

STREATERIES

WEEK 1

Autumn/Winter 2026-27
02/11/26, 23/11/26, 14/12/26, 04/01/27,
25/01/27, 15/02/27, 08/03/27

MAINS

MAINS

STICKY HONEY GINGER
MEATBALLS & BEANSPOUTS 
With
EGG NOODLES



CAJUN CHICKEN STACK,
TOPPED WITH MARINARA
AND CHEESE 
With
GARLIC & HERB WEDGES



ROAST CHICKEN DINNER WITH
STUFFING & GRAVY 
With
SKIN ON GARLIC ROASTIES



CHICKEN TIKKA
PATHIA CURRY WITH
MINT YOGHURT 
With
BRAISED RICE



BATTERED FISH
Or
PIZZA SLICE 
With 
CHIPS, GRAVY or IRISH CURRY SAUCE



VEGGIE

MISO ROAST AUBERGINE
& EDAMAME WITH STICKY
CHILLI GLAZE 
With
EGG NOODLES

CAJUN ROASTED
VEGETABLE &
BUTTERBEAN BAKE 
With
GARLIC & HERB WEDGES

CAULIFLOWER &
SQUASH CHEESY
GRATIN 
With
SKIN ON GARLIC ROASTIES

ALOO GOBI
VEGETABLE CURRY 
With
BRAISED RICE

PIZZA SLICE 
With
CHIPS, GRAVY or IRISH CURRY SAUCE

NOT JUST POTATOES...

LOADED SPUDS!



SO GOOD
THEY'RE
HERE TO
STAY

MONDAY
Cheese, Beans
Or
Tuna

TUESDAY
Cheese, Beans
Or
Tuna

WEDNESDAY
Cheese, Beans
Or
Tuna

THURSDAY
Cheese, Beans
Or
Tuna

FRIDAY
Cheese, Beans
Or
Tuna

SELECTION OF PIZZAS
AVAILABLE DAILY



We want to
hear from you!

FEEDING BACK

Look out for our
feedback cards at the
till points.



FEED YOUR FAMILY FOR £5



MID MORNING BREAK

CONNECT

Refuelling you between breakfast and your lunchtime destination!



LET YOUR TASTE BUDS DO THE
travelling!



KEY: HALAL  , VEGGIE 

ASPENS

REGULAR
CHEF'S
SPECIALS



HANDCRAFTED
DELI
SANDWICHES,
BAGUETTES,
WRAPS,
SALADS &
MORE!



HOT RIGHT NOW!

TASTE THE NEXT TREND ON
YOUR COUNTERS NOW!

Limited
time offers

DON'T MISS OUT - WHILE STOCKS LAST

DAILY MEAL DEALS

Freshly Made from Scratch
DAILY!



STREATERIES

WEEK 2

Autumn/Winter 2026-27
09/11/26, 30/11/26, 21/12/26, 11/01/27,
01/02/27, 22/02/27, 15/03/27

MAINS

HONEY MUSTARD CREAMY
CHICKEN BAKE SPAGHETTI



HAND PRESSED BBQ GLAZED
CHICKEN & APPLE BURGER



With

APPLE SLAW & HAND CUT WEDGES

ROAST CHICKEN DINNER
WITH STUFFING
& GRAVY



With

SKIN ON GARLIC ROASTIES



SLOW ROAST CHICKEN
CARNITAS TACO & GREEN
CHILLI SALSA



With

TOMATO RICE



BATTERED FISH
Or
PIZZA SLICE



With

CHIPS, GRAVY or IRISH CURRY SAUCE



VEGGIE

FIERY ROASTED CHILLI
& OLIVE PENNE
PASTA BAKE



VEGGIE DOG
& APPLE SLAW



With

HAND CUT WEDGES

LENTIL & ONION
PUFF PASTRY PIE



With

SKIN ON GARLIC ROASTIES

MEXICAN BEAN
QUESADILLA & GREEN
CHILLI SALSA



With

TOMATO RICE

PIZZA SLICE



With

CHIPS, GRAVY or IRISH CURRY SAUCE

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KEY: HALAL , VEGGIE

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WEEK 3

Autumn/Winter 2026-27
16/11/26, 07/12/26, 28/12/26, 18/01/27,
08/02/27, 01/03/27, 22/03/27

MAINS

MAINS

CLASSIC CHICKEN SAUSAGE,
MASH & ONION GRAVY



CHICKEN ADANA 'KEBAB'
SERVED ON A FLATBREAD
With
HOUSE CHILLI OR GARLIC
SAUCE



ROAST CHICKEN DINNER WITH
STUFFING & GRAVY
With
Skin on Garlic Roasties

MALAYSIAN CHICKEN
RENDANG
With
Coconut Rice



BATTERED FISH
Or
PIZZA SLICE
With
CHIPS, GRAVY or IRISH CURRY SAUCE



VEGGIE

QUORN SAUSAGE,
MASH & ONION GRAVY

HOMEMADE FALAFEL
SERVED ON A FLATBREAD
With
HOUSE CHILLI OR GARLIC
SAUCE

ROASTED ROOT VEGETABLE
GALETTE
With
Skin on Garlic Roasties

CURRIED EDAMAME
LAKSA
& BEANS SPROUT
With
Egg Noodles

PIZZA SLICE
With
CHIPS, GRAVY or IRISH CURRY SAUCE

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FRIDAY

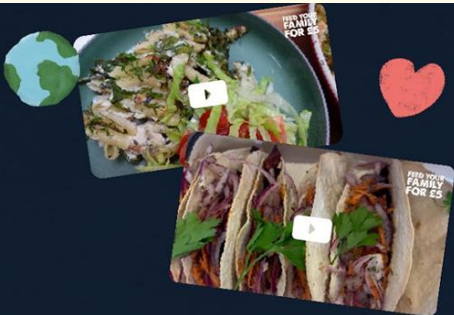
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