 11 - 18

**MONDAYS 3.30 PM - 5.30PM:**  
CREATIVE SESSION  
BAKING, ART, MUSIC

**THURSDAYS 3.30 PM - 5PM:**  
CREATIVE SESSION  
COOKING, BAKING, ART, MUSIC

**TUESDAYS 4PM - 6PM:**  
GIRLS GROUP  
NAILS & BEAUTY, GAMES, MOVIE NIGHTS

**PLUS ROCK CLIMBING (PREBOOK ONLY)**  
MONDAY 5.30PM - 6.30PM  
THURSDAY 5PM - 6PM & 6PM - 7PM

**TUESDAYS 6.15PM - 8PM:**  
OPEN ACCESS  
GAMES, COOKING, CHILL OUT

CALL LYDIA ON 0748300703 OR JEN ON 07483010739

FOR ROCK CLIMBING BOOKINGS EMAIL: [LEYSYOUTHUB@OXFORD.GOV.UK](mailto:LEYSYOUTHUB@OXFORD.GOV.UK)

### ARE YOU A PARENT TO SOMEONE WITH A LEARNING DISABILITY FROM A BLACK, ASIAN OR OTHER ETHNIC MINORITY GROUP?


WE ARE OFFERING A **FREE BRIEF THERAPY INTERVENTION** FOR PARENTAL STRESS AS PART OF AN OXFORD UNIVERSITY STUDY


**WHAT IS THE BRIDGE-LD STUDY?**  
The BRIDGE-LD Study (Burnout Relief Intervention for Diverse Guardians of Learning-Disabled Youth) examines whether a short course of Acceptance and Commitment Therapy reduces depression, anxiety, and burnout in parents of people with LD. It includes four online one-on-one sessions with a trainee clinical psychologist and one follow-up session. You will be asked to complete questionnaires throughout. Each session will last approximately one hour.

**WILL I BE COMPENSATED FOR MY TIME?**  
Yes, you will be given a 5 pound voucher for each data collection session you complete (up to 25 pounds).


**I HAVE QUESTIONS. WHO CAN I ASK?**  
If you have any questions, you can contact the Lead Investigator, Nadia Abdel-Halim, at [grt4101@ox.ac.uk](mailto:grt4101@ox.ac.uk) or you can scan the barcode below for more information.

**WHO ARE WE?**

  
NADIA ABDEL-HALIM  
TRAINEE CLINICAL PSYCHOLOGIST

  
DR. EMMA KINNAIRD  
CLINICAL PSYCHOLOGIST

  
DR. NEHA MUNDRA-WALIA  
GENERAL PRACTITIONER



**SCAN HERE!**

UNIVERSITY OF OXFORD  
This study has received favourable approval from the University of Oxford Central University Research Ethics Committee (CUREC)  
Ethics Reference: MS DREC 619888

## LOCAL EVENTS AND OPPORTUNITIES

### CALLING ALL YEAR 11 - YEAR 13

SOCIAL FOOTBALL DURING YOUR EXAMS!



EVERY MONDAY  
8:30PM TO 10:00PM  
BICESTER

EVERY TUESDAY  
6:30PM - 8:00PM  
OXFORD

### DRAW COMIC ART SUPERHEROES

WITH SAM HART

CREATE CHARACTERS BURSTING WITH PERSONALITY AND POWER!

SATURDAY 17<sup>TH</sup> JANUARY  
3PM - 4PM GMT  
£5

BLACKWELL'S OXFORD

### School holidays just got more exciting!

Fresh air, freedom and adventure!

### Ready for a school holiday full of excitement?

Active Adventures at Youlbury is the ultimate outdoor adventure club for children aged 8-16. Packed with thrilling challenges, nature connection activities, and epic team games, each day offers a new adventure to inspire a love for the great outdoors!

[www.scoutadventures.org.uk/events](http://www.scoutadventures.org.uk/events)

### East Oxford Parent Power

What path would you like to see your child take after high school?

We warmly invite you to our Parent Power meeting.

Date: Tuesday 27th January 2026  
Time: 6-8pm

Location: Rose Hill Community Centre Caroles Way OX4

We're meeting to discuss important topics that affect our families:

- Accommodation & Safety
- Mental Health & Wellbeing
- Your voice matters. Your ideas matter. Together, we make change happen!

Action Step:  
To register your interest and find more information, contact:

Iram Woolley 07756 224022  
[parentpoweroxfordshire@thebrilliantclub.org](mailto:parentpoweroxfordshire@thebrilliantclub.org)

OXFORD  
BROOKES  
UNIVERSITY



### Parent Power

We support local parents living in the OX4 area

Our team of Parent Advocates (local parents), Donna, Kerrisa and Kylie, can support you with:

- Practical and emotional support
- Connecting with your child's school or local organisations, such as attending parents' evenings with you.
- Connecting you to a network of parents so you can support each other.
- Help and support with form filling

Need help? Want to get involved?

Get in touch with the team:  
Email: [donna@oxfordhub.org](mailto:donna@oxfordhub.org)

Oxford  
Hub

[oxfordhub.org/parent-power](http://oxfordhub.org/parent-power)



### Give your child an unforgettable school holiday filled with fresh air, freedom and adventure!

Set within 42 acres of stunning woodland in rural Oxfordshire at Youlbury, Boars Hill, children aged 8-16 will take part in a daily programme of non-stop outdoor action. With expert instructors leading the way, creating a safe and supportive environment where children run, climb, explore, and build confidence while unplugging from screens and having a blast with friends in the great outdoors!

**What's on offer:**

- High-energy adventures such as archery, ziplining, and climbing.
- Fun team building games and problem-solving challenges.
- Survival skills such as shelter building, backwoods cooking and fire lighting.
- Connect with the natural world with mindful activities, outdoors arts and crafts, wildlife spotting, and nature walks.

**When is it:**

- Running throughout school holidays - February, Easter, May, Summer and October (see website for dates).
- 9am-5pm daily.
- Early drop off (from 8am) and late pick-up (until 5pm) available.
- Participants can attend individual days, or the entire week.

**Pricing:**  
£35 per day, per child. Save 10% on a 5-day block and each additional child.

**Book now and join the adventure!**

[www.scoutadventures.org.uk/events](http://www.scoutadventures.org.uk/events)

✉ [activeadventures@scoutadventures.org.uk](mailto:activeadventures@scoutadventures.org.uk)

📍 Scout Adventures Youlbury, Boars Hill, Oxford OX1 5HD

Scout Adventures is owned and operated by The Scout Association. Reg Charity number 20261 (England and Wales). Registered address: The Scout Association, Silver Park, Chingford, London, England E4 7DF.

## LOCAL EVENTS AND OPPORTUNITIES

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Email: [donna@oxfordhub.org](mailto:donna@oxfordhub.org)

Oxford Hub

[oxfordhub.org/parent-power](http://oxfordhub.org/parent-power)



### Are you at risk of losing your home?

We can help you to avoid eviction

Our Housing Support Service Team can help keep a roof over your head by providing you with the tools to manage your money, navigate benefits, be independent, and avoid homelessness. Our team will help you gain control of your situation by working alongside you, to fully understand the challenges you are facing, so we can tailor our support. This free service is for individuals and families over the age of 16, who are residents in Oxfordshire.

#### Get in touch

- ✉ [enquiries@connectionsupport.org.uk](mailto:enquiries@connectionsupport.org.uk)
- ☎ 01865 711267
- 🌐 [connectionsupport.org.uk](http://connectionsupport.org.uk)



Visit our website to download the referral form

Drop-in details:



### Low cost and free activities for families to enjoy together!

YouMove is brand new for Oxfordshire, providing low cost and free fun activities for families including weekends & school holidays.

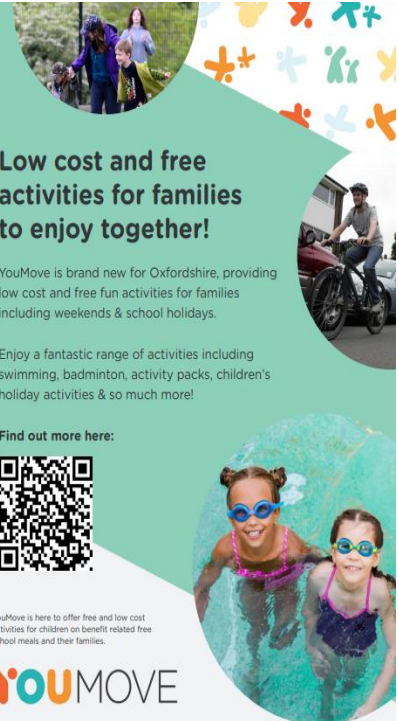
Enjoy a fantastic range of activities including swimming, badminton, activity packs, children's holiday activities & so much more!

Find out more here:



YouMove is here to offer free and low cost activities for children on benefit related free school meals and their families.

YOU MOVE



### PARENT WEBINAR



Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.



MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

#### SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD



[WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SR/WEBINARS](http://WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SR/WEBINARS)



OXFORDSHIRE PARENT CARERS FORUM  
A Voice for Parent Carers in Oxfordshire



### WEDNESDAY WEBINAR SERIES

Wednesdays | 12:00-1:30 PM

To register for a webinar visit: <https://oxpcf.org.uk/webinars>

24 September 2025

What to Expect from the CAMHS: NDC (Neurodevelopmental Conditions) Service

22 October 2025

Supporting family member's mental health through compassion

26 November 2025

Emotional Based School Avoidance (EBSA)

17 December 2025

Autistic Burnout

28 January 2026

Demand Avoidance

25 February 2026

Understanding, preventing, and supporting meltdowns

25 March 2026

Support in the community for young adults (post-18)

These sessions, presented in partnership with CAMHS, aim to provide insights, expert guidance, and discussions on key topics related to SEND. To learn more or register for a webinar please visit: [oxpcf.org.uk/webinars](https://oxpcf.org.uk/webinars)

### Thinking about an APPRENTICESHIP?



We are running

TASTER SESSIONS

Monday

16<sup>th</sup> Feb  
2026

Come along to Oxford Energy Academy

& find out more about our apprenticeships in

plumbing & heating and electrical

For more information:

Email: [apprentices@oea.training](mailto:apprentices@oea.training) Tel: 01993 771155



Oxford Energy Academy

Avenue One, Station Lane, Witney OX28 4XZ